

SHS Fall 2021 Menu

**Perry Township Schools follows the
USDA Nutrition Standards for
School Meal**

Students are offered weekly at lunch:

At least 5 c. fruit

At least 5 c. vegetables

8-12 oz. grain

8-10 oz. protein

-Low fat/skim milk offered daily

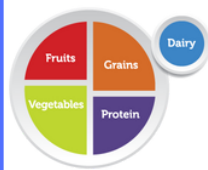
-Lunches = 550-650calories

-Must take fruit or vegetable

**Meals are FREE for the
2021-2022 school year**

Menus subject to change

For menus, nutritional analysis, account payments, and balances, visit perryschools.org



MONDAY

LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/
Marinara Sauce

STAR FAVORITES & SIGNATURE SELECTIONS

Chicken Smackers
w/ Dinner Roll

COMMON CREATIONS

Chicken Smackers
w/ Dinner Roll

MARKET FRESH

Popcorn Chicken
Salad w/
WG Dinner Roll
Yogurt Parfait
PBJ Uncrustable

TUESDAY

LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/
Marinara Sauce

STAR FAVORITES & SIGNATURE SELECTIONS

Regular or Spicy
Chicken Sandwich

COMMON CREATIONS

Cheese or
Pepperoni Pizza
Pull-Aparts

MARKET FRESH

Deli Club Wrap

PBJ Uncrustable

WEDNESDAY

LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/
Marinara Sauce

STAR FAVORITES & SIGNATURE SELECTIONS

Boneless Chicken
Wings w/
Choice of Sauce

COMMON CREATIONS

Chicken Burrito Bowl
w/ Tostitos

MARKET FRESH

Yogurt/Cheese
Stick/Muffin

PBJ Uncrustable

THURSDAY

LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/
Marinara Sauce

STAR FAVORITES & SIGNATURE SELECTIONS

Spicy or Regular
Chicken Tenders
Wrap

COMMON CREATIONS

Corn Dog

MARKET FRESH

Firecracker Salad

PBJ Uncrustable

FRIDAY

LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/
Marinara Sauce

STAR FAVORITES & SIGNATURE SELECTIONS

Hamburger or
Cheeseburger on
WG BUN

COMMON CREATIONS

Nachos Grande

MARKET FRESH

Taco Salad w/
Tostitos

PBJ Uncrustable

SIDES

Fresh Veggie Tray
w/ Dip
Corn
Mashed Potatoes

Fresh or Canned Fruit

Milk

Fresh Veggie Tray
w/ Dip
French Fries
California Blend

Fresh or Canned Fruit

Milk

Fresh Veggie Tray
w/ Dip
Broccoli w/ Cheese

Fresh or Canned Fruit

Milk

Fresh Veggie Tray
w/ Dip
Green Beans

Fresh or Canned Fruit

Milk

Fresh Veggie Tray
w/ Dip
Refried Beans w/
Cheese
French Fries

Fresh or Canned Fruit
Frozen Fruit Cup

Milk

BREAKFAST MENU

WG Muffin
Maple Waffles
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Breakfast Pizza Bagel
WG Breakfast Bar
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Cherry or Apple
Frudel
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Sausage Pancake
on a Stick
Sweet Roll
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Sausage Biscuit
Sandwich
Confetti Pancakes
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk