

# SHS Fall 2021 Menu

**Perry Township Schools follows the  
USDA Nutrition Standards for  
School Meal**

Students are offered weekly at lunch:

At least 5 c. fruit

At least 5 c. vegetables

8-12 oz. grain

8-10 oz. protein

-Low fat/skim milk offered daily

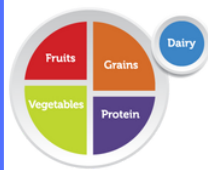
-Lunches = 550-650calories

-Must take fruit or vegetable

**Meals are FREE for the  
2021-2022 school year**

Menus subject to change

For menus, nutritional analysis, account payments, and  
balances, visit [perryschools.org](http://perryschools.org)



## MONDAY

### LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/  
Marinara Sauce

### STAR FAVORITES & SIGNATURE SELECTIONS

Regular or Hot n  
Spicy Chicken  
Sandwich

### COMMON CREATIONS

Popcorn Chicken  
Bowl  
Chicken Sandwich

### MARKET FRESH

Popcorn Chicken  
Salad w/  
WG Dinner Roll  
Yogurt Parfait  
PBJ Uncrustable

## TUESDAY

### LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/  
Marinara Sauce

### STAR FAVORITES & SIGNATURE SELECTIONS

Hot Italian Sub

### COMMON CREATIONS

Cheese or  
Pepperoni Pizza  
Pull-Aparts  
Chicken Sandwich

### MARKET FRESH

Deli Club Wrap  
PBJ Uncrustable

## WEDNESDAY

### LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/  
Marinara Sauce

### STAR FAVORITES & SIGNATURE SELECTIONS

Boneless Chicken  
Wings w/  
Choice of Sauce

### COMMON CREATIONS

Chicken Burrito Bowl  
w/ Tostitos  
Chicken Sandwich

### MARKET FRESH

Yogurt/Cheese  
Stick/Muffin  
PBJ Uncrustable

## THURSDAY

### LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/  
Marinara Sauce

### STAR FAVORITES & SIGNATURE SELECTIONS

Spicy or Regular  
Chicken Tenders  
Wrap

### COMMON CREATIONS

Corn Dog  
Chicken Sandwich

### MARKET FRESH

Firecracker Salad  
PBJ Uncrustable

## FRIDAY

### LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/  
Marinara Sauce

### STAR FAVORITES & SIGNATURE SELECTIONS

Hamburger or  
Cheeseburger on  
WG BUN

### COMMON CREATIONS

Nachos Grande  
Chicken Sandwich

### MARKET FRESH

Taco Salad w/  
Tostitos  
PBJ Uncrustable

## SIDES

Fresh Veggie Tray  
w/ Dip  
Corn  
Green Beans

Fresh or Canned Fruit  
Milk

Fresh Veggie Tray  
w/ Dip  
French Fries  
Carrots

Fresh or Canned Fruit  
Milk

Fresh Veggie Tray  
w/ Dip  
Broccoli w/ Cheese

Fresh or Canned Fruit  
Milk

Fresh Veggie Tray  
w/ Dip  
Green Beans

Fresh or Canned Fruit  
Milk

Fresh Veggie Tray  
w/ Dip  
Refried Beans w/  
Cheese  
French Fries

Fresh or Canned Fruit  
Frozen Fruit Cup  
Milk

## BREAKFAST MENU

WG Muffin  
Maple Waffles  
WG Pop Tart (2ct)  
Cereal Bowl  
Fresh Fruit  
Juice  
Milk

Breakfast Pizza Bagel  
WG Breakfast Bar  
WG Pop Tart (2ct)  
Cereal Bowl  
Fresh Fruit  
Juice  
Milk

Mini Cinni  
Mini Chocoolate or  
Powdered Donuts  
WG Pop Tart (2ct)  
Cereal Bowl  
Fresh Fruit  
Juice  
Milk

Sausage Pancake  
on a Stick  
Sweet Roll  
WG Pop Tart (2ct)  
Cereal Bowl  
Fresh Fruit  
Juice  
Milk

Sausage Biscuit  
Sandwich  
Confetti Pancakes  
WG Pop Tart (2ct)  
Cereal Bowl  
Fresh Fruit  
Juice  
Milk