

Compass Fall 2021 Menu

**Perry Township Schools follows the
USDA Nutrition Standards for
School Meal**

Students are offered weekly:

-At least 5 c. fruit

At least 5 c. vegetables

8-12 oz. grain

8-10 oz. protein

-Low fat/skim milk offered daily

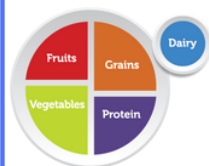
-Lunches = 550-650calories

-Must take fruit or vegetable

**Meals are FREE for the
2021-2022 school year**

Menus subject to change

For menus, nutritional analysis, account payments, and
balances, visit perryschools.org



MONDAY

Chicken Patty
Sandwich

Popcorn
Chicken Bowl

PBJ
Uncrustable

TUESDAY

Bosco Sticks
w/ Marinara
Sauce

Hot Italian
Sub

PBJ
Uncrustable

WEDNESDAY

Yogurt/
Cheese Stick/
Muffin

Chicken
Burrito Bowl

PBJ
Uncrustable

THURSDAY

Regular
Chicken Wrap

Corn Dog

PBJ
Uncrustable

FRIDAY

Cheeseburger
or Hamburger
on WG Bun

Nachos
Grande

PBJ
Uncrustable

SIDES

Fresh Veggie Tray
w/ Dip
Corn

Fresh or Canned
Fruit

Milk

Fresh Veggie Tray
w/ Dip
Carrots

Fresh or Canned
Fruit

Milk

Fresh Veggie Tray
w/ Dip
Steamed Broccoli

Fresh or Canned
Fruit

Milk

Fresh Veggie Tray
w/ Dip
Green Beans

Fresh or Canned
Fruit

Milk

Fresh Veggie Tray
w/ Dip
Baked Beans

Fresh or Canned Fruit
Frozen Fruit Cup

Milk

BREAKFAST MENU

WG Muffin
Maple Waffles
Fresh Fruit
Juice
Milk

WG Breakfast Bar
WG Pop Tarts (2ct)
Fresh Fruit
Juice
Milk

UBR Bar
Mini Cinni
Fresh Fruit
Juice
Milk

Sweet Roll
Cereal Bowl
Fresh Fruit
Juice
Milk

Pop Tart (2ct)
Confetti
Pancakes
Fresh Fruit
Juice
Milk