



PRE-K LUNCH MENU

2025-2026 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Chicken Smackers ★	Beef Soft Taco ★	Mozzarella Sticks with Marinara Sauce ➤	Hamburger or Cheeseburger on WG Bun ★	Cheese ➤ or Pepperoni Pizza Pull-Aparts
	<i>Baked Beans</i>	<i>Cooked Carrots</i>	<i>Green Beans P</i>	<i>Potato Smiles</i>	<i>Broccoli with Cheese</i>
Week 2	Chicken Patty on WG Bun ★	Bosco Sticks with Marinara Sauce ➤	French Toast Sticks with Eggstravaganza ★ P	Popcorn Chicken ★	Cheese ➤ or Pepperoni Pizza Slice
	<i>Cooked Carrots</i>	<i>Green Beans P</i>	<i>Seasoned Potatoes</i>	<i>Baked Beans</i>	<i>Broccoli with Cheese</i>
Week 3	Chicken Tenders ★	Pillsbury Italian Cheesy Pull-Apart ➤	Yogurt with Cheese Stick and Muffin ➤	Cheese Omelet with WG Waffles ➤	4x6 Cheese ➤ or Pepperoni Pizza
	<i>Baked Beans</i>	<i>Green Beans P</i>	<i>Cooked Carrots</i>	<i>Seasoned Potatoes</i>	<i>Broccoli with Cheese</i>

WG = whole grain

➤ = vegetarian (no meat)

★ = vegetarian version/alternative available (see detailed menu)

P = contains pork

Fruit and Unflavored Low-Fat (1%) or Fat-Free (skim) milk offered daily

JANUARY 2026					FEBRUARY 2026					MARCH 2026					APRIL 2026					MAY 2026				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
29	30	31	1	2	2	3	4	5	6	2	3	4	5	6			1	2	3					1
5	6	7	8	9	9	10	11	12	13	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
12	13	14	15	16	16	17	18	19	20	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
19	20	21	22	23	23	24	25	26	27	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
26	27	28	29	30						30	31				27	28	29	30		25	26	27	28	29

Menus subject to change. The institution is an equal opportunity provider.



Detailed Vegetarian Menu

PRE-K LUNCH MENU

2025-2026 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Morningstar Meatless Nuggets	Cheese Quesadilla	Mozzarella Sticks with Marinara Sauce	Rebellyous Foods Vegan Chicken Patty on WG Bun	Cheese Pizza Pull-Aparts
	<i>Baked Beans</i>	<i>Cooked Carrots</i>	<i>Green Beans (w/o ham base)</i>	<i>Potato Smiles</i>	<i>Broccoli with Cheese</i>
Week 2	Rebellyous Foods Vegan Chicken Patty on WG Bun	Bosco Sticks with Marinara Sauce	French Toast Sticks	Morningstar Meatless Nuggets with WG Dinner Roll	Cheese Pizza Slice
	<i>Cooked Carrots</i>	<i>Green Beans (w/o ham base)</i>	<i>Seasoned Potatoes</i>	<i>Baked Beans</i>	<i>Broccoli with Cheese</i>
Week 3	Morningstar Meatless Nuggets	Pillsbury Italian Cheesy Pull-Apart	Yogurt with Cheese Stick and Muffin	Cheese Omelet with WG Waffles	4x6 Cheese Pizza
	<i>Baked Beans</i>	<i>Green Beans (w/o ham base)</i>	<i>Cooked Carrots</i>	<i>Seasoned Potatoes</i>	<i>Broccoli with Cheese</i>

WG = whole grain

Fruit and Unflavored Low-Fat (1%) or Fat-Free (skim) milk offered daily

JANUARY 2026

M	T	W	T	F
29	30	31	1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

FEBRUARY 2026

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

MARCH 2026

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

APRIL 2026

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

MAY 2026

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

Menus subject to change. The institution is an equal opportunity provider.



PRE-K BREAKFAST MENU

2025-2026 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Zee Zee's Soft Baked Bar ➤	UBR Bar ➤	Breakfast Pizza Bagel ★ P	Pillsbury Mini Cinni ➤ (Caramel or Cinnamon)	Otis Spunkmeyer WG Muffin ➤ (2 oz)
Week 2	Danimals Flavored Yogurt ➤	Sausage Pancake on a Stick ★	Assorted Cereal (1 oz) ➤	WG Snack'n Waffle ➤	WG Mini Donuts ➤

WG = whole grain

➤ = vegetarian (no meat)

★ = vegetarian version/alternative available (see detailed menu)

P = contains pork

Fruit and Unflavored Low-Fat (1%) or Fat-Free (skim) milk offered daily

JANUARY 2026					FEBRUARY 2026					MARCH 2026					APRIL 2026					MAY 2026				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
29	30	31	1	2	2	3	4	5	6	2	3	4	5	6			1	2	3					1
5	6	7	8	9	9	10	11	12	13	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
12	13	14	15	16	16	17	18	19	20	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
19	20	21	22	23	23	24	25	26	27	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
26	27	28	29	30						30	31				27	28	29	30		25	26	27	28	29

Menus subject to change. The institution is an equal opportunity provider.



Detailed Vegetarian Menu

PRE-K BREAKFAST MENU

2025-2026 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Zee Zee's Soft Baked Bar	UBR Bar	UBR Bar	Pillsbury Mini Cinni (Caramel or Cinnamon)	Otis Spunkmeyer WG Muffin (2 oz)
Week 2	Danimals Flavored Yogurt	UBR Bar	Assorted Cereal (1 oz)	WG Snack'n Waffle	WG Mini Donuts

WG = whole grain

Fruit and Unflavored Low-Fat (1%) or Fat-Free (skim) milk offered daily

JANUARY 2026					FEBRUARY 2026					MARCH 2026					APRIL 2026					MAY 2026				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
29	30	31	1	2	2	3	4	5	6	2	3	4	5	6			1	2	3					1
5	6	7	8	9	9	10	11	12	13	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
12	13	14	15	16	16	17	18	19	20	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
19	20	21	22	23	23	24	25	26	27	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
26	27	28	29	30						30	31				27	28	29	30		25	26	27	28	29

Menus subject to change. The institution is an equal opportunity provider.