



# Perry Township Schools

Parents Name  
Chef Operations Officer  
The Islamic society of North America

Dear *(Parent name)*:

Perry Township Schools follows the USDA guidelines for meal planning, meeting and exceeding all nutritional requirements. As part of the National School Lunch program, we are allowed to make some exceptions to the meals for religious reasons. This is primarily done through a provision called Offer vs. Serve which is available to everyone. Students are offered all 5 components of the school lunch pattern, they may select 3 – 5 of the components for it to qualify as a meal. The meal is the same price if they select 3, 4 or 5 components.

All meals have a total of  $\frac{1}{2}$  cup fruit and  $\frac{3}{4}$  cup vegetable each day for Elementary students and one cup of fruit and one cup vegetable each day for Secondary students. There is also a salad offered daily. We can eliminate the meat on the salad with advance notice as these salads are prepared before serving. For example, if the salad has meat on it and the student wishes to not have the meat they would still be getting the vegetable, fruit, bread and milk. They would be selecting 4 of the 5 components. If they choose to not take a milk, they would receive 3 of the 5 components. Water is available in or near each cafeteria for all students.

We do have some meals that are vegetarian with dairy, however, we do not have any planned vegan meals. We also do not specify meat that has been slaughtered according to Islamic regulations when purchasing. Most of our meat products are purchased through USDA and diverted to various companies for processing. We have copies of all ingredient labels in our office. Parents may contact Linda Magee, Tuesday through Friday at 789-3981 to arrange a time to go through the labels so they can identify products they do not want their child to have. It is the parent's responsibility to instruct their child regarding the items they are allowed or not allowed.

We can flag a student's account with instructions such as no milk or no pork or no meat as requested for religious reasons. Students with medical restrictions must contact the nurse for a copy of a medical form that must be filled out and signed by a doctor stating the medical reason and the diet restriction. The cashier will make every effort to check that student's tray to see that it meets the restrictions. All students are also allowed to bring food from home.

Copies of all of our menus are on our District website at [www.perryschools.org](http://www.perryschools.org). Look for Food Service under "Parent Quick Jump" in the right hand column. The menus can be accessed from the left column of that page by grade level. We are pleased to serve all the students at Perry Township nutritious and healthy meals.

If you have further questions, please feel free to contact me.

Sincerely,

Chyrie Thompson SNS  
Food Service Director