



# MIDDLE SCHOOL LUNCH MENU

## 2025-2026 2nd SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	All Lines Grab 'n Go	Bosco Sticks with Marinara Sauce ➤	BBQ Rib Sandwich on WG Bun <b>P</b>	Chicken Drumstick with Waffle	Mozzarella Sticks with Marinara Sauce ➤	Cheese ➤ or Pepperoni Pizza Slice
		Regular or Hot 'n Spicy Chicken Sandwich on WG Bun ★	Biscuits and Gravy ★ <b>P</b>	Beef Walking Tacos ★	Hamburger or Cheeseburger on WG Bun ★	Beef Soft Shell Tacos
		Hot 'n Spicy Chicken Salad with WG Dinner Roll	Ham and Cheese Croissant Sandwich with Pickle Spear	Beef Taco Salad with Doritos ★	Chicken BLT Salad <b>P</b> with WG Dinner Roll	Bento Box
	Vegetables	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Green Beans <b>P</b> Seasoned Potatoes	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn
Week 2	All Lines Grab 'n Go	Corn Dog	Calzone with Marinara Sauce	Sloppy Joe on WG Bun	WG Cinnamon Roll with Cheese Omelet ➤	Lasagna Rollup with Garlic Toast
		Regular or Spicy Chicken Tenders with WG Dinner Roll ★	Chicken Tinga Quesadilla ★	Pulled Pork Walking Tacos ★ <b>P</b>	Hamburger or Cheeseburger on WG Bun ★	Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll ★
		Hot 'n Spicy Chicken Salad with WG Dinner Roll	Turkey and Ham Club on WG Hoagie Roll with Pickle Spear	Pork Taco Salad with Doritos ★ <b>P</b>	Chicken BLT Salad <b>P</b> with WG Dinner Roll	Yogurt with Cheese Stick and Muffin ➤
	Vegetables	Fresh Veggie Tray with Dip Green Beans <b>P</b>	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn

WG = whole grain  
 ➤ = vegetarian (no meat)  
 ★ = vegetarian version/alternative available (see detailed menu)  
**P** = contains pork

Fruit and Low Fat/ Skim Milk offered daily  
 (100% juice offered as a fruit option on Fridays)

Additional entrée option of PBJ Uncrustable (5.3 oz) offered each day

Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal

JANUARY 2026					FEBRUARY 2026					MARCH 2026					APRIL 2026					MAY 2026				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
29	30	31	1	2	2	3	4	5	6	2	3	4	5	6			1	2	3					1
5	6	7	8	9	9	10	11	12	13	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
12	13	14	15	16	16	17	18	19	20	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
19	20	21	22	23	23	24	25	26	27	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
26	27	28	29	30						30	31				27	28	29	30		25	26	27	28	29

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# Detailed Vegetarian Menu

## MIDDLE SCHOOL LUNCH MENU

### 2025-2026 2nd SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	<b>All Lines Grab 'n Go</b>	Bosco Sticks with Marinara Sauce			Mozzarella Sticks with Marinara Sauce	Cheese Pizza Slice
		Rebelloys Foods Vegan Chicken Patty on WG Bun	Morningstar Meatless Nuggets with WG Dinner Roll	Walking Tacos (no beef but double cheese)	Morningstar Spicy Black Bean Burger on WG Bun	
				Taco Salad (no beef but double cheese) with Doritos		
	<b>Vegetables</b>	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Seasoned Potatoes	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn
<b>Week 2</b>	<b>All Lines Grab 'n Go</b>				WG Cinnamon Roll with Cheese Omelet	
		Morningstar Meatless Nuggets with WG Dinner Roll	Cheese Quesadilla	Walking Tacos (no pork but double cheese)	Morningstar Spicy Black Bean Burger on WG Bun	Morningstar Meatless Nuggets with WG Dinner Roll
				Taco Salad (no pork but double cheese) with Doritos		Yogurt with Cheese Stick and Muffin
	<b>Vegetables</b>	Fresh Veggie Tray with Dip	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn
WG = whole grain		Fruit and Low Fat/ Skim Milk offered daily  (100% juice offered as a fruit option on Fridays)		Additional entrée option of PBJ Uncrustable (5.3 oz) offered each day		Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal

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29	30	31	1	2	2	3	4	5	6	2	3	4	5	6			1	2	3					1
5	6	7	8	9	9	10	11	12	13	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
12	13	14	15	16	16	17	18	19	20	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
19	20	21	22	23	23	24	25	26	27	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
26	27	28	29	30						30	31				27	28	29	30		25	26	27	28	29

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# MIDDLE SCHOOL BREAKFAST MENU 2025-2026 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	J&J Bar ➤	Sausage Pancake on a Stick	Mini Eggo Bites ➤	Pillsbury Mini Cinni ➤ (Caramel or Cinnamon)	WG Breakfast Bar ➤ (Dunkin' Sticks)
<b>Week 2</b>	<u>PMMS</u> WG Donut Holes ➤  <u>SMS</u> WG Mini Donuts ➤	Breakfast Pizza Bagel <b>P</b>	WG Sweet Roll ➤	WG Breakfast Sandwich	Otis Spunkmeyer WG Muffin ➤ (4 oz)

WG = Whole Grain

➤ = vegetarian (no meat)

★ = vegetarian version/alternative available (see detailed menu)

**P** = contains pork

Fruit, Juice, & Low Fat/Skim Milk offered daily

WG Pop Tart (2 ct) ➤ offered daily

SMS also offers cereal (2 oz) ➤ each day

Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal

JANUARY 2026					FEBRUARY 2026					MARCH 2026					APRIL 2026					MAY 2026				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
29	30	31	1	2	2	3	4	5	6	2	3	4	5	6			1	2	3					1
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# Detailed Vegetarian Menu

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### 2025-2026 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	J&J Bar	WG Pop Tart (2 ct)	Mini Eggo Bites	Pillsbury Mini Cinni ▶ (Caramel or Cinnamon)	WG Breakfast Bar (Dunkin' Sticks)
<b>Week 2</b>	<u>PMMS</u> WG Donut Holes  <u>SMS</u> WG Mini Donuts	WG Pop Tart (2 ct)	WG Sweet Roll	WG Pop Tart (2 ct)	Otis Spunkmeyer WG Muffin (4 oz)

WG = Whole Grain

Fruit, Juice, & Low Fat/Skim Milk offered daily  
  
WG Pop Tart (2 ct) offered daily  
SMS also offers cereal (2 oz) each day

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JANUARY 2026					FEBRUARY 2026					MARCH 2026					APRIL 2026					MAY 2026				
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