



PRE-K LUNCH MENU

2024-2025 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Chicken Smackers with WG Dinner Roll ★ <i>Baked Beans</i>	Beef Soft Taco ★ <i>Cooked Carrots</i>	Mozzarella Sticks with Marinara Sauce ➤ <i>Green Beans P</i>	Hamburger or Cheeseburger on WG Bun ★ <i>Potato Smiles</i>	Cheese ➤ or Pepperoni Pizza Pull-Aparts <i>Broccoli with Cheese</i>
Week 2	Chicken Patty on WG Bun ★ <i>Potato Smiles</i>	Bosco Sticks with Marinara Sauce ➤ <i>Green Beans P</i>	Turkey Ham & Cheese Breadsticks ★ <i>Cooked Carrots</i>	Popcorn Chicken ★ <i>Baked Beans</i>	Cheese ➤ or Pepperoni Pizza Slice <i>Broccoli with Cheese</i>
Week 3	Chicken Tenders with WG Dinner Roll ★ <i>Baked Beans</i>	Pillsbury Italian Cheesy Pull-Apart ➤ <i>Green Beans P</i>	Yogurt with Cheese Stick and Muffin ➤ <i>Cooked Carrots</i>	Cheese Omelet with WG Waffles ➤ <i>Seasoned Potatoes</i>	4x6 Cheese ➤ or Pepperoni Pizza <i>Broccoli with Cheese</i>

WG = whole grain

➤ = vegetarian (no meat)

★ = vegetarian version/alternative available (see detailed menu)

P = contains pork

Fruit and Unflavored Low-Fat (1%) or Fat-Free (skim) milk offered daily

JANUARY 2025					FEBRUARY 2025					MARCH 2025					APRIL 2025					MAY 2025				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		1	2	3	3	4	5	6	7	3	4	5	6	7		1	2	3	4				1	2
6	7	8	9	10	10	11	12	13	14	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9
13	14	15	16	17	17	18	19	20	21	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16
20	21	22	23	24	24	25	26	27	28	24	25	26	27	28	21	22	23	24	25	19	20	21	22	23
27	28	29	30	31						31					28	29	30			26	27	28	29	30

Menus subject to change. The institution is an equal opportunity provider.



Detailed Vegetarian Menu

PRE-K LUNCH MENU

2024-2025 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Morningstar Meatless Nuggets with WG Dinner Roll	Cheese Quesadilla	Mozzarella Sticks with Marinara Sauce	Rebellyous Foods Vegan Chicken Patty on WG Bun	Cheese Pizza Pull-Aparts
	<i>Baked Beans</i>	<i>Cooked Carrots</i>	<i>Green Beans (w/o ham base)</i>	<i>Potato Smiles</i>	<i>Broccoli with Cheese</i>
Week 2	Rebellyous Foods Vegan Chicken Patty on WG Bun	Bosco Sticks with Marinara Sauce	Yogurt with Cheese Stick and Muffin	Morningstar Meatless Nuggets with WG Dinner Roll	Cheese Pizza Slice
	<i>Potato Smiles</i>	<i>Green Beans (w/o ham base)</i>	<i>Cooked Carrots</i>	<i>Baked Beans</i>	<i>Broccoli with Cheese</i>
Week 3	Morningstar Meatless Nuggets with WG Dinner Roll	Pillsbury Italian Cheesy Pull-Apart	Yogurt with Cheese Stick and Muffin	Cheese Omelet with WG Waffles	4x6 Cheese Pizza
	<i>Baked Beans</i>	<i>Green Beans (w/o ham base)</i>	<i>Cooked Carrots</i>	<i>Seasoned Potatoes</i>	<i>Broccoli with Cheese</i>
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PRE-K BREAKFAST MENU

2024-2025 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Zee Zee's Soft Baked Bar ➤	UBR Bar ➤	Breakfast Pizza Bagel★ (Nardone's product contains meat & pork) P	Pillsbury Mini Cinni ➤	Otis Spunkmeyer WG Muffin ➤ (2 oz)
Week 2	Danimals Flavored Yogurt ➤	Sausage Pancake on a Stick ★	Assorted Cereal (1 oz) ➤	WG Snack'n Waffle ➤	Otis Spunkmeyer WG Muffin ➤ (2 oz)

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2024-2025 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Zee Zee's Soft Baked Bar	UBR Bar	Tony's Egg & Cheese Breakfast Pizza Bagel	Pillsbury Mini Cinni	Otis Spunkmeyer WG Muffin (2 oz)
Week 2	Danimals Flavored Yogurt	UBR Bar	Assorted Cereal (1 oz)	WG Snack'n Waffle	Otis Spunkmeyer WG Muffin (2 oz)
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