



JWR LUNCH MENU

2026-2027 1st SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Entrée	Regular Chicken Sandwich on WG Bun	Chicken & Cheese Empanadas	Maple Chicken Bites with WG Waffle	Buffalo Chicken Mac 'n Cheese with WG Dinner Roll	Cheese ► or Pepperoni Pizza Slice
	Vegetables	Fresh Veggie Tray with Dip Green Beans P	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn
Week 2	Entrée	Mozzarella Sticks with Marinara ► Sauce	Penne Rosa with Garlic Toast ►	Pulled Pork Nachos Grande P	Hamburger or Cheeseburger on WG Bun	Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll
	Vegetables	Fresh Veggie Tray with Dip Green Beans P	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn

WG = Whole Grain ► = vegetarian (no meat) P = contains pork	Fruit and Low Fat/ Skim Milk offered daily	Additional entrée option of PBJ Uncrustable (5.3 oz) offered each day	Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal
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JUL/AUG 2026					SEPTEMBER 2026					OCTOBER 2026					NOVEMBER 2026					DECEMBER 2026				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
27	28	29	30	31		1	2	3	4				1	2	2	3	4	5	6		1	2	3	4
3	4	5	6	7	7	8	9	10	11	5	6	7	8	9	9	10	11	12	13	7	8	9	10	11
10	11	12	13	14	14	15	16	17	18	12	13	14	15	16	16	17	18	19	20	14	15	16	17	18
17	18	19	20	21	21	22	23	24	25	19	20	21	22	23	23	24	25	26	27	21	22	23	24	25
24	25	26	27	28	28	29	30			26	27	28	29	30	30						28	29	30	31
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Menus subject to change. The institution is an equal opportunity provider.



JWR BREAKFAST MENU

2026-2027 1st SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Menu	J&J Bar ►	WG Pop Tart ► (2 ct)	WG Sweet Roll ►	Otis Spunkmeyer WG Muffin ► (4 oz)	WG Breakfast Bar ► (Dunkin' Sticks)

WG = Whole Grain

► = vegetarian (no meat)

P = contains pork

Fruit, Juice, & Low Fat/Skim Milk offered daily

Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal