



CACFP SNACK MENU

2026-2027 1st SEMESTER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 1	Cheez-It WG Crackers (0.75 oz) (14g) Unflavored Skim Milk (8 oz.) (12g)	Honey Cheerios (1 oz) (22g) Unflavored Skim Milk (8 oz.) (12g)	Sun Chips - Harvest Cheddar (1 oz) (18g) Fruit (1/2 c) (~14g)	Reduced Fat Doritos - Nacho Cheese (1 oz) (20g) Fruit (1/2 c) (~14g)	Yogurt Cup (4 oz) (13g) -Strawberry (12g) -Strawberry Banana (12g) Fruit (1/2 c) (~14g)
	Week 2	Cinnamon Toast Crunch Reduced Sugar (1 oz) (22g) Unflavored Skim Milk (8 oz.) (12g)	Cheez-It WG Crackers (0.75 oz) (14g) Unflavored Skim Milk (8 oz.) (12g)	Fritos Corn Chips (1 oz) (16g) Fruit (1/2 c) (~14g)	Goldfish WG Baked Crackers (0.75oz) -Cheddar (14g) -Cheddar - Colors (14g) -Cheddar - Mickey Mouse (14g) -Cheddar -Xtra (14g) -Pretzel (16g) Fruit (1/2 c) (~14g)

WG = whole grain

Carb grams are listed in parenthesis: (_g)

Fruit Choices:
Fresh: kiwi, apple slices, cantaloupe, seedless grapes, orange, pineapple, honeydew, watermelon, blueberries, strawberries, pears banana
Canned: applesauce cup, diced peach cup, diced strawberry cup, fruit cocktail, mandarin oranges, sliced peaches, diced pears, pineapple chunks, pineapple tidbits, tropical fruit salad

CACFP Snacks Must Contain at least two different components of the following five components for kids ages 3-5:

- unflavored skim/low-fat milk
- meat/meat alternative
- vegetables
- fruit
- bread or cereal

JUL/AUG 2026					SEPTEMBER 2026					OCTOBER 2026					NOVEMBER 2026					DECEMBER 2026				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
27	28	29	30	31		1	2	3	4				1	2	2	3	4	5	6		1	2	3	4
3	4	5	6	7	7	8	9	10	11	5	6	7	8	9	9	10	11	12	13	7	8	9	10	11
10	11	12	13	14	14	15	16	17	18	12	13	14	15	16	16	17	18	19	20	14	15	16	17	18
17	18	19	20	21	21	22	23	24	25	19	20	21	22	23	23	24	25	26	27	21	22	23	24	25
24	25	26	27	28	28	29	30			26	27	28	29	30	30						28	29	30	31
31																								

Menus subject to change. The institution is an equal opportunity provider.