

COMPASS LUNCH MENU 2024-2025 2nd SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Week	Entrée	Bosco Sticks with Marinara Sauce Regular or Spicy Chicken Sandwich on WG Bun Hot 'n Spicy Chicken Salad with WG Dinner Roll	BBQ Rib Sandwich on WG Bun Popcorn Chicken Bowl Ham and Cheese Croissant Sandwich	BBQ Pulled Pork Sandwich Nachos Grande with Tostitos Taco Salad with Tostitos	Mozzarella Sticks with Marinara Sauce Hamburger or Cheeseburger on WG Bun Popcorn Chicken Salad with WG Dinner Roll	Cheese or Peppperoni Pizza Slice Soft Shell Tacos Yogurt with Cheese Stick and Muffin		
	Veggies	Fresh Veggie Tray with Dip Green Beans P	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn		
		Cheese or Pepperoni Pizza Pull-Aparts	Calzone with Marinara Sauce	Chicken Drumstick with Waffle	Pork Tenderloin P Sandwich on WG Bun	French Toast Sticks with Sausage Patties		
Week	Entrée	Chicken Tenders with WG Dinner Roll	Chicken Tinga Quesadilla	Nachos Grande with Tostitos	Hamburger or Cheeseburger on WG Bun	Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll		
2		Hot 'n Spicy Chicken Salad with WG Dinner Roll	Turkey and Ham Club on WG Hoagie Roll	Taco Salad with Tostitos	Popcorn Chicken Salad with WG Dinner Roll	Yogurt with Cheese Stick and Muffin		
	Veggies	Fresh Veggie Tray with Dip Green Beans P	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn		
		= whole grain contains pork	Fruit and Low Fat/ Skim Milk offered daily	Additional ent PBJ Uncrustable (5.3	•	Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal		

JANUARY 2025					FEBR	UARY	202	5		MA	RCH :	2025			AP	RIL 2	025			M	AY 20	025						
M	Т	w	Т	F	W	Т	W	Т	F	M	T	w	Т	F	W	Т	W	T	F	M	Т	W	T	F				
		1	2	3	3	4	5	6	7	3	4	5	6	7		1	2	3	4				1	2				
6	7	8	9	10	10	11	12	13	14	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9				
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20	21	22	23	24	24	25	26	27	28	24	25	26	27	28	21	22	23	24	25	19	20	21	22	23				
27	28	29	30	31						31					28	29	30			26	27	28	29	30				



COMPASS BREAKFAST MENU 2024-2025 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
Week 1	J&J Bar	Sausage Pancake on a Stick	Mini French Toast	WG Pillsbury Mini Cinni	WG Breakfast Bar (Dunkin' Sticks)					
Week 2	WG Cinnamon Toast Crunch Bar	Breakfast Pizza Bagel (Nardone's product P contains meat & pork)	WG Sweet Roll	Chicken and Waffle Sandwich	WG Breakfast Burrito					
	WG = whole grain P = contains pork	Fruit, Juice, & Low Fat/	'Skim Milk offered daily	Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal						



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M	Т	w	T	F	W	T	w	T	F	M	T	W	Т	F	M	Т	W	T	F	M	Т	W	T	F				
		1	2	3	3	4	5	6	7	3	4	5	6	7		1	2	3	4				1	2				
6	7	8	9	10	10	11	12	13	14	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9				
13	14	15	16	17	17	18	19	20	21	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16				
20	21	22	23	24	24	25	26	27	28	24	25	26	27	28	21	22	23	24	25	19	20	21	22	23				
27	28	29	30	31						31					28	29	30			26	27	28	29	30				