

SHS Fall 2021 Menu

**Perry Township Schools follows the
USDA Nutrition Standards for
School Meal**

Students are offered weekly at lunch:

At least 5 c. fruit

At least 5 c. vegetables

8-12 oz. grain

8-10 oz. protein

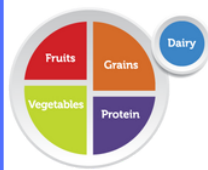
-Low fat/skim milk offered daily

-Lunches = 550-650calories

-Must take fruit or vegetable

**Meals are FREE for the
2021-2022 school year**

*For menus, nutritional analysis, account payments, and
balances, visit perryschools.org*



MONDAY

LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/
Marinara Sauce

STAR FAVORITES & SIGNATURE SELECTIONS

Chicken Smackers
w/ Dinner Roll

COMMON CREATIONS

Mac n Cheese w/
WG Dinner Roll

MARKET FRESH

Pizza Munchable
Yogurt Parfait
PBJ Uncrustable

TUESDAY

LA PIZZERIA

Smart Mouth Pizza

Stuffed Pretzel
Sticks w/ Cheese

STAR FAVORITES & SIGNATURE SELECTIONS

Regular or Spicy
Chicken Sandwich

COMMON CREATIONS

Chicken & Cheese
Quesadilla

MARKET FRESH

Deli Club Wrap
Yogurt Parfait
PBJ Uncrustable

WEDNESDAY

LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/
Marinara Sauce

STAR FAVORITES & SIGNATURE SELECTIONS

Boneless Chicken
Wings w/
Choice of Sauce

COMMON CREATIONS

Tortilla Soup w/
Tostitos

MARKET FRESH

Popcorn Chicken Salad
w/ WG Dinner Roll
Yogurt/Cheese
Stick/Muffin
PBJ Uncrustable

THURSDAY

LA PIZZERIA

Smart Mouth Pizza

Stuffed Pretzel
Sticks w/ Cheese

STAR FAVORITES & SIGNATURE SELECTIONS

Biscuit Sticks w/
Gravy

COMMON CREATIONS

Spicy or Regular
Chicken Tenders
Wrap

MARKET FRESH

Firecracker Salad
Yogurt/Cheese
Stick/Muffin
PBJ Uncrustable

FRIDAY

LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/
Marinara Sauce

STAR FAVORITES & SIGNATURE SELECTIONS

Hamburger or
Cheeseburger on
WG BUN

COMMON CREATIONS

Nachos Grande

MARKET FRESH

Taco Salad w/
Tostitos
Yogurt/Cheese
Stick/Muffin
PBJ Uncrustable

SIDES

Fresh Veggie Tray
w/ Dip
Corn
Mashed Potatoes

Fresh or Canned Fruit
Milk

Fresh Veggie Tray
w/ Dip
Potato Smiles
California Blend

Fresh or Canned Fruit
Milk

Fresh Veggie Tray
w/ Dip
Broccoli w/ Cheese

Fresh or Canned Fruit
Milk

Fresh Veggie Tray
w/ Dip
Seasoned Potatoes

Fresh or Canned Fruit
Milk

Fresh Veggie Tray
w/ Dip
Refried Beans w/
Cheese
California Blend

Fresh or Canned Fruit
Frozen Fruit Cup
Milk

BREAKFAST MENU

WG Muffin
Maple Waffles
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Breakfast Pizza Bagel
WG Breakfast Bar
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Sausage Pancake
on a Stick
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Sausage Biscuit
Sandwich
Sweet Roll
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Cherry or Apple
Frudel
Confetti Pancakes
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk