



CACFP SNACK MENU

2025-2026 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Cheez-It WG Crackers (0.75 oz) (14g) Unflavored Skim Milk (8 oz.) (12g)	Honey Cheerios (1 oz) (22g) Unflavored Skim Milk (8 oz.) (12g)	Sun Chips - Harvest Cheddar (1 oz) (18g) Fruit (1/2 c) (~14g)	Reduced Fat Doritos - Nacho Cheese (1 oz) (20g) Fruit (1/2 c) (~14g)	Yogurt Cup (4 oz) (13g) -Strawberry (12g) -Strawberry Banana (12g) Fruit (1/2 c) (~14g)
Week 2	Cinnamon Toast Crunch Reduced Sugar (1 oz) (22g) Unflavored Skim Milk (8 oz.) (12g)	Cheez-It WG Crackers (0.75 oz) (14g) Unflavored Skim Milk (8 oz.) (12g)	Fritos Corn Chips (1 oz) (16g) Fruit (1/2 c) (~14g)	Goldfish WG Baked Crackers (0.75oz) -Cheddar (14g) -Cheddar - Colors (14g) -Cheddar - Mickey Mouse (14g) -Cheddar -Xtra (14g) -Pretzel (16g) Fruit (1/2 c) (~14g)	Reduced Fat Doritos - Cool Ranch (1 oz) (19g) Fruit (1/2 c) (~14g)

WG = whole grain

Carb grams are listed in parenthesis: (_g)

Fruit Choices:
Fresh: kiwi, apple slices, cantaloupe, seedless grapes, orange, pineapple, honeydew, watermelon, blueberries, strawberries, pears banana
Canned: applesauce cup, diced peach cup, diced strawberry cup, fruit cocktail, mandarin oranges, sliced peaches, diced pears, pineapple chunks, pineapple tidbits, tropical fruit salad

CACFP Snacks Must Contain at least two different components of the following five components for kids ages 3-5:

- unflavored skim/low-fat milk
- meat/meat alternative
- vegetables
- fruit
- bread or cereal

JANUARY 2026					FEBRUARY 2026					MARCH 2026					APRIL 2026					MAY 2026				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
29	30	31	1	2	2	3	4	5	6	2	3	4	5	6			1	2	3					1
5	6	7	8	9	9	10	11	12	13	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
12	13	14	15	16	16	17	18	19	20	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
19	20	21	22	23	23	24	25	26	27	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
26	27	28	29	30						30	31				27	28	29	30		25	26	27	28	29

Menus subject to change. The institution is an equal opportunity provider.