



MIDDLE SCHOOL LUNCH MENU

2024-2025 2nd SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	All Lines Grab 'n Go	Bosco Sticks with Marinara Sauce ►	BBQ Rib Sandwich on WG Bun P	BBQ Pulled Pork Sandwich P	Mozzarella Sticks with Marinara Sauce ►	Cheese ► or Pepperoni Pizza Slice
		Regular or Hot 'n Spicy Chicken Sandwich on WG Bun ★	Popcorn Chicken Bowl ★	Nachos Grande with Tostitos ★	Hamburger or Cheeseburger on WG Bun ★	Soft Shell Tacos
		Hot 'n Spicy Chicken Salad with WG Dinner Roll	Ham and Cheese Croissant Sandwich	Taco Salad with Tostitos ★	Popcorn Chicken Salad with WG Dinner Roll	Yogurt with Cheese Stick and Muffin ►
	Vegetables	Fresh Veggie Tray with Dip Green Beans	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn
Week 2	All Lines Grab 'n Go	Cheese ► or Pepperoni Pizza Pull-Aparts	Calzone with Marinara Sauce	Chicken Drumstick with Waffle	Pork Tenderloin P	French Toast Sticks with Sausage Patties P
		Regular or Spicy Chicken Tenders with WG Dinner Roll ★	SMS Chicken Smackers with WG Dinner Roll ★ PMMS Chicken Tinga Quesadilla ★	Nachos Grande with Tostitos ★	Hamburger or Cheeseburger on WG Bun ★	Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll
		Hot 'n Spicy Chicken Salad with WG Dinner Roll	Turkey and Ham Club on WG Hoagie Roll	Taco Salad with Tostitos ★	Popcorn Chicken Salad with WG Dinner Roll	Yogurt with Cheese Stick and Muffin ►
	Vegetables	Fresh Veggie Tray with Dip Green Beans	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn

WG = whole grain
 ► = vegetarian (no meat)
 ★ = vegetarian version/alternative available (see detailed menu)
 P = contains pork

Fruit and Low Fat/
 Skim Milk offered daily

Additional entrée option of
 PBJ Uncrustable (5.3 oz) offered each day

Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal

JANUARY 2025					FEBRUARY 2025					MARCH 2025					APRIL 2025					MAY 2025				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		1	2	3	3	4	5	6	7	3	4	5	6	7		1	2	3	4				1	2
6	7	8	9	10	10	11	12	13	14	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9
13	14	15	16	17	17	18	19	20	21	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16
20	21	22	23	24	24	25	26	27	28	24	25	26	27	28	21	22	23	24	25	19	20	21	22	23
27	28	29	30	31						31					28	29	30			26	27	28	29	30

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Detailed Vegetarian Menu

MIDDLE SCHOOL LUNCH MENU

2024-2025 2nd SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	All Lines Grab 'n Go	Bosco Sticks with Marinara Sauce			Mozzarella Sticks with Marinara Sauce	Cheese Pizza Slice
		Rebellyous Foods Vegan Chicken Patty on WG Bun	Morningstar Meatless Nuggets and Mashed Potato Bowl	Nachos Grande (no beef but double cheese) with Tortilla Chips	Morningstar Spicy Black Bean Burger on WG Bun	
				Taco Salad (no beef but double cheese) with Tostitos		Yogurt with Cheese Stick and Muffin
	Vegetables	Fresh Veggie Tray with Dip Green Beans	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip French Fries (SMS) Baked Beans (PMMS)	Fresh Veggie Tray with Dip Corn
Week 2	All Lines Grab 'n Go	Cheese Pizza Pull-Aparts				French Toast Sticks with Yogurt and Cheese Stick
		Morningstar Meatless Nuggets with WG Dinner Roll	SMS Morningstar Meatless Nuggets with WG Dinner Roll PMMS Cheese Quesadilla	Nachos Grande (no beef but double cheese) with Tortilla Chips	Morningstar Spicy Black Bean Burger on WG Bun	
				Taco Salad (no beef but double cheese) with Tostitos		Yogurt with Cheese Stick and Muffin
	Vegetables	Fresh Veggie Tray with Dip Green Beans	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn

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JANUARY 2025

FEBRUARY 2025

MARCH 2025

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MAY 2025

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6	7	8	9	10	10	11	12	13	14	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9
13	14	15	16	17	17	18	19	20	21	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16
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MIDDLE SCHOOL BREAKFAST MENU 2024-2025 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	J&J Bar ➤	Sausage Pancake on a Stick	Mini Eggo Bites ➤	WG Pillsbury Mini Cinni ➤	WG Breakfast Bar ➤ (Dunkin' Sticks)
Week 2	PMMS WG Cinnamon Toast Crunch Bar ➤ SMS WG Donut Holes in a Cup ➤	Breakfast Pizz ^P Bagel ★ <small>(Nardone's product contains meat & pork)</small>	WG Sweet Roll ➤	Chicken and Waffle Sandwich ★	WG Breakfast Burrito ★

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➤ = vegetarian (no meat)

★ = vegetarian version/alternative available (see detailed menu)

^P = contains pork

Fruit, Juice, & Low Fat/Skim Milk offered daily

WG Pop Tart (2 ct) ➤ offered daily

SMS also offers cereal (2 oz) ➤ each day

Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal

JANUARY 2025					FEBRUARY 2025					MARCH 2025					APRIL 2025					MAY 2025				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		1	2	3	3	4	5	6	7	3	4	5	6	7		1	2	3	4				1	2
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Week 1	J&J Bar	WG Pop Tart (2 ct)	Mini Eggo Bites	WG Pillsbury Mini Cinni	WG Breakfast Bar (Dunkin' Sticks)
Week 2	<u>PMMS</u> WG Cinnamon Toast Crunch Bar <u>SMS</u> WG Donut Holes in a Cup	Tony's Egg & Cheese Breakfast Pizza Bagel	WG Sweet Roll	WG Pop Tart (2 ct)	WG Pop Tart (2 ct)

WG = Whole Grain

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WG Pop Tart (2 ct) offered daily
SMS also offers cereal (2 oz) each day

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