



# Rosa Parks Kindergarten Academy

November 7, 2025

RPKA Families,

Be sure to ask your child about the field trip we all attended at the state fair grounds. Our Stars were able to make a pizza and learn about all the ingredients used to make pizza. Students were able to collect the ingredients, see some farm animals, plant a seed, and more.

It was wonderful seeing our families at the Veterans Day Celebration today. The students did a fabulous job performing their songs for our veterans. It was so special to see all of you joining us in this celebration.

**We want to make your child a STAR on our announcements!** Don't forget to send Mrs. Motley a picture of your child practicing routines at home. The students love seeing their pictures shared on our morning announcements! Pictures can be emailed to [dmotley@perryschools.org](mailto:dmotley@perryschools.org) or you may send them to Mrs. Motley through ParentSquare.

Be sure to read all the way through this newsletter each week for important information and pictures from the week.

Have a wonderful weekend!

Respectfully,  
Angela Swails  
Principal  
Rosa Parks Kindergarten Academy

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# OCTOBER SHINING STARS!



Congratulations to our October Shining Stars! These students stood out for living out our motto of "Treat People Right and Do the Right Thing!" We are so proud of our Shining Stars!

## Kindergarten Routine Hacks: Simple Tips for Smoother Days

Scan the QR code to watch a short video.



Share your pictures with us through emailing [dmotley@perryschools.org](mailto:dmotley@perryschools.org) or ParentSquare Demi Motley, Behavior Support Specialist, RPKA

Look in your child's take home kit they received at the beginning of the year for more activities. QR codes with short videos are in the kit to help you support your child at home. Thank you for all of your support at home to help your child grow this year.

## Smoother Days with Mrs. Motley

If you haven't had a chance, please scan the QR code and listen to Mrs. Motley's SIMPLE TIPS FOR SMOOTHER DAYS! Mrs. Motley shares some routine hacks to help your student be ready to have fun and learn each day at school. Be sure to share a picture of your child practicing routines. Send pictures to [dmotley@perryschools.org](mailto:dmotley@perryschools.org). We can't wait to share them on our announcements!

## Second Step Curriculum Goals

### Goals of the Second Step Program:

- Growth Mindset & Goal Setting
  - Learn strategies to pay attention and manage distractions
  - Develop an “I CAN” attitude
  - Set and work toward goals
- Emotional Management
  - Identify & label emotions
  - Learn & use strategies to calm big emotions
- Empathy & Kindness
  - Recognize kindness & act kindly
  - See things from someone else’s perspective
  - Build friendships
- Problem-Solving
  - Identify and solve problems

### Problem-Solving Steps



### Upcoming Events

Nov. 26, 27, 28- Thanksgiving Holiday- no school  
Dec. 1- School Resumes

### Save the Date!

Please be sure to open the SAVE THE DATE document to see the activities and events we have planned for this exciting school year. This link includes English, Chin and Spanish translations. **The SAVE THE DATE document has been updated to reflect that our Holiday program will be held on Thursday, December 18.**



## Get Involved!

The Perry Meridian Wrestling Club is ready for you to join! You can sign up in person at the Perry Meridian Home Football game on September 19 or the Family Fun Night on October 27. You can also use the link below.

<https://www.perrymeridianwrestlingclub.com/teams/club>



### Help Us Understand How Families Make PreK Decisions in Indiana

IRB-FY2025-139



#### Did you make PreK decisions for your child in the past few years?

We're inviting parents and guardians to participate in an interview about how Indiana families decide **whether**—and **where**—to enroll their child in PreK.

#### You May Qualify If You

- Are a parent or guardian of a child currently in kindergarten during the 2024–2025 or 2025–2026 school year.
- Had a child either who attended PreK or who did not attend PreK.
- Were either **eligible or not eligible** for Indiana's PreK vouchers (e.g., On My Way Pre-K).

#### Your Privacy Matters

- Interviews will be **audio recorded** for research purposes and transcribed.
- All recordings will be **permanently deleted** after transcription.
- All data will be anonymized and stored securely. **No personal identifiers will be included** in publications or shared beyond the research team.
- You may choose to have your camera on or off during the interview.

#### Participation Involves

- **A 1-hour virtual interview** via Zoom or phone.
- **Location:** Zoom or phone call
- Participants will **receive a \$20 gift card** as a thank-you for their time and contribution after the completion of the interview.

#### Potential Benefits

While there are no direct benefits to you, your input can help researchers better understand PreK access, decision-making, and voucher policies—and help improve programs for families across Indiana.

#### Interested in Participating?

- **Scan the QR code** to express your interest
- **Prefer email?**  
Contact me at:  
[Jiyeon.lee@bsu.edu](mailto:Jiyeon.lee@bsu.edu)



#### IF YOU HAVE QUESTIONS,

**Please contact an Assistant Professor/Principal Investigator, Jiyeon Lee at 765-285-3706, email [Jiyeon.lee@bsu.edu](mailto:Jiyeon.lee@bsu.edu).**

Thank you for considering this opportunity to share your family's experiences. Your participation will contribute to meaningful changes in PreK access related policies and PreK programs in Indiana.

Join us for the Annual  
**CRAFTS & MORE  
FAIR**



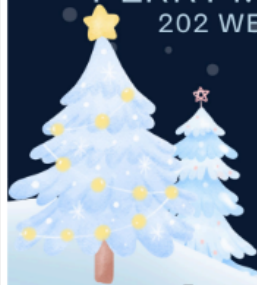
*Perry Meridian Middle School*

SATURDAY, NOVEMBER 8, 2025  
9AM - 2PM

UNIQUE HANDMADE ITEMS, PARTY LINES, JEWELRY, GIFTS,  
FOOD AND MORE!

All proceeds from the Crafts & More Fair directly impact Perry Meridian Middle School students, staff, and teachers!

**PERRY MERIDIAN MIDDLE SCHOOL**  
202 WEST MERIDIAN SCHOOL ROAD  
INDIANAPOLIS, IN 46217



OVER

100

LOCAL  
VENDORS

\$3

ADMISSION  
AT THE  
DOOR  
CHILDREN 12 &  
UNDER ARE FREE

For more information or vendor inquiries please contact  
PMMS at 317-789-4131 or [abrumfield@perryschools.org](mailto:abrumfield@perryschools.org)



# FALCON YOUTH SPORTS





## Fall 2025

Dear Parents,







Below you will find opportunities for your child to participate in various athletic activities being offered throughout Perry and in the community. Please reach out if you have any questions!

Scott Simmonds  
ssimmonds@perryschools.org

Keira Bush  
knbush@perryschools.org

<b>Running</b>	<b>Perry Township Night of Running</b> <ul style="list-style-type: none"><li>Any K-5 Perry Township student</li><li>3 race options!</li><li>Run after the Perry vs Southport Meet</li></ul> <a href="#">Registration Link</a> <i>Questions? Contact <a href="mailto:knbush@perryschools.org">knbush@perryschools.org</a></i>	
<b>Soccer</b>	<b>Boys and Girls Youth Rec League</b> <ul style="list-style-type: none"><li>St. Francis Soccer Club (SFSC Falcons)</li><li>Ages 4-12</li><li>Practice begins August 25</li></ul> <a href="#">Website Link</a>	
<b>Swimming</b>	<b>Southside Indy Aquatics Swimming Lessons</b> <ul style="list-style-type: none"><li>Ages 5-18</li><li>Evaluations Aug 25, 6-7 @ Southport</li></ul> <a href="#">Information and Registration Link</a> <i>Questions? Contact <a href="mailto:lcox@southsideindyaquatics.com">lcox@southsideindyaquatics.com</a></i>	
<b>Girls</b>	<b>Girls Travel Team</b> <ul style="list-style-type: none"><li>Grades 3-8; practice 2X per week</li><li>Games start in October</li><li>Open try out September 7 @ 1:00 at PMHS</li></ul> <a href="#">Information Link</a> <i>Questions? Contact <a href="mailto:kdstafford@perryschools.org">kdstafford@perryschools.org</a></i>	



<b>Basketball</b>	<b>Girls Skill and Development League</b> <ul style="list-style-type: none"> <li>• Grades 3-8</li> <li>• Focus on skills development</li> <li>• October 20-December 10</li> <li>• Practices and games</li> </ul> <a href="#">Information Link</a>	
<b>Boys Basketball</b>	<b>Boys Travel Team</b> <ul style="list-style-type: none"> <li>• Grades 1-6</li> <li>• Practice 2X per week</li> <li>• Games on Saturday and Sunday</li> <li>• Try-outs on September 14</li> </ul> <a href="#">Information Sheet</a> <i>Questions? Contact mmcfarland@perryschools.org</i>	
	<b>Co-ed Recreational League</b> <ul style="list-style-type: none"> <li>• At the Baxter YMCA</li> <li>• Ages 4-12</li> <li>• Starts October 25</li> </ul> <a href="#">Information and Registration Link</a> <i>Questions? Contact YMCA: 317-881-9347</i>	
	<b>Boys and Girls Recreational League</b> <ul style="list-style-type: none"> <li>• At Mt. Pleasant</li> <li>• Grades K-12</li> <li>• Starts October 20</li> </ul> <a href="#">Information and Registration Link</a>	
<b>Hockey</b>	<b>House Hockey League</b> <ul style="list-style-type: none"> <li>• Developmental League</li> <li>• 2 "ice touches" a week at Perry Park</li> <li>• Ages 3-16</li> <li>• Season starts in October</li> </ul> <a href="#">Website Link</a>	
<b>Wrestling</b>	<b>Perry Meridian Wrestling Club</b> <ul style="list-style-type: none"> <li>• Grades K-6</li> <li>• Club begins October 27</li> <li>• In-person registration Sep 5 &amp; 19 at PMHS football games</li> <li>• Family Fun Night &amp; registration Oct 27</li> </ul> <a href="#">Registration Link</a> <a href="#">Information Sheet</a> <i>Questions? Contact cdpayton@perryschools.org</i>	



<b>Volleyball</b>	<p><b>PTVI Resumes in February!</b></p> <ul style="list-style-type: none"> <li>• Registration will open January 1</li> <li>• Grades 2-6</li> </ul> <p>Click the link below for more volleyball opportunities happening right now!  <a href="#">Information Sheet</a></p>	
<b>Lacrosse</b>	<p><b>FREE Try it out clinics!</b></p> <ul style="list-style-type: none"> <li>• 6-8 grade boys and girls</li> <li>• First one is 9/4 and then every Mon and Tues until 10/9</li> <li>• PMHS softball field at 6:30</li> <li>• All equipment provided!</li> </ul> <p><a href="#">Website</a></p>	
<p><b>Join Falcon Youth Sports</b></p>		<p><b><u>Mailing List</u></b>  Receive emails directly to your inbox about the latest youth sports opportunities in Perry Township. Scan the QR or email <a href="mailto:ssimmonds@perryschools.org">ssimmonds@perryschools.org</a></p> <p><b><u>Facebook Page</u></b>  Follow us on Facebook to see youth sports opportunities and updates! Scan the QR or search for Falcon Youth Sports</p>



# **Falcon Youth Sports**

*Be part of something*

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## *Menus*



# KINDERGARTEN ACADEMY BREAKFAST MENU 2025-2026 1st SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	WG Sweet Bread ▶ (Banana, Pumpkin, Blueberry, or Zucchini)	Breakfast Pizza Bagel ★ P	WG Donut Holes in a Cup ▶	Otis Spunkmeyer WG Muffin ▶ (2 oz)	Pillsbury Mini Cinni ▶ (Caramel or Cinnamon)
<b>Week 2</b>	WG Pop Tart ▶ (1-ct)	WG Breakfast Bar ▶ (Dunkin' Sticks)	Yogurt Smoothie ▶	UBR Bar ▶	Pillsbury Muffin ▶
WG = whole grain ▶ = vegetarian (no meat)			Fruit, Juice, & Low Fat/Skim Milk offered daily		Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal
★ = vegetarian version/alternative available (see detailed menu)					
P = contains pork					

AUGUST 2025					SEPTEMBER 2025					OCTOBER 2025					NOVEMBER 2025					DECEMBER 2025					
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	
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4	5	6	7	8	8	9	10	11	12	6	7	8	9	10	10	11	12	13	14	8	9	10	11	12	
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25	26	27	28	29	29	30				27	28	29	30	31						29	30	31			

Menus subject to change. The institution is an equal opportunity provider.





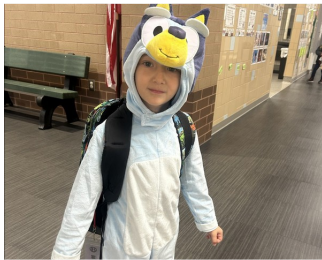
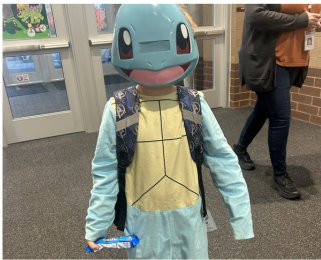
# KINDERGARTEN ACADEMY LUNCH MENU 2025-2026 1st SEMESTER

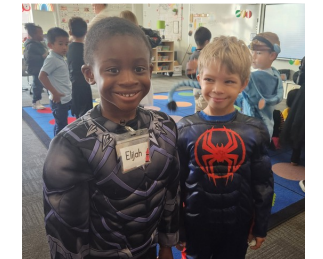
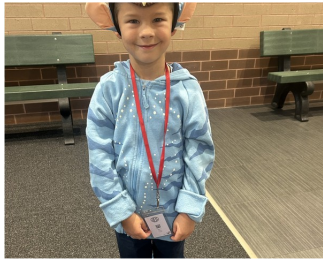
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	Boneless Chicken Wings with WG Dinner Roll ★ <i>Mashed Potatoes</i>	Cheese Quesadilla ▶ <i>Corn or Refried Beans</i>	Mozzarella Sticks with Marinara Sauce ▶ <i>Green Beans P</i>	Hamburger or Cheeseburger on WG Bun ★ <i>Potato Emojis</i>	Cheese ▶ or Pepperoni 4x6" Pizza <i>Broccoli or Baby Carrots with Dip</i>
	Chicken Tenders with WG Dinner Roll ★ <i>Mashed Potatoes</i>	Bosco Sticks with Marinara Sauce ▶ <i>Green Beans P</i>	Hot Dog on WG Bun ★ <i>Baked Beans</i>	French Toast Sticks with Eggstravaganza P ★ <i>Seasoned Potatoes</i>	Cheese ▶ or Pepperoni Pizza Slice <i>Broccoli or Baby Carrots with Dip</i>
<b>Week 2</b>	Chicken Patty on WG Bun ★ <i>Baked Beans</i>	Beef Soft Taco ★ <i>Corn</i>	Yogurt with Cheese Stick and Muffin ▶ <i>Baby Carrots with Dip</i>	Chicken Nuggets with WG Dinner Roll ★ <i>Green Beans P</i>	Tony's Personal Pan Cheese ▶ or Peppperoni Pizza <i>Broccoli or Baby Carrots with Dip</i>
	<p>WG = whole grain ▶ = vegetarian (no meat) ★ = vegetarian version/alternative available (see detailed menu) P = contains pork</p> <p>Fruit and Low Fat / Skim Milk offered daily (100% juice offered as a fruit option on Fridays)</p> <p><b>Second entrée options:</b> M/W/F: PBJ Unrustable (2.6 oz) with Cheese Stick and Cheez-Its or Cheddar Goldfish ▶ T/TH: PBJ Unrustable (2.6 oz) with Cheese Stick and Grahams ▶</p> <p>Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal.</p>				

AUGUST 2025					SEPTEMBER 2025					OCTOBER 2025					NOVEMBER 2025					DECEMBER 2025				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
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18	19	20	21	22	22	23	24	25	26	27	28	29	30	31						22	23	24	25	26
25	26	27	28	29	29	30														29	30	31		

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## Check Out Our Fall Party Pictures!







## Rosa Parks Kindergarten Academy

Email: [aswails@perryschools.org](mailto:aswails@perryschools.org)

Website: <http://perryschools.org/rk/>

Location: [7525 Wellingshire Boulevard, Indianapolis, IN, USA](#)

Phone: [317-782-2280](tel:317-782-2280)

Facebook: [facebook.com/RPKAStars](https://facebook.com/RPKAStars)



### ANGELA SWAILS

ANGELA is using Smore to create beautiful newsletters