



PRE-K LUNCH MENU

2025-2026 1st SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Chicken Smackers ★ <i>Baked Beans</i>	Beef Soft Taco ★ <i>Cooked Carrots</i>	Mozzarella Sticks with Marinara Sauce ➤ <i>Green Beans P</i>	Hamburger or Cheeseburger on WG Bun ★ <i>Potato Smiles</i>	Cheese ➤ or Pepperoni Pizza Pull-Aparts <i>Broccoli with Cheese</i>
Week 2	Chicken Patty on WG Bun ★ <i>Cooked Carrots</i>	Bosco Sticks with Marinara Sauce ➤ <i>Green Beans P</i>	French Toast Sticks with Eggstravaganza ★ P <i>Seasoned Potatoes</i>	Popcorn Chicken ★ <i>Baked Beans</i>	Cheese ➤ or Pepperoni Pizza Slice <i>Broccoli with Cheese</i>
Week 3	Chicken Tenders ★ <i>Baked Beans</i>	Pillsbury Italian Cheesy Pull-Apart ➤ <i>Green Beans P</i>	Yogurt with Cheese Stick and Muffin ➤ <i>Cooked Carrots</i>	Cheese Omelet with WG Waffles ➤ <i>Seasoned Potatoes</i>	4x6 Cheese ➤ or Pepperoni Pizza <i>Broccoli with Cheese</i>

WG = whole grain

➤ = vegetarian (no meat)

★ = vegetarian version/alternative available (see detailed menu)

P = contains pork

Fruit and Unflavored Low-Fat (1%) or Fat-Free (skim) milk offered daily

AUGUST 2025					SEPTEMBER 2025					OCTOBER 2025					NOVEMBER 2025					DECEMBER 2025				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
28	29	30	31	1	1	2	3	4	5			1	2	3	3	4	5	6	7	1	2	3	4	5
4	5	6	7	8	8	9	10	11	12	6	7	8	9	10	10	11	12	13	14	8	9	10	11	12
11	12	13	14	15	15	16	17	18	19	13	14	15	16	17	17	18	19	20	21	15	16	17	18	19
18	19	20	21	22	22	23	24	25	26	20	21	22	23	24	24	25	26	27	28	22	23	24	25	26
25	26	27	28	29	29	30				27	28	29	30	31						29	30	31		

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Detailed Vegetarian Menu

PRE-K LUNCH MENU

2025-2026 1st SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Morningstar Meatless Nuggets	Cheese Quesadilla	Mozzarella Sticks with Marinara Sauce	Rebellyous Foods Vegan Chicken Patty on WG Bun	Cheese Pizza Pull-Aparts
	<i>Baked Beans</i>	<i>Cooked Carrots</i>	<i>Green Beans (w/o ham base)</i>	<i>Potato Smiles</i>	<i>Broccoli with Cheese</i>
Week 2	Rebellyous Foods Vegan Chicken Patty on WG Bun	Bosco Sticks with Marinara Sauce	French Toast Sticks	Morningstar Meatless Nuggets with WG Dinner Roll	Cheese Pizza Slice
	<i>Cooked Carrots</i>	<i>Green Beans (w/o ham base)</i>	<i>Seasoned Potatoes</i>	<i>Baked Beans</i>	<i>Broccoli with Cheese</i>
Week 3	Morningstar Meatless Nuggets	Pillsbury Italian Cheesy Pull-Apart	Yogurt with Cheese Stick and Muffin	Cheese Omelet with WG Waffles	4x6 Cheese Pizza
	<i>Baked Beans</i>	<i>Green Beans (w/o ham base)</i>	<i>Cooked Carrots</i>	<i>Seasoned Potatoes</i>	<i>Broccoli with Cheese</i>
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PRE-K BREAKFAST MENU

2025-2026 1st SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Zee Zee's Soft Baked Bar ➤	UBR Bar ➤	Breakfast Pizza Bagel ★ P	Pillsbury Mini Cinni ➤ (Caramel or Cinnamon)	Otis Spunkmeyer WG Muffin ➤ (2 oz)
Week 2	Danimals Flavored Yogurt ➤	Sausage Pancake on a Stick ★	Assorted Cereal (1 oz) ➤	WG Snack'n Waffle ➤	Otis Spunkmeyer WG Muffin ➤ (2 oz)

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Week 2	Danimals Flavored Yogurt	UBR Bar	Assorted Cereal (1 oz)	WG Snack'n Waffle	Otis Spunkmeyer WG Muffin (2 oz)
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