



COMPASS LUNCH MENU

2025-2026 2nd SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Entrée	Bosco Sticks with Marinara Sauce Regular or Spicy Chicken Sandwich on WG Bun Hot 'n Spicy Chicken Salad with WG Dinner Roll	BBQ Rib Sandwich on WG Bun P Biscuits and Gravy P Ham and Cheese Croissant Sandwich with Pickle Spear	Chicken Drumstick with Waffle Beef Walking Tacos Beef Taco Salad with Doritos	Mozzarella Sticks with Marinara Sauce Hamburger or Cheeseburger on WG Bun BLT Salad with WG Dinner Roll	Cheese or Pepparoni Pizza Slice Beef Soft Shell Tacos Bento Box
	Veggies	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Green Beans P	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn
Week 2	Entrée	Corn Dog Chicken Tenders with WG Dinner Roll Hot 'n Spicy Chicken Salad with WG Dinner Roll	Calzone with Marinara Sauce Chicken Tinga Quesadilla Turkey and Ham Club on WG Hoagie Roll with Pickle Spear	Sloppy Joe on WG Bun Pulled Pork Walking Tacos P Pork Taco Salad P with Doritos	WG Cinnamon Roll with Cheese Omelet Hamburger or Cheeseburger on WG Bun BLT Salad P with WG Dinner Roll	Lasagna Rollup with Garlic Toast Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll Yogurt with Cheese Stick and Muffin
	Veggies	Fresh Veggie Tray with Dip Green Beans P	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn

WG = whole grain	Fruit and Low Fat/ Skim Milk offered daily	Additional entrée option of PBJ Uncrustable (5.3 oz) offered each day	Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal
P = contains pork			

JANUARY 2026					FEBRUARY 2026					MARCH 2026					APRIL 2026					MAY 2026				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
29	30	31	1	2	2	3	4	5	6	2	3	4	5	6			1	2	3					1
5	6	7	8	9	9	10	11	12	13	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
12	13	14	15	16	16	17	18	19	20	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
19	20	21	22	23	23	24	25	26	27	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
26	27	28	29	30						30	31				27	28	29	30		25	26	27	28	29

Menus subject to change. The institution is an equal opportunity provider.



COMPASS BREAKFAST MENU 2025-2026 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	J&J Bar	Sausage Pancake on a Stick	Mini Eggo French Toast	Pillsbury Mini Cinni (Caramel or Cinnamon)	WG Breakfast Bar (Dunkin' Sticks)
Week 2	WG Donut Holes	Breakfast Pizza Bagel P	WG Sweet Roll	WG Breakfast Sandwich	Otis Spunkmeyer WG Muffin (4 oz)

WG = whole grain

P = contains pork

Fruit, Juice, & Low Fat/Skim Milk offered daily

Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal



JANUARY 2026

M	T	W	T	F
29	30	31	1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

FEBRUARY 2026

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

MARCH 2026

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

APRIL 2026

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

MAY 2026

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29