

Rosa Parks Kindergarten Academy

August 15, 2025

Happy Friday!

Our STARS are truly doing a fantastic job at learning our school routines. We are getting closer and closer to our first FUZZY REWARD!

Another way we encourage our STARS to *Treat People Right & Do the Right Thing* is through our Second Step curriculum. Please scroll down to read about the goals of this program.

Please remember that all immunizations are due by Sept. 2. If you need assistance scheduling an appointment or have any questions regarding immunizations, please call our nurse, Miss Liz, at 317-782-2294.

Be sure to read all the way through this newsletter each Friday for important information and pictures from the week.

Thank you for all you do at home to prepare your child for learning. We couldn't do it without you!

Have a wonderful weekend!

Respectfully,
Angela Swails
Principal
Rosa Parks Kindergarten Academy

Picture Day is August 29!

Picture Day is Friday, August 29. Your child may dress in uniform or out of uniform for picture day in school appropriate clothing. Please use this link [INTER-STATE.com/order](https://www.inter-state.com/order) to place your online order. Use order code: 0077KPB.



Second Step Curriculum Goals

Goals of the Second Step Program:

- Growth Mindset & Goal Setting
 - Learn strategies to pay attention and manage distractions
 - Develop an "I CAN" attitude
 - Set and work toward goals
- Emotional Management
 - Identify & label emotions
 - Learn & use strategies to calm big emotions
- Empathy & Kindness
 - Recognize kindness & act kindly
 - See things from someone else's perspective
 - Build friendships
- Problem-Solving
 - Identify and solve problems

Problem-Solving Steps

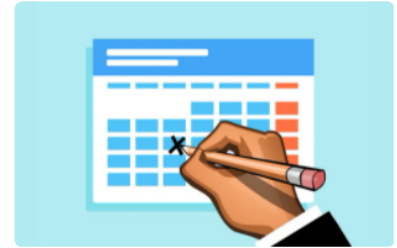


Upcoming Events

- August 29- Picture Day at school
- Sept. 1- NO SCHOOL in observance of Labor Day
- Sept. 11- Family Impact Night at RPKA 5:30-7:00
- Sept. 23- Dine & Donate Night at Fiesta Ranchera

Save the Date!

Please be sure to open the SAVE THE DATE document to see the activities and events we have planned for this exciting school year. This link includes English, Chin and Spanish translations. **The SAVE THE DATE document has been updated to include Memorial Day.**



Immunization exclusion date is September 2, 2025

IMMUNIZATIONS



INDIANA 25-26 SCHOOL IMMUNIZATIONS

Required and Recommended School Immunizations, Indiana 2025-2026



Grade	Required	Recommended
PRE-K	3 Hepatitis B 4DTaP(Diphtheria, Tetanus and Pertussis) 3 Polio	1 Varicella (Chickenpox) 1 MMR (Measles, Mumps and Rubella) 2 Hepatitis A
K-5	3 HepatitisB 5 DTaP 4 Polio	2 Varicella 2 MMR 2 Hepatitis A
6-11	3 Hepatitis B 5 DTaP 4 Polio 2 Varicella	2 MMR 2 Hepatitis A 1 MCV4 (Meningococcal) 1 Tdap
12	3 Hepatitis B 5 DTaP 4 Polio 2 Varicella	2 MMR 2 Hepatitis A 2 MCV4 1 Tdap

For additional immunization information, visit in.gov/health/immunization or call **1 (800) 701-0704** during normal business hours.

Updated 06.05.2025

HepB: The minimum age for the third dose of Hepatitis B is 24 weeks of age.

DTaP: Four doses of DTaP/DTP/DT are acceptable if fourth dose was administered on or after the fourth birthday.

Polio: Three doses of Polio are acceptable for all grade levels if the third dose was given on or after the fourth birthday and at least six months after the previous dose.

*For students in grades K-12, the final dose must be administered on or after the fourth birthday and be administered at least six months after the previous dose.

Varicella: Physician documentation of disease history, including month and year, is proof of immunity for children entering preschool through 12th grade. Parent report of disease history is not acceptable.

Tdap: There is no minimum interval from the last Td dose.

MCV4: Individuals who receive their first dose on or after their 16th birthday only need one dose of MCV4.

Hepatitis A: The minimum interval between first and second dose is six calendar months. Two doses are required for all grade levels.

COVID-19: Shared Clinical Decision

PARENT SQUARE

Please open the link above to create your PARENT SQUARE account. PARENT SQUARE is how we communicate information with you.

Get Involved!



**Girl Scout Strong
All Week Long
August 9 - 17**

Save **\$20** on a Girl Scout membership! **45%** savings valid Aug. 9-17. Find details below to join in person or scan the QR code below to register online.

Don't Miss This Amazing Opportunity to Connect with Girl Scouts!

Date: Monday, August 11, 2025
Location: Perry Park
Time: 5:00 - 6:00 PM

Bring your family and invite a friend—everyone is welcome!

Questions?
Contact Lety Bernal / Lbernal@girlscoutsindiana.org / 317.550.9801



girl scouts
of central indiana



SOUTHPORT
GIRLS BASKETBALL
LEAGUE (SGYBL)

An opportunity for girls to enjoy learning the fundamentals from the Southport High School coaches and compete in games.

SGYBL Fall League
 September 1st – 27th
 Wednesday Practices
 Saturday Games

Cost \$40

Free Workout!
 Saturday, August 23rd
 10–11:30 am
 at SMS
 Use Door #6

GRADES K–2ND	GRADES 3 & 4	GRADES 5 & 6
Practice on Wednesdays Sept. 3 rd , 10 th , 17 th , 24 th 5:30–6:30 pm Southport 6 th Academy	Practice on Wednesdays Sept. 3 rd , 10 th , 17 th , 24 th 6:30–7:30 pm Southport 6 th Academy	Practice on Wednesdays Sept. 3 rd , 10 th , 17 th , 24 th 6:30–7:30 pm SMS North Gym

Registration Link:
 Complete the Google Form or
 Sign up in person on Saturday, August 23rd
 at Southport Middle School
 Contact lwilliamsl@perryschools.org




K-12 Student Accident Insurance.pdf

[Download](#)
6.9 MB



2025-2026-BACK-TO-SCHOOL-GUIDE-10.pdf

[Download](#)
10.5 MB

News from our NUTRITION DEPARTMENT

Perry Township Schools Nutrition Department, Cafe Express, offers options for special dietary needs.

Under the National School Lunch Program and USDA guidelines, Perry Township Schools are required to provide reasonable meal modifications to accommodate students who are unable to eat the school meal as is, at no additional charge, due to a disability, impairment and/or medical necessity (i.e. food allergy) that restricts their diet.

To request special meal accommodations, parents/guardians must complete the “Special Dietary Needs” form located on the district website under the “Child Nutrition Department” Special Dietary Needs section. Completed forms will be sent to and reviewed by the Assistant Child Nutrition Director.

Lunch Menu



KINDERGARTEN ACADEMY LUNCH MENU 2025-2026 1st SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Boneless Chicken Wings with WG Dinner Roll ★ <i>Mashed Potatoes</i>	Cheese Quesadilla ▶ <i>Corn or Refried Beans</i>	Mozzarella Sticks with Marinara Sauce ▶ <i>Green Beans P</i>	Hamburger or Cheeseburger on WG Bun ★ <i>Potato Emojis</i>	Cheese ▶ or Pepperoni 4x6" Pizza <i>Broccoli or Baby Carrots with Dip</i>
	Chicken Tenders with WG Dinner Roll ★ <i>Mashed Potatoes</i>	Bosco Sticks with Marinara Sauce ▶ <i>Green Beans P</i>	Hot Dog on WG Bun ★ <i>Baked Beans</i>	French Toast Sticks with Eggstravaganza P ★ <i>Seasoned Potatoes</i>	Cheese ▶ or Pepperoni Pizza Slice <i>Broccoli or Baby Carrots with Dip</i>
Week 2	Chicken Patty on WG Bun ★ <i>Baked Beans</i>	Beef Soft Taco ★ <i>Corn</i>	Yogurt with Cheese Stick and Muffin ▶ <i>Baby Carrots with Dip</i>	Chicken Nuggets with WG Dinner Roll ★ <i>Green Beans P</i>	Tony's Personal Pan Cheese ▶ or Peppperoni Pizza <i>Broccoli or Baby Carrots with Dip</i>
	<p>Second entrée options:</p> <p>M/W/F PBJ Unrustable (2.6 oz) with Cheese Stick and Cheez-Its or Cheddar Goldfish ▶</p> <p>T/TH PBJ Unrustable (2.6 oz) with Cheese Stick and Grahams ▶</p>				
<p>WG = whole grain ▶ = vegetarian (no meat) ★ = vegetarian version/alternative available (see detailed menu) P = contains pork</p>		<p>Fruit and Low Fat / Skim Milk offered daily (100% juice offered as a fruit option on Fridays)</p>			<p>Students must take 5 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal</p>

AUGUST 2025					SEPTEMBER 2025					OCTOBER 2025					NOVEMBER 2025					DECEMBER 2025									
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F					
28	29	30	31	1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
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25	26	27	28	29	29	30																							

Menus subject to change. The institution is an equal opportunity provider.



Detailed Vegetarian Menu
KINDERGARTEN ACADEMY
LUNCH MENU
2025-2026 1st SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Morningstar Meatless Nuggets with WG Dinner Roll	Cheese Quesadilla	Mozzarella Sticks with Marinara Sauce	Rebelyous Foods Vegan Chicken Patty on WG Bun	Cheese 4x6" Pizza
	Mashed Potatoes	Corn or Refried Beans	Green Beans (w/o ham base)	Potato Emojis	Broccoli or Baby Carrots with Dip
Week 2	Morningstar Meatless Nuggets with WG Dinner Roll	Bosco Sticks with Marinara Sauce	PBJ Uncrustable entrée	French Toast Sticks with Yogurt and Cheese Stick	Cheese Pizza Slice
	Mashed Potatoes	Green Beans (w/o ham base)	Baked Beans	Seasoned Potatoes	Broccoli or Baby Carrots with Dip
Week 3	Rebelyous Foods Vegan Chickens Patty on WG Bun	PBJ Uncrustable entrée	Yogurt with Cheese Stick and Muffin	Morningstar Meatless Nuggets with WG Dinner Roll	Tony's Personal Pan Cheese Pizza
	Baked Beans	Corn	Baby Carrots with Dip	Green Beans (w/o ham base)	Broccoli or Baby Carrots with Dip
WG = whole grain	Fruit and Low Fat / Skim Milk offered daily (100% juice offered as a fruit option on Fridays)	Second entrée options: M,W,F PBJ Uncrustable (2.6 oz) with Cheese Stick and Cheez-Its or Cheddar Goldfish T/TH PBJ Uncrustable (2.6 oz) with Cheese Stick and Grahams		Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal	

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M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	
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18	19	20	21	22	22	23	24	25	26	20	21	22	23	24	24	25	26	27	28	22	23	24	25	26	
25	26	27	28	29	29	30				27	28	29	30	31						29	30	31			

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Breakfast Menu



KINDERGARTEN ACADEMY BREAKFAST MENU 2025-2026 1st SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	WG Sweet Bread ▶ (Banana, Pumpkin, Blueberry, or Zucchini)	Breakfast Pizza Bagel ★ P	WG Donut Holes in a Cup ▶	Otis Spunkmeyer WG Muffin ▶ (2 oz)	Pillsbury Mini Cinni ▶ (Caramel or Cinnamon)
Week 2	WG Pop Tart ▶ (1-ct)	WG Breakfast Bar ▶ (Dunkin' Sticks)	Yogurt Smoothie ▶	UBR Bar ▶	Pillsbury Muffin ▶
WG = whole grain ▶ = vegetarian (no meat)			Fruit, Juice, & Low Fat/Skim Milk offered daily		Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal
★ = vegetarian version/alternative available (see detailed menu) P = contains pork					

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Detailed Vegetarian Menu
KINDERGARTEN ACADEMY
LUNCH MENU
2025-2026 1st SEMESTER

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	Mashed Potatoes	Corn or Refried Beans	Green Beans (w/o ham base)	Potato Emojis	Broccoli or Baby Carrots with Dip
Week 2	Morningstar Meatless Nuggets with WG Dinner Roll	Bosco Sticks with Marinara Sauce	PBJ Uncrustable entrée	French Toast Sticks with Yogurt and Cheese Stick	Cheese Pizza Slice
	Mashed Potatoes	Green Beans (w/o ham base)	Baked Beans	Seasoned Potatoes	Broccoli or Baby Carrots with Dip
Week 3	Rebelyous Foods Vegan Chickens Patty on WG Bun	PBJ Uncrustable entrée	Yogurt with Cheese Stick and Muffin	Morningstar Meatless Nuggets with WG Dinner Roll	Tony's Personal Pan Cheese Pizza
	Baked Beans	Corn	Baby Carrots with Dip	Green Beans (w/o ham base)	Broccoli or Baby Carrots with Dip
WG = whole grain	Fruit and Low Fat / Skim Milk offered daily (100% juice offered as a fruit option on Fridays)	Second entrée options: M,W,F PBJ Uncrustable (2.6 oz) with Cheese Stick and Cheez-Its or Cheddar Goldfish T/TH PBJ Uncrustable (2.6 oz) with Cheese Stick and Grahams		Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal	

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25	26	27	28	29	29	30				27	28	29	30	31						29	30	31			

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Student Dress Guidelines

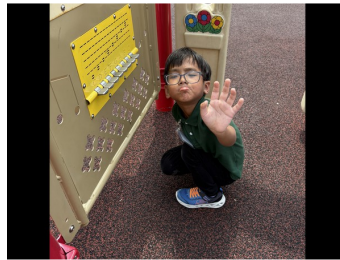
For ALL Students:

1. Hats, head coverings, sunglasses, curlers, or slippers are prohibited. Students with a religious objection may apply for an exemption.
2. Clothing and jewelry which include depictions or symbols of the following are prohibited:
 - a. sex or sexual innuendo;
 - b. lewd, vulgar, indecent, or plainly offensive speech, including profanity;
 - c. violence, destruction of property, or advocating the use of force;
 - d. urging violation of the law or school regulations;
 - e. alcohol, drugs, or tobacco;
 - f. anything which substantially or materially disrupts the school environment.

For Students in Grades K-8 (Elementary, 6th Grade Academy and Middle Schools):

1. Solid-color, collared shirt (with sleeves) or turtleneck. Must be tucked in.
2. Khaki, black, or navy bottoms. No denim. No overt or distracting holes, rips, cuts, or frays are permitted.
3. Knee-length pants. Shorts may be worn until fall break and after spring break.
4. Dresses, skirts, shorts, and jumpers must be near knee-length.
5. In winter months, solid-color sweaters or sweatshirts are allowed but must be worn with a collared shirt or turtleneck.
6. No flip-flops or "wheelie" shoes.
7. School spirit wear determined by each building.





Rosa Parks Kindergarten Academy

Email: aswails@perryschools.org

Website: <http://perryschools.org/rk/>

Location: [7525 Wellingshire Boulevard, Indianapolis, IN, USA](#)

Phone: [317-782-2280](tel:317-782-2280)

Facebook: facebook.com/RPKAStars



ANGELA SWAILS

