



MIDDLE SCHOOL LUNCH MENU

2026-2027 1st SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	All Lines Grab 'n Go	Bosco Sticks with Marinara Sauce ➤	Chicken & Cheese Empanadas	Maple Chicken Bites (PMMS) / Chicken Drumstick (SMS) with WG Waffle	Buffalo Chicken Mac 'n Cheese with WG Dinner Roll ★	Cheese ➤ or Pepperoni Pizza Slice
		Regular or Hot 'n Spicy Chicken Sandwich on WG Bun ★	Chicken Tinga Quesadilla ★	Beef Nachos Grande ★	Hamburger or Cheeseburger on WG Bun ★	Beef Soft Shell Tacos
		Hot 'n Spicy Chicken Salad with WG Dinner Roll	Ham and Cheese Croissant Sandwich with Pickle Spear	Beef Taco Salad with Tostitos ★	BLT Salad ^P with WG Dinner Roll	Bistro Box
	Vegetables	Fresh Veggie Tray with Dip Green Beans ^P	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn
Week 2	All Lines Grab 'n Go	Mozzarella Sticks with Marinara Sauce ➤	BBQ Rib Sandwich on WG Hoagie Bun ^P	Chicken Egg Roll with Sweet and Sour Sauce	WG Cinnamon Roll with Cheese Omelet ➤	Cheese ➤ or Pepperoni Pizza Slice
		Regular or Spicy Chicken Tenders with WG Dinner Roll ★	Penne Rosa with Garlic Toast ➤	Nachos Grande ★ (pulled pork - PMMS / ^P beef - SMS)	Hamburger or Cheeseburger on WG Bun ★	Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll ★
		Hot 'n Spicy Chicken Salad with WG Dinner Roll	Turkey and Ham Club on WG Hoagie Roll with Pickle Spear	Taco Salad with Tostitos ★ (pulled pork - PMMS / ^P beef - SMS)	Chicken Caesar Salad with Croutons	Yogurt with Cheese Stick and Muffin ➤
	Vegetables	Fresh Veggie Tray with Dip Green Beans ^P	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn

WG = whole grain ➤ = vegetarian (no meat) ★ = vegetarian version/alternative available (see detailed menu) ^P = contains pork	Fruit and Low Fat/ Skim Milk offered daily (100% juice offered as a fruit option on Fridays)	Additional entrée option of PBJ Uncrustable (5.3 oz) offered each day	Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal
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JUL/AUG 2026					SEPTEMBER 2026					OCTOBER 2026					NOVEMBER 2026					DECEMBER 2026				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
27	28	29	30	31		1	2	3	4				1	2	2	3	4	5	6		1	2	3	4
3	4	5	6	7	7	8	9	10	11	5	6	7	8	9	9	10	11	12	13	7	8	9	10	11
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Detailed Vegetarian Menu

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2026-2027 1st SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	All Lines Grab 'n Go	Bosco Sticks with Marinara Sauce			Mac 'n Cheese with WG Dinner Roll	Cheese Pizza Slice
		Rebelyous Foods Vegan Chicken Patty on WG Bun	Cheese Quesadilla	Nachos Grande (no beef but double cheese)	Morningstar Spicy Black Bean Burger on WG Bun	
				Taco Salad (no beef but double cheese) with Tostitos		
	Vegetables	Fresh Veggie Tray with Dip	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn
Week 2	All Lines Grab 'n Go	Mozzarella Sticks with Marinara Sauce			WG Cinnamon Roll with Cheese Omelet	Cheese Pizza Slice
		Morningstar Meatless Nuggets with WG Dinner Roll	Penne Rosa with Garlic Toast	Nachos Grande (no pork/beef but double cheese)	Morningstar Spicy Black Bean Burger on WG Bun	Morningstar Meatless Nuggets with WG Dinner Roll
				Taco Salad (no pork/beef but double cheese) with Tostitos		Yogurt with Cheese Stick and Muffin
	Vegetables	Fresh Veggie Tray with Dip	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Corn

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MIDDLE SCHOOL BREAKFAST MENU 2026-2027 1st SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	J&J Bar ➤	Sausage Pancake on a Stick	Mini Eggo Bites ➤	Pillsbury Mini Cinni ➤ (Caramel or Cinnamon)	WG Breakfast Bar ➤ (Dunkin' Sticks)
Week 2	<u>PMMS</u> WG Donut Holes ➤ <u>SMS</u> WG Mini Donuts ➤	Breakfast Pizza Bagel P	WG Sweet Roll ➤	WG Breakfast Sandwich ★	Otis Spunkmeyer WG Muffin ➤ (4 oz)

WG = Whole Grain

➤ = vegetarian (no meat)

★ = vegetarian version/alternative available (see detailed menu)

P = contains pork

Fruit, Juice, & Low Fat/Skim Milk offered daily

WG Pop Tart (2 ct) ➤ offered daily

SMS also offers cereal (2 oz) ➤ each day

Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal

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Week 1	J&J Bar	WG Pop Tart (2 ct)	Mini Eggo Bites	Pillsbury Mini Cinni (Caramel or Cinnamon)	WG Breakfast Bar (Dunkin' Sticks)
Week 2	<u>PMMS</u> WG Donut Holes <u>SMS</u> WG Mini Donuts	WG Pop Tart (2 ct)	WG Sweet Roll	WG Pop Tart (2 ct)	Otis Spunkmeyer WG Muffin (4 oz)

WG = Whole Grain

Fruit, Juice, & Low Fat/Skim Milk offered daily

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