



# 6TH GRADE ACADEMY LUNCH MENU

## 2023-2024 2ND SEMESTER

|               | MONDAY                  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |  |
|---------------|-------------------------|---|--|--|--|--|
| <b>Week 1</b> | <b>La Pizzeria</b>      | Bosco Sticks with Marinara Sauce                                    | Cheese or Pepperoni Pizza Slice  | Cheese or Pepperoni Pizza Pull-Aparts                                      | Lasagna Roll-Up with Garlic Toast                            | Cheese or Pepperoni 5" Pizza Round             |
|               | <b>Star Favorites</b>   | Chicken Nuggets with WG Dinner Roll                                 | Hamburger or Cheeseburger on WG Bun                                      | Nachos Grande  | Regular or Hot 'n Spicy Chicken Sandwich on WG Bun           | Grilled Cheese with Tomato Soup                |
|               | <b>Common Creations</b> |   | Orange Chicken Rice Bowl   | Chili Cheese Dog on WG Bun   | French Toast Sticks with Eggstravaganza                      | Chicken Drumstick with Biscuit                 |
|               | <b>Market Fresh</b>     | Garden Salad with WG Dinner Rolls<br>Turkey and Cheese Sub          | Popcorn Chicken Salad with WG Dinner Rill<br>Yogurt Parfait with Grahams | Asian-Inspired Orange Chicken Salad<br>Yogurt with Cheese Stick and Muffin | Taco Salad with Tostitos<br>Ham and Cheese Sub               | Hot 'n Spicy Chicken Salad with WG Dinner Roll |
|               | <b>Vegetables</b>       | Fresh Veggie Tray with Dip<br>Mashed Potatoes                       | Fresh Veggie Tray with Dip<br>Potato Smiles<br>Broccoli                  | Fresh Veggie Tray with Dip<br>Baby Carrots<br>Refried Beans                | Fresh Veggie Tray with Dip<br>Tater Tots<br>California Blend | Fresh Veggie Tray with Dip<br>Corn             |
| <b>Week 2</b> | <b>La Pizzeria</b>      | Bosco Sticks with Marinara Sauce                                    | Cheese or Pepperoni Pizza Slice  | Calzone with Marinara Sauce  | Mac 'n Cheese Bar topped with Sloppy Joe with WG Dinner Roll | Cheese or Pepperoni 5" Pizza Round             |
|               | <b>Star Favorites</b>   | Regular or Hot 'n Spicy Chicken Tenders with WG Dinner Roll         | Hamburger or Cheeseburger on WG Bun                                      | Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll             | Regular or Hot 'n Spicy Chicken Sandwich on WG Bun           | Potato Soup with Grilled Cheese                |
|               | <b>Common Creations</b> | Nachos Grande with Tostitos   | General Tso's Chicken Rice Bowl  | Chili Cheese Dog on WG Bun   | WG Waffle with Eggstravaganza                                | Mini Corn Dogs                                 |
|               | <b>Market Fresh</b>     | Garden Salad with WG Dinner Rolls<br>Turkey and Cheese Sub          | Popcorn Chicken Salad with WG Dinner Rill<br>Yogurt Parfait with Grahams | General Tso's Chicken Salad<br>Yogurt with Cheese Stick and Muffin         | Taco Salad with Tostitos<br>Ham and Cheese Sub               | Hot 'n Spicy Chicken Salad with WG Dinner Roll |
|               | <b>Vegetables</b>       | Fresh Veggie Tray with Dip<br>Mashed Potatoes<br>Corn & Black Beans | Fresh Veggie Tray with Dip<br>Potato Smiles<br>Broccoli                  | Fresh Veggie Tray with Dip<br>Baby Carrots<br>Green Beans                  | Fresh Veggie Tray with Dip<br>Seasoned Potatoes              | Fresh Veggie Tray with Dip<br>Baked Beans      |

|                  |   |  |  |
|------------------|---|--|--|
| WG = whole grain | Fruit and Low Fat/<br>Skim Milk offered daily | Additional entrée option of<br>PBJ Uncrustable (5.3 oz) offered each day | Students must take a fruit or vegetable to be considered a reimbursable meal |
|------------------|---|--|--|

| JAN 2024 |    |    |    |    | FEB 2024 |    |    |    |    | MAR 2024 |    |    |    |    | APR 2024 |    |    |    |    | MAY 2024 |    |    |    |    |   |
|----------|----|----|----|----|----------|----|----|----|----|----------|----|----|----|----|----------|----|----|----|----|----------|----|----|----|----|---|
| M        | T  | W  | T  | F  | M        | T  | W  | T  | F  | M        | T  | W  | T  | F  | M        | T  | W  | T  | F  | M        | T  | W  | T  | F  |   |
| 1        | 2  | 3  | 4  | 5  |          |    |    | 1  | 2  |          |    |    |    | 1  | 1        | 2  | 3  | 4  | 5  |          |    |    | 1  | 2  | 3 |
| 8        | 9  | 10 | 11 | 12 | 5        | 6  | 7  | 8  | 9  | 4        | 5  | 6  | 7  | 8  | 8        | 9  | 10 | 11 | 12 | 6        | 7  | 8  | 9  | 10 |   |
| 15       | 16 | 17 | 18 | 19 | 12       | 13 | 14 | 15 | 16 | 11       | 12 | 13 | 14 | 15 | 15       | 16 | 17 | 18 | 19 | 13       | 14 | 15 | 16 | 17 |   |
| 22       | 23 | 24 | 25 | 26 | 19       | 20 | 21 | 22 | 23 | 18       | 19 | 20 | 21 | 22 | 22       | 23 | 24 | 25 | 26 | 20       | 21 | 22 | 23 | 24 |   |
| 29       | 30 | 31 | 26 | 27 | 28       | 29 |    |    |    |          |    |    |    | 29 | 30       |    |    |    |    |          |    |    |    |    |   |

Menus subject to change.  
This institution is an equal opportunity provider.



# 6TH GRADE ACADEMY BREAKFAST MENU 2023-2024 2ND SEMESTER

## Perry Meridian 6th Grade Academy

|              | MONDAY                             | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--------------|------------------------------------|--|---|---|---|
| 1- Week Menu | Pop Tarts (2 ct)<br>or<br>UBR Bars | Albie's Breakfast Pocket<br>or<br>Otis Spunkmeyer<br>WG Muffin | Sausage Pancake on a Stick<br>or<br>WG Breakfast Bar (Dunkin' Sticks) | Eggo Mini's (Cook's Choice)<br>or<br>J&J Bars                   | WG Donut Holes in a Cup<br>or<br>Pillsbury Mini Cinni |
|              | WG = whole grain                   | Fruit, Juice, & Low Fat/Skim Milk offered daily                |   | Students must take a fruit to be considered a reimbursable meal |   |

## Southport 6th Grade Academy

|        | MONDAY           | TUESDAY   | WEDNESDAY                    | THURSDAY  | FRIDAY                            |
|--------|------------------|---|------------------------------|---|-----------------------------------|
| Week 1 | Pop Tarts (2 ct) | Sausage Biscuit Sandwich                        | WG Waffle                    | WG Donut Holes in a Cup   | WG Breakfast Bar (Dunkin' Sticks) |
| Week 2 | UBR Bars         | Eggo Minnis (Cook's Choice)                     | Otis Spunkmeyer<br>WG Muffin | Breakfast Pizza Bagel   | Pillsbury Mini Cinni              |
|        | WG = whole grain | Fruit, Juice, & Low Fat/Skim Milk offered daily |                              | Students must take a fruit to be considered a reimbursable meal |                                   |

| JAN 2024 |    |    |    |    | FEB 2024 |    |    |    |    | MAR 2024 |    |    |    |    | APR 2024 |    |    |    |    | MAY 2024 |    |    |    |    |   |
|----------|----|----|----|----|----------|----|----|----|----|----------|----|----|----|----|----------|----|----|----|----|----------|----|----|----|----|---|
| M        | T  | W  | T  | F  | M        | T  | W  | T  | F  | M        | T  | W  | T  | F  | M        | T  | W  | T  | F  | M        | T  | W  | T  | F  |   |
| 1        | 2  | 3  | 4  | 5  |          |    |    | 1  | 2  |          |    |    |    | 1  | 1        | 2  | 3  | 4  | 5  |          |    |    | 1  | 2  | 3 |
| 8        | 9  | 10 | 11 | 12 | 5        | 6  | 7  | 8  | 9  | 4        | 5  | 6  | 7  | 8  | 8        | 9  | 10 | 11 | 12 | 6        | 7  | 8  | 9  | 10 |   |
| 15       | 16 | 17 | 18 | 19 | 12       | 13 | 14 | 15 | 16 | 11       | 12 | 13 | 14 | 15 | 15       | 16 | 17 | 18 | 19 | 13       | 14 | 15 | 16 | 17 |   |
| 22       | 23 | 24 | 25 | 26 | 19       | 20 | 21 | 22 | 23 | 18       | 19 | 20 | 21 | 22 | 22       | 23 | 24 | 25 | 26 | 20       | 21 | 22 | 23 | 24 |   |
| 29       | 30 | 31 | 26 | 27 | 28       | 29 |    |    |    |          |    | 29 | 30 |    |          |    |    |    | 27 | 28       | 29 | 30 | 31 |    |   |

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