

# SMS Fall 2021 Menu

**Perry Township Schools follows the  
USDA Nutrition Standards for  
School Meal**

Students are offered weekly at lunch:

At least 2.5 c. fruit

At least 3.75 c. vegetables

8-12 oz. grain

8-10 oz. protein

-Low fat/skim milk offered daily

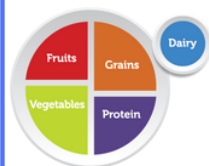
-Lunches = 550-650calories

-Must take fruit or vegetable

**Meals are FREE for the  
2021-2022 school year**

Menus subject to change

For menus, nutritional analysis, account payments, and  
balances, visit [perryschools.org](http://perryschools.org)



## MONDAY

### ALL LINES

Bosco Sticks w/  
Marinara Sauce

Oriental Chicken  
Bowl

### MARKET FRESH

Hot n Spicy Chicken  
Salad w/  
WG Dinner Roll

PBJ Uncrustable

## TUESDAY

### ALL LINES

Nachos Grande

Spicy or Regular  
Chicken Tenders  
w/ Roll

### MARKET FRESH

Taco Salad w/  
Tostitos

PBJ Uncrustable

## WEDNESDAY

### ALL LINES

Boneless Chicken  
Wings w/ Choice of  
Sauce

Regular or Hot n  
Spicy Chicken Patty  
on WG Bun

### MARKET FRESH

Yogurt/Cheese  
Stick/Muffin

PBJ Uncrustable

## THURSDAY

### ALL LINES

Hamburger or  
Cheeseburger on  
WG Bun

### MARKET FRESH

Garden Salad w/  
Breadsticks

PBJ Uncrustable

## FRIDAY

### ALL LINES

Cheese or  
Pepperoni Pizza  
Slice

Burrito Bowl w/  
Tostitos

### MARKET FRESH

Chef Salad w/  
WG Dinner Rolls

PBJ Uncrustable

## SIDES

Fresh Veggie Tray  
w/ Dip  
Steamed Broccoli

Fresh or Canned Fruit  
Milk

Fresh Veggie Tray  
w/ Dip  
Refried Beans w/  
Cheese

Fresh or Canned Fruit  
Milk

Fresh Veggie Tray  
w/ Dip  
Green Beans

Fresh or Canned Fruit  
Milk

Fresh Veggie Tray  
w/ Dip  
French Fries

Fresh or Canned Fruit  
Milk

Fresh Veggie Tray  
w/ Dip  
Corn

Fresh or Canned Fruit  
Frozen Fruit Cup  
Milk

## BREAKFAST MENU

Confetti Pancakes  
or  
Cereal  
Fresh Fruit  
Juice  
Milk

WG Breakfast Bar  
or  
Cereal  
Fresh Fruit  
Juice  
Milk

Cherry or Apple  
Frudel  
or  
Cereal  
Fresh Fruit  
Juice  
Milk

Breakfast Pizza Bagel  
or  
Cereal  
Fresh Fruit  
Juice  
Milk

Sausage Biscuit  
Sandwich  
or  
Cereal  
Fresh Fruit  
Juice  
Milk