



# SHS Supper Menu

## 2024-2025 2nd SEMESTER

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Entrées**

**WG Pizza Slice**  
(145g/1 slice)

**Chicken Patty Sandwich on WG Bun**

(4oz/1 chicken patty on 4" WG hamburger bun - 60g/1 ea)

**Cheeseburger on WG Bun**

(2.45oz/1 patty + 1 slice 14g/1 slice cheese on 4" WG hamburger bun - 60g/1 ea)

**Mozzarella Sticks with Marinara Sauce or Ranch**

(157.3g/8 WG sticks + 2.5oz marinara + 1.5oz ranch)

**Bosco Sticks with Marinara Sauce**  
(4.28oz/2 WG sticks + 2.5oz marinara)

OR

**Turkey & Cheese Sandwich on WG Bun**

(3 slices turkey, 1 slice cheese on 4" WG hamburger bun)

**Ham & Cheese Sandwich on WG Bun**

(5 slices ham, 1 slice cheese on 4" WG hamburger bun)

**Turkey & Cheese Sandwich on WG Bun**

(3 slices turkey, 1 slice cheese on 4" WG hamburger bun)

**Ham & Cheese Sandwich on WG Bun**

(5 slices ham, 1 slice cheese on 4" WG hamburger bun)

**Turkey & Cheese Sandwich on WG Bun**

(3 slices turkey, 1 slice cheese on 4" WG hamburger bun)

\* Additional entrée option of PBJ Uncrustable (5.3 oz/1 ea) offered each day

**Veggies**

**Broccoli**  
(1/2 cup)

**Green Beans**  
(1/2 cup)

**Baked Beans**  
(1/2 cup)

**Corn**  
(1/2 cup)

**Green Beans**  
(1/2 cup)

Fresh Baby Carrots (1/2 cup) with Ranch Dip offered each day

**Other Sides**

**Fruit (1/2 cup)**

**Milk (8 fl. oz.)**

WG = whole grain

Portion size displayed in parenthesis

Fruit Choices:

Fresh: kiwi, apple slices, cantaloupe, seedless grapes, orange, pineapple, honeydew, watermelon, blueberries, strawberries, pears banana

Canned: applesauce cup, diced peach cup, diced strawberry cup, fruit cocktail, mandarin oranges, sliced peaches, diced pears, pineapple chunks, pineapple tidbits, tropical fruit salad

Dried: Craisins, raisins

**CACFP Supper must contain all five components to be a reimbursable meal:**

-8 fl. oz. unflavored low-fat (1%), unflavored fat-free (skim), or flavored fat-free (skim) milk  
-2 oz. meat/meat alternates  
-1/2 c. vegetables  
-1/4 c. fruit (we serve 1/2 c.)  
-1 oz. grains

**JANUARY 2025**

**FEBRUARY 2025**

**MARCH 2025**

**APRIL 2025**

**MAY 2025**

M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
		1	2	3	3	4	5	6	7	3	4	5	6	7		1	2	3	4				1	2
6	7	8	9	10	10	11	12	13	14	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9
13	14	15	16	17	17	18	19	20	21	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16
20	21	22	23	24	24	25	26	27	28	24	25	26	27	28	21	22	23	24	25	19	20	21	22	23
27	28	29	30	31						31					28	29	30			26	27	28	29	30

Menus subject to change. The institution is an equal opportunity provider.