



SHS Supper Menu

2026-2027 1st SEMESTER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Entrées

Spicy Chicken Patty Sandwich on WG Bun

(4oz/1 chicken patty on 4" WG hamburger bun - 60g/1 ea)

Calzone with Marinara Sauce

(5oz./142g + 2.5oz marinara)

Chicken Patty Sandwich on WG Bun

(4oz/1 chicken patty on 4" WG hamburger bun - 60g/1 ea)

Cheeseburger on WG Bun

(2.45oz/1 patty + 1 slice 14g/1 slice cheese on 4" WG hamburger bun - 60g/1 ea)

Bosco Sticks with Marinara Sauce

(2 ea/61g + 2.5oz marinara)

* Additional entrée option of PBJ Uncrustable (5.3 oz/1 ea) offered each day

Veggies

Corn
(1/2 cup)

Green Beans
(1/2 cup)

Fresh Veggie Tray with Dip
(1 cup)

Baked Beans
(1/2 cup)

Broccoli
(1/2 cup)

Fresh Veggies (1/2 cup) with Ranch Dip offered each day

Other Sides

Fruit (1/2 cup)

Milk (8 fl. oz.)

WG = whole grain

Portion size displayed in parenthesis

Fruit Choices:

Fresh: kiwi, apple slices, cantaloupe, seedless grapes, orange, pineapple, honeydew, watermelon, blueberries, strawberries, pears banana

Canned: applesauce cup, diced peach cup, diced strawberry cup, fruit cocktail, mandarin oranges, sliced peaches, diced pears, pineapple chunks, pineapple tidbits, tropical fruit salad

Dried: Craisins, raisins

CACFP Supper must contain all five components to be a reimbursable meal:

- 8 fl. oz. unflavored low-fat (1%), unflavored fat-free (skim), or flavored fat-free (skim) milk
- 2 oz. meat/meat alternates
- 1/2 c. vegetables
- 1/4 c. fruit (we serve 1/2 c.)
- 1 oz. grains

JUL/AUG 2026

M	T	W	T	F
27	28	29	30	31
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

SEPTEMBER 2026

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

OCTOBER 2026

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

NOVEMBER 2026

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

DECEMBER 2026

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

Menus subject to change. The institution is an equal opportunity provider.