

# Kindergarten Fall 2021 Menu

**Perry Township Schools follows the  
USDA Nutrition Standards for  
School Meal**

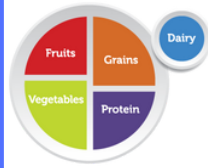
Students are offered weekly at lunch:  
At least 2.5 c. fruit  
At least 3.75 c. vegetables  
8-12 oz. grain  
8-10 oz. protein

-Low fat/skim milk offered daily  
-Lunches = 550-650calories  
-Must take fruit or vegetable

**Meals are FREE for the  
2021-2022 school year**

Menus subject to change

For menus, nutritional analysis, account payments, and balances, visit [perryschools.org](http://perryschools.org)



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

WEEK 1

Chicken Smackers w/  
Dinner Roll  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Mashed Potatoes  
Fruit/Fresh Fruit  
Milk

Walking Taco w/  
Toppings  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Corn or Refried Beans  
w/ Cheese  
Fruit/Fresh Fruit  
Milk

Mini Corn Dogs  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Baby Carrots w/ Dip  
Fruit/Fresh Fruit  
Milk

Hamburger/  
Cheeseburger  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Green Beans  
Fruit/Fresh Fruit  
Milk

Pizza Pull-Aparts  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Broccoli w/ Cheese  
Fruit/Fresh Fruit/Juice  
Milk

WEEK 2

Bosco Sticks w/  
Marinara  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Green Beans  
Fruit/Fresh Fruit  
Milk

Beef Nachos w/ Tortilla  
Chips  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Corn or Refried Beans  
w/ Cheese  
Fruit/Fresh Fruit  
Milk

Yogurt/Cheese  
Stick/Muffin  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Baby Carrots w/ Dip  
Fruit/Fresh Fruit  
Milk

Hot Dog w/ Bun  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Potato Smiles  
Fruit/Fresh Fruit  
Milk

Pizza Slice  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Broccoli w/ Cheese  
Fruit/Fresh Fruit/Juice  
Milk

WEEK 3

Chicken Patty Sandwich  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Baked Beans  
Fruit/Fresh Fruit  
Milk

Mini Hot Dog w/  
Mac n' Cheese  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Green Beans  
Fruit/Fresh Fruit  
Milk

Southwest Cheesy  
Pull-Aparts w/ Salsa  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Baby Carrots w/ Dip  
Fruit/Fresh Fruit  
Milk

Cheese Omelet  
w/ Cinnamon Roll  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Seasoned Potatoes  
Fruit/Fresh Fruit  
Milk

4x6 Pizza  
PBJ Uncrustable w/  
Cheese Stick/Grahams  
Broccoli w/ Cheese  
Fruit/Fresh Fruit/Juice  
Milk

## TWO WEEK BREAKFAST MENU

WEEK 1

Cereal Bar  
Fresh Fruit  
Juice  
Milk

Breakfast Pizza Bagel  
Fresh Fruit  
Juice  
Milk

Confetti Pancakes  
Fresh Fruit  
Juice  
Milk

WG Breakfast Bar  
Fresh Fruit  
Juice  
Milk

Mini Donuts  
Fresh Fruit  
Juice  
Milk

WEEK 2

WG Pop Tart  
Fresh Fruit  
Juice  
Milk

Mini Cinni  
Fresh Fruit  
Juice  
Milk

Sausage Pancake  
Stick  
Fresh Fruit  
Juice  
Milk

WG Muffin  
Fresh Fruit  
Juice  
Milk

UBR Bar  
Fresh Fruit  
Juice  
Milk

### AUG 2021

### SEPT 2021

### OCT 2021

### NOV 2021

### DEC 2021

M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F
2	3	4	5	6			1	2	3					1	1	2	3	4	5			1	2	3
9	10	11	12	15	6	7	8	9	10	4	5	6	7	8	8	9	10	11	12	6	7	8	9	10
16	17	18	19	20	15	14	15	16	17	11	12	15	14	15	15	16	17	18	19	15	14	15	16	17
23	24	25	26	27	20	21	22	23	24	18	19	20	21	22	22	23	24	25	26	20	21	22	23	24
30	31				27	28	29	30	25	26	27	28	29	29	30				27	28	29	30	31	

July 26-30 will start on Week 1 Lunch & Breakfast



This institution is an equal opportunity provider.