

Preschool-PTEC Fall 2021 Menu

**Perry Township Schools follows the
USDA Nutrition Standards for
School Meal**

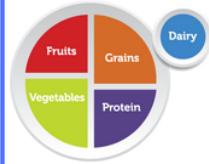
*-Unflavored skim/low-fat milk daily
-Must take fruit or vegetable*

Students are offered weekly at lunch:
At least 1.25 c. fruit
At least 1.25 c. vegetables
At least 2.5 oz. grain
At least 7.5 oz. protein

**Meals are FREE for the
2021-2022 school year**

Menus subject to change

*For menus, nutritional analysis, account payments, and
balances, visit perryschools.org*



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

Chicken Smackers
Baked Beans
Fruit/Fresh Fruit
Unflavored Milk

Yogurt/Cheese
Stick/ Muffin
Cooked Carrots
Fruit/Fresh Fruit
Unflavored Milk

Egg, Sausage
Patty, & Biscuit
Green Beans
Fruit/Fresh Fruit
Unflavored Milk

Hamburger/
Cheeseburger
Potato Smiles
Fruit/Fresh Fruit
Unflavored Milk

Pizza Pull-Aparts
Broccoli w/
Cheese
Fruit/Fresh Fruit
Unflavored Milk

WEEK 2

Bosco Sticks w/
Marinara
Mixed Vegetables
Fruit/Fresh Fruit
Unflavored Milk

Beef Soft Taco
Cooked Carrots
Fruit/Fresh Fruit
Unflavored Milk

Macaroni &
Cheese
Green Beans
Fruit/Fresh Fruit
Unflavored Milk

Chicken Patty
Sandwich
Baked Beans
Fruit/Fresh Fruit
Unflavored Milk

Pizza Slice
Broccoli w/
Cheese
Fruit/Fresh Fruit
Unflavored Milk

WEEK 3

Popcorn Chicken
Baked Beans
Fruit/Fresh Fruit
Unflavored Milk

Calzone
Cooked Carrots
Fruit/Fresh Fruit
Unflavored Milk

Chicken Tenders
w/ Roll
Green Beans
Fruit/Fresh Fruit
Unflavored Milk

Cheese Omelet
w/ WG Waffles
Seasoned Potatoes
Fruit/Fresh Fruit
Unflavored Milk

4x6 Pizza
Broccoli w/
Cheese
Fruit/Fresh Fruit
Unflavored Milk

TWO WEEK BREAKFAST MENU

WEEK 1

WG Muffin
Fresh Fruit
Unflavored Milk

Mini Cinni
Fresh Fruit
Unflavored Milk

Mini Confetti
Pancakes
Fresh Fruit
Unflavored Milk

Pancake Sausage
on Stick
Fresh Fruit
Unflavored Milk

Cereal
Fresh Fruit
Unflavored Milk

WEEK 2

Yogurt
Fresh Fruit
Unflavored Milk

Breakfast Pizza
Bagel
Fresh Fruit
Unflavored Milk

WG Mini Waffles
Fresh Fruit
Unflavored Milk

WG Muffin
Fresh Fruit
Unflavored Milk

UBR Bar
Fresh Fruit
Unflavored Milk

AUG 2021

SEPT 2021

OCT 2021

NOV 2021

DEC 2021

M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F
2	3	4	5	6			1	2	3					1	1	2	3	4	5					
9	10	11	12	13	6	7	8	9	10	4	5	6	7	8	8	9	10	11	12	6	7	8	9	10
16	17	18	19	20	13	14	15	16	17	11	12	13	14	15	15	16	17	18	19	13	14	15	16	17
23	24	25	26	27	20	21	22	23	24	18	19	20	21	22	22	23	24	25	26	20	21	22	23	24
30	31				27	28	29	30	25	26	27	28	29	29	30				27	28	29	30	31	

July 26-30 will start on Week 1 Lunch & Breakfast



*This institution is an equal opportunity provider.
Menu subject to change.*