

JWR Fall 2021 Menu

**Perry Township Schools follows the
USDA Nutrition Standards for
School Meal**

Students are offered weekly:

-At least 5 c. fruit

At least 5 c. vegetables

8-12 oz. grain

8-10 oz. protein

-Low fat/skim milk offered daily

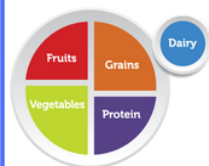
-Lunches = 550-650calories

-Must take fruit or vegetable

**Meals are FREE for the
2021-2022 school year**

Menus subject to change

For menus, nutritional analysis, account payments, and
balances, visit perryschools.org



MONDAY

Bosco Sticks
w/ Marinara
Sauce

PBJ
Uncrustable

TUESDAY

Chicken Patty
Sandwich

PBJ
Uncrustable

WEDNESDAY

Yogurt/
Cheese Stick/
Muffin

PBJ
Uncrustable

THURSDAY

Regular
Chicken Wrap

PBJ
Uncrustable

FRIDAY

Cheeseburger
or Hamburger
on WG Bun

PBJ
Uncrustable

SIDES

Corn

Fresh Fruit

Milk

Carrots

Fresh Fruit

Milk

Steamed
Broccoli

Fresh Fruit

Milk

Fresh Veggie
Tray w/ Dip

Fresh Fruit

Milk

Baked Beans

Fresh Fruit

Milk

BREAKFAST MENU

WG Muffin
Fresh Fruit
Juice
Milk

WG Breakfast
Bar
Fresh Fruit
Juice
Milk

Cherry or
Apple Frudel
Fresh Fruit
Juice
Milk

Sweet Roll
Fresh Fruit
Juice
Milk

WG Pop Tart
(2ct)
Fresh Fruit
Juice
Milk