

Kindergarten Fall 2021 Menu

**Perry Township Schools follows the
USDA Nutrition Standards for
School Meal**

Students are offered weekly at lunch:

At least 2.5 c. fruit

At least 3.75 c. vegetables

8-12 oz. grain

8-10 oz. protein

-Low fat/skim milk offered daily

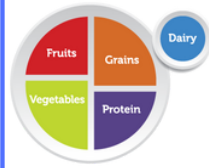
-Lunches = 550-650calories

-Must take fruit or vegetable

**Meals are FREE for the
2021-2022 school year**

Menus subject to change

For menus, nutritional analysis, account payments, and balances, visit perryschools.org



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

Chicken Smackers w/
Dinner Roll
PBJ Uncrustable w/
Cheese Stick/Grahams
Mashed Potatoes
Fruit/Fresh Fruit
Milk

Walking Taco w/
Toppings
PBJ Uncrustable w/
Cheese Stick/Grahams
Corn or Refried Beans
w/ Cheese
Fruit/Fresh Fruit
Milk

Mini Corn Dogs
PBJ Uncrustable w/
Cheese Stick/Grahams
Baby Carrots w/ Dip
Fruit/Fresh Fruit
Milk

Hamburger/
Cheeseburger
PBJ Uncrustable w/
Cheese Stick/Grahams
Green Beans
Fruit/Fresh Fruit
Milk

Pizza Pull-Aparts
PBJ Uncrustable w/
Cheese Stick/Grahams
Broccoli w/ Cheese
Fruit/Fresh Fruit/Juice
Milk

WEEK 2

Bosco Sticks w/
Marinara
PBJ Uncrustable w/
Cheese Stick/Grahams
Green Beans
Fruit/Fresh Fruit
Milk

Beef Nachos w/ Tortilla
Chips
PBJ Uncrustable w/
Cheese Stick/Grahams
Corn or Refried Beans
w/ Cheese
Fruit/Fresh Fruit
Milk

Yogurt/Cheese
Stick/Muffin
PBJ Uncrustable w/
Cheese Stick/Grahams
Baby Carrots w/ Dip
Fruit/Fresh Fruit
Milk

Hot Dog w/ Bun
PBJ Uncrustable w/
Cheese Stick/Grahams
Potato Smiles
Fruit/Fresh Fruit
Milk

Pizza Slice
PBJ Uncrustable w/
Cheese Stick/Grahams
Broccoli w/ Cheese
Fruit/Fresh Fruit/Juice
Milk

WEEK 3

Chicken Patty Sandwich
PBJ Uncrustable w/
Cheese Stick/Grahams
Baked Beans
Fruit/Fresh Fruit
Milk

Mini Hot Dog w/
Mac n' Cheese
PBJ Uncrustable w/
Cheese Stick/Grahams
Green Beans
Fruit/Fresh Fruit
Milk

Calzone w/ Marinara
PBJ Uncrustable w/
Cheese Stick/Grahams
Baby Carrots w/ Dip
Fruit/Fresh Fruit
Milk

Cheese Omelet
w/ Cinnamon Roll
PBJ Uncrustable w/
Cheese Stick/Grahams
Seasoned Potatoes
Fruit/Fresh Fruit
Milk

4x6 Pizza
PBJ Uncrustable w/
Cheese Stick/Grahams
Broccoli w/ Cheese
Fruit/Fresh Fruit/Juice
Milk

TWO WEEK BREAKFAST MENU

WEEK 1

Cereal Bar
Fresh Fruit
Juice
Milk

Breakfast Pizza Bagel
Fresh Fruit
Juice
Milk

Confetti Pancakes
Fresh Fruit
Juice
Milk

WG Breakfast Bar
Fresh Fruit
Juice
Milk

Cherry or Apple Frudel
Fresh Fruit
Juice
Milk

WEEK 2

WG Pop Tart
Fresh Fruit
Juice
Milk

Mini Cinni
Fresh Fruit
Juice
Milk

Sausage Pancake
Stick
Fresh Fruit
Juice
Milk

WG Muffin
Fresh Fruit
Juice
Milk

UBR Bar
Fresh Fruit
Juice
Milk

AUG 2021

SEPT 2021

OCT 2021

NOV 2021

DEC 2021

M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	
2	3	4	5	6			1	2	3					1	1	2	3	4	5				1	2	3
9	10	11	12	15	6	7	8	9	10	4	5	6	7	8	8	9	10	11	12	6	7	8	9	10	
16	17	18	19	20	15	14	15	16	17	11	12	15	14	15	15	16	17	18	19	15	14	15	16	17	
23	24	25	26	27	20	21	22	23	24	18	19	20	21	22	22	23	24	25	26	20	21	22	23	24	
30	31				27	28	29	30	25	26	27	28	29	29	30				27	28	29	30	31		

July 26-30 will start on Week 1 Lunch & Breakfast



This institution is an equal opportunity provider.