

# 6TH GRADE ACADEMY LUNCH MENU

## 2024-2025 2nd SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	La Pizzeria	Bosco Sticks with Marinara Sauce ➤	Cheese ➤ or Pepperoni Pizza Slice	Cheese ➤ or Pepperoni Pizza Pull-Aparts	Lasagna Roll-Up with Garlic Toast	Cheese ➤ or Pepperoni 5" Pizza Round
	Star Favorites	Chicken Nuggets with WG Dinner Roll ★	<u>P6th</u> Hamburger or Cheeseburger on WG Bun ★ <u>S6th</u> Orange Chicken Bowl with Soba Noodles	Nachos Grande with Tostitos ★	Regular or Hot 'n Spicy Chicken Sandwich on WG Bun ★	<u>P6th</u> Chicken and Cheese Quesadilla ★ <u>S6th</u> Chicken Drumstick with Biscuit
	Common Creations		<u>P6th</u> Orange Chicken Bowl with Soba Noodles <u>S6th</u> Hamburger or Cheeseburger on WG Bun ★	Chili Cheese Dog on WG Bun	French Toast Sticks with Eggstravaganza	<u>P6th</u> Chicken Drumstick with Biscuit <u>S6th</u> Chicken and Cheese Quesadilla ★
	Market Fresh	Pepperoni or Cheese ➤ Pizza Munchables Turkey and Cheese Sub	Popcorn Chicken Salad with WG Dinner Roll Yogurt Parfait with Grahams ➤	Orange Chicken Salad with WG Dinner Roll Yogurt with Cheese Stick and Muffin ➤	Taco Salad with Tostitos ★ Ham and Cheese Sub	Hot 'n Spicy Chicken Salad with WG Dinner Roll ★
	Veggies	Fresh Veggie Tray with Dip Mashed Potatoes	Fresh Veggie Tray with Dip Potato Smiles Broccoli	Fresh Veggie Tray with Dip Baby Carrots Refried Beans	Fresh Veggie Tray with Dip Seasoned Potatoes	Fresh Veggie Tray with Dip Corn
Week 2	La Pizzeria	Bosco Sticks with Marinara Sauce ➤	Cheese ➤ or Pepperoni Pizza Slice	Chicken Egg Rolls	Mac 'n Cheese Bites ➤	Cheese ➤ or Pepperoni 5" Pizza Round
	Star Favorites	Regular or Hot 'n Spicy Chicken Tenders with WG Dinner Roll	<u>P6th</u> Hamburger or Cheeseburger on WG Bun ★ <u>S6th</u> General Tso's Chicken Fried Rice Bowl	Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll ★	Regular or Hot 'n Spicy Chicken Sandwich on WG Bun ★	<u>P6th</u> BBQ Rib on WG Bun <b>P</b> <u>S6th</u> WG Grilled Cheese Sandwich with Tomato Soup ➤
	Common Creations	Queso Con Carne Dip with Tortilla Chips ★	<u>P6th</u> General Tso's Chicken Fried Rice Bowl <u>S6th</u> Hamburger or Cheeseburger on WG Bun ★	Chili Cheese Dog on WG Bun	WG Waffle with Eggstravaganza	<u>P6th</u> WG Grilled Cheese Sandwich with Tomato Soup ➤ <u>S6th</u> BBQ Rib on WG Bun <b>P</b>
	Market Fresh	Pepperoni or Cheese ➤ Pizza Munchables Turkey and Cheese Sub	Popcorn Chicken Salad with WG Dinner Roll Yogurt Parfait with Grahams ➤	General Tso's Chicken Salad with WG Dinner Roll Yogurt with Cheese Stick and Muffin ➤	Taco Salad with Tostitos ★ Ham and Cheese Sub	Spicy Chicken Wrap
	Veggies	Fresh Veggie Tray with Dip Mashed Potatoes Corn & Black Beans	Fresh Veggie Tray with Dip Potato Smiles Broccoli	Fresh Veggie Tray with Dip Baby Carrots Green Beans <b>P</b>	Fresh Veggie Tray with Dip Seasoned Potatoes	Fresh Veggie Tray with Dip Baked Beans

WG = whole grain

➤ = vegetarian (no meat)  
★ = vegetarian version/alternative available (see detailed menu)  
**P** = contains pork

Fruit and Low Fat/  
Skim Milk offered daily

Additional entrée option of  
PBJ Uncrustable (5.3 oz) ➤ offered each day

Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal

### JANUARY 2025

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

### FEBRUARY 2025

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

### MARCH 2025

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

### APRIL 2025

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

### MAY 2025

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30



# Detailed Vegetarian Menu

## 6TH GRADE ACADEMY LUNCH MENU

### 2024-2025 2nd SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	La Pizzeria	Bosco Sticks with Marinara Sauce	Cheese Pizza Slice	Cheese Pizza Pull-Aparts		Cheese 5" Pizza Round
	Star Favorites	Morningstar Meatless Nuggets with WG Dinner Roll	<u>P6th</u> Morningstar Spicy Black Bean Burger on WG Bun	Nachos Grande (without beef but double cheese) with Tortilla Chips	Rebellyous Foods Vegan Chicken Patty on WG Bun	<u>P6th</u> Cheese Quesadilla
	Common Creations		<u>S6th</u> Morningstar Spicy Black Bean Burger on WG Bun			<u>S6th</u> Cheese Quesadilla
	Market Fresh	Cheese Pizza Munchables	Yogurt Parfait with Grahams	Yogurt with Cheese Stick and Muffin	Taco Salad (without beef but double cheese) with Tostitos	Morningstar Meatless Nuggets Salad with WG Dinner Roll
	Veggies	Fresh Veggie Tray with Dip Mashed Potatoes	Fresh Veggie Tray with Dip Potato Smiles Broccoli	Fresh Veggie Tray with Dip Baby Carrots Refried Beans	Fresh Veggie Tray with Dip Seasoned Potatoes	Fresh Veggie Tray with Dip Corn
Week 2	La Pizzeria	Bosco Sticks with Marinara Sauce	Cheese Pizza Slice		Mac 'n Cheese Bites	Cheese 5" Pizza Round
	Star Favorites		<u>P6th</u> Morningstar Spicy Black Bean Burger on WG Bun	Morningstar Meatless Nuggets with WG Dinner Roll	Rebellyous Foods Vegan Chicken Patty on WG Bun	<u>S6th</u> WG Grilled Cheese Sandwich with Tomato Soup ➤
	Common Creations	Queso (no beef) with Tortilla Chips	<u>S6th</u> Morningstar Spicy Black Bean Burger on WG Bun			<u>P6th</u> WG Grilled Cheese Sandwich with Tomato Soup ➤
	Market Fresh	Cheese Pizza Munchables	Yogurt Parfait with Grahams	Yogurt with Cheese Stick and Muffin	Taco Salad (without beef but double cheese) with Tostitos	
	Veggies	Fresh Veggie Tray with Dip Mashed Potatoes Corn & Black Beans	Fresh Veggie Tray with Dip Potato Smiles Broccoli	Fresh Veggie Tray with Dip Baby Carrots	Fresh Veggie Tray with Dip Seasoned Potatoes	Fresh Veggie Tray with Dip Baked Beans
WG = whole grain		Fruit and Low Fat/ Skim Milk offered daily		Additional entrée option of PBJ Uncrustable (5.3 oz) offered each day		Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal

JANUARY 2025					FEBRUARY 2025					MARCH 2025					APRIL 2025					MAY 2025				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		1	2	3	3	4	5	6	7	3	4	5	6	7		1	2	3	4				1	2
6	7	8	9	10	10	11	12	13	14	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9
13	14	15	16	17	17	18	19	20	21	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16
20	21	22	23	24	24	25	26	27	28	24	25	26	27	28	21	22	23	24	25	19	20	21	22	23
27	28	29	30	31						31					28	29	30			26	27	28	29	30

Menus subject to change. The institution is an equal opportunity provider.



# 6TH GRADE ACADEMY BREAKFAST MENU 2024-2025 2nd SEMESTER

## Perry Meridian 6th Grade Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1- Week Menu</b>	WG Pop Tarts ➤ (2 ct) or UBR Bars ➤	WG Breakfast Burrito or Pillsbury Muffin ➤	Sausage Pancake on a Stick or WG Breakfast Bar ➤ (Dunkin' Sticks)	Snack'n Stuffed Waffles (Chicken Sausage & Cheese) or J&J Bars ➤	WG Donut Holes in a Cup ➤ or Pillsbury Mini Cinni ➤
WG = whole grain ➤ = vegetarian (no meat) ★ = vegetarian version/alternative available (see detailed menu) P = contains pork					
Fruit, Juice, & Low Fat/Skim Milk offered daily			Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal		

## Southport 6th Grade Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	WG Pop Tarts ➤ (2 ct)	Snack'n Stuffed Waffles ★ (Chicken Sausage & Cheese)	J&J Bar ➤	WG Donut Holes in a Cup ➤	WG Breakfast Bar ➤ (Dunkin' Sticks)
<b>Week 2</b>	UBR Bars ➤	WG Mini Donuts ➤	WG Breakfast Burrito ★	Pillsbury Muffin ➤	Pillsbury Mini Cinni ➤
WG = whole grain ➤ = vegetarian (no meat) ★ = vegetarian version/alternative available (see detailed menu) P = contains pork					
Fruit, Juice, & Low Fat/Skim Milk offered daily			Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal		

JANUARY 2025					FEBRUARY 2025					MARCH 2025					APRIL 2025					MAY 2025				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		1	2	3	3	4	5	6	7	3	4	5	6	7		1	2	3	4				1	2
6	7	8	9	10	10	11	12	13	14	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9
13	14	15	16	17	17	18	19	20	21	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16
20	21	22	23	24	24	25	26	27	28	24	25	26	27	28	21	22	23	24	25	19	20	21	22	23
27	28	29	30	31						31					28	29	30			26	27	28	29	30

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# Detailed Vegetarian Menu

## 6TH GRADE ACADEMY

### BREAKFAST MENU

### 2024-2025 2nd SEMESTER

#### Perry Meridian 6th Grade Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1- Week Menu</b>	WG Pop Tarts (2 ct) or UBR Bars	Pillsbury Muffin	WG Breakfast Bar (Dunkin' Sticks)	J&J Bars	WG Donut Holes in a Cup or Pillsbury Mini Cinni
WG = whole grain					
Fruit, Juice, & Low Fat/Skim Milk offered daily					
Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal					

#### Southport 6th Grade Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	WG Pop Tarts (2 ct)	UBR Bars	J&J Bar	WG Donut Holes in a Cup	WG Breakfast Bar (Dunkin' Sticks)
<b>Week 2</b>	UBR Bars	WG Mini Donuts	J&J Bar	Pillsbury Muffin	Pillsbury Mini Cinni
WG = whole grain					
Fruit, Juice, & Low Fat/Skim Milk offered daily					
Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal					

JANUARY 2025					FEBRUARY 2025					MARCH 2025					APRIL 2025					MAY 2025				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		1	2	3	3	4	5	6	7	3	4	5	6	7		1	2	3	4				1	2
6	7	8	9	10	10	11	12	13	14	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9
13	14	15	16	17	17	18	19	20	21	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16
20	21	22	23	24	24	25	26	27	28	24	25	26	27	28	21	22	23	24	25	19	20	21	22	23
27	28	29	30	31						31					28	29	30			26	27	28	29	30

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