



# JWR LUNCH MENU

## 2024-2025 2nd SEMESTER

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
Week 1	Entrée	Regular Chicken Sandwich on WG Bun		BBQ Rib <sup>P</sup> on WG Bun		Nachos Grande with Tostitos		Hamburger or Cheeseburger on WG Bun		Cheese or Pepperoni Pizza Slice	
	Vegetables	Fresh Veggie Tray with Dip Green Beans <sup>P</sup>		Fresh Veggie Tray with Dip Broccoli		Fresh Veggie Tray with Dip Refried Beans with Cheese		Fresh Veggie Tray with Dip Baked Beans		Fresh Veggie Tray with Dip Corn	
Week 2	Entrée	Regular Chicken Tenders with WG Dinner Roll		Chicken Tinga Quesadilla		Chicken Drumstick with WG Waffle		Pork Tenderloin <sup>P</sup> Sandwich on WG Bun		Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll	
	Vegetables	Fresh Veggie Tray with Dip Green Beans <sup>P</sup>		Fresh Veggie Tray with Dip Broccoli		Fresh Veggie Tray with Dip		Fresh Veggie Tray with Dip Baked Beans		Fresh Veggie Tray with Dip Corn	
WG = whole grain  <sup>P</sup> = contains pork		Fruit and Low Fat/ Skim Milk offered daily		Additional entrée option of PBJ Uncrustable (5.3 oz) offered each day				Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal			

JANUARY 2025					FEBRUARY 2025					MARCH 2025					APRIL 2025					MAY 2025				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		1	2	3	3	4	5	6	7	3	4	5	6	7		1	2	3	4				1	2
6	7	8	9	10	10	11	12	13	14	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9
13	14	15	16	17	17	18	19	20	21	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16
20	21	22	23	24	24	25	26	27	28	24	25	26	27	28	21	22	23	24	25	19	20	21	22	23
27	28	29	30	31						31					28	29	30			26	27	28	29	30

Menus subject to change. The institution is an equal opportunity provider.



## JWR BREAKFAST MENU

### 2024-2025 2nd SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Menu	J&J Bar	WG Pop Tart (2 ct)	WG Sweet Roll	WG Donut Holes in a Cup	WG Breakfast Bar (Dunkin' Sticks)
WG = whole grain <b>P</b> = contains pork	Fruit, Juice, & Low Fat/Skim Milk offered daily			Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal	

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