

SOCIAL WORK SPEAKS WINTER EDITION

A Newsletter From Your Secondary School Social Workers



Empowering Students to Grow

Academically,
Socially and
Behaviorally



Virtual Learning Meals

Perry Township Schools have transitioned to virtual learning. Our Child Nutrition Department will provide to-go meals to students who need them. Each child will receive a frozen lunch with heating instructions and breakfast for the following day. Find the List of Locations/Times [Here](#)

***Southport High School Gleaner's School Based Pantry will continue to be open on Wednesday's 11-1, Door 19**

Perry Township Secondary School Social Workers

PERRY MERIDIAN HIGH SCHOOL:

TRACEY KAPPEL

317-789-4436

TKAPPEL@PERRYSCHOOLS.ORG

SOUTHPORT HIGH SCHOOL:

JORIE DEPALMA

317-789-4895

JDEPALMA@PERRYSCHOOLS.ORG

PERRY MERIDIAN MIDDLE AND 6TH GRADE ACADEMY:

LINDSEY WRIGHT

317-789-1340

LJWRIGHT@PERRYSCHOOLS.ORG

SOUTHPORT MIDDLE AND 6TH GRADE ACADEMY:

BRIE SCHOCH

317-789-4627

BSCHOCH@PERRYSCHOOLS.ORG

COMPASS EDUCATION CENTER:

KRISTEN WHITE

317-789-3968

KWHITE@PERRYSCHOOLS.ORG



STAYING CONNECTED

If a student is having an issue with their device, please contact the Student HelpDesk at 317-789-3950 & remotelearning@perryschools.org

Article of the Week

HOLIDAYS DURING THE PANDEMIC

Tips for reducing stress, helping kids cope, and making new traditions

Caroline Miller

Read More Here



Resource of the Week

The Child Mind Institute has created a symptom checker for mental health and learning disorders. This tool will give you a range of possibilities and guide you toward next steps. **This tool cannot diagnose your child, but it can help you inform yourself about possible diagnoses** and will offer information and articles to help you learn about them, to facilitate a conversation with a professional. **You can check in out here: [Child Mind Institute](#)**

Helping Others

COVID-19 Donations and Volunteer Opportunities
Information for Indy residents looking to support their community
More info [Here](#)



CRISIS HELP:

MENTAL HEALTH SUPPORT LINES:

Suicide hotline: 1-800-784-2344

Crisis Call Center: 1-800-273-8255,

Text ANSWER to 839863

Crisis text line: text HELLO to 741-741

CHILD PROTECTIVE SERVICES REPORT LINE (CPS)

1-800-800-5556

FREE MENTAL HEALTH ASSESSMENT:

<https://vallevistahospital.com/>

1-800-447-1348

COMMUNITY SUPPORTS:

Valle Vista Behavioral Health: 1-800-447-1348

Adult and Child Mental Health: 877-882-5122

Community North Hospital: 317-621-6262