

**la. pizzeria**  
**PIZZERIA**

Mon	Calzone /Mac & Cheese
Tues	Big Daddy Pizza
Wed	Pizza Rippers
Thurs	Loaded Cheeseburger
Fri	Mozzarella Cheese sticks

**Add up to 3 items  
Vegetable, Fruit, Milk**

**star favorites**  
**FAVORITES**

Mon	Oriental Rice Bowl
Tues	Hamburger/Cheeseburger
Wed	Chicken Smackers & Breadstick
Thurs	Grilled Chicken Patty
Fri	Chicken Patty on WG Bun

**Add up to 3 items  
Vegetable, Fruit, Milk**



**commons creations**  
**CREATIONS**

Mon	Chili Cheese Dog on WG Bun
Tues	Buffalo Boneless Wings
Wed	Mini Corn Dogs
Thurs	Spicy Chicken Tender Wrap
Fri	Soft Taco

**Add up to 3 items  
Vegetable, Fruit, Milk**

**PICK UP  
BREAKFAST**

**Perry Academy  
2017-18  
1st SEMESTER**

MSD Perry Township uses USDA Nutrition Standards for School Meals. The menu is based on specific food components following the MyPlate pattern. For lunch, students will be offered 2.5 cups of fruit per week, 3.75 cups of a variety of vegetables per week, and 8-10 oz. of grain and 9-10 oz. of protein per week. Low fat and skim milk will also be offered daily. Lunch menus are planned to contain 600-700 calories. Using the color codes on MyPlate, students' trays must include a  FRUIT or  VEGETABLE. You must have at least 3 colors to make a meal and may have up to all 5 colors.



**Café Commons**

Payment on accounts may be made using e funds through the Skyward Parent Center or by clicking on **Lunch/Fee Payments** under **Quick Jump** on the front page of the district website [www.perryschools.org](http://www.perryschools.org). Cash and Checks will also be accepted at the school. Please monitor your child's account to make sure there is money available for their purchases.

**market fresh**

Mon	Fried Chicken Salad	Mon	Turkey & Cheese Sandwich
Tues	Garden Salad	Tues	Deli Wrap
Wed	Taco Salad w/Tostitos	Wed	Cheese & Fruit Plate w/ Pretzel
Thurs	Firecracker Salad	Thurs	Yogurt Parfait
Fri	Chef Salad w/WG Roll	Fri	Sub Sandwich

**Daily Sides: Add up to 3 items. Veggies w/ Dip, Fruit, Milk**

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**Daily Sandwich: Smuckers PBJ**

You are able to track your student's purchases and balances through the Skyward Parent Center.

For payment on accounts and [www.perryschools.org](http://www.perryschools.org) Parent Center  
Breakfast 1.50  
Lunch 2.70

For nutritional analysis visit our Food Service page [www.perryschools.org](http://www.perryschools.org) click on Food Service under **Quick Jump**  
Menus are Subject to Change