

SMS Fall 2021 Menu

**Perry Township Schools follows the
USDA Nutrition Standards for
School Meal**

Students are offered weekly at lunch:

At least 2.5 c. fruit

At least 3.75 c. vegetables

8-12 oz. grain

8-10 oz. protein

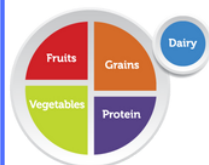
-Low fat/skim milk offered daily

-Lunches = 550-650calories

-Must take fruit or vegetable

**Meals are FREE for the
2021-2022 school year**

For menus, nutritional analysis, account payments, and
balances, visit perryschools.org



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL LINES	ALL LINES	ALL LINES	ALL LINES	ALL LINES
Bosco Sticks w/ Marinara Sauce	Nachos Grande	Boneless Chicken Wings w/ Choice of Sauce	Hamburger or Cheeseburger on WG Bun	Cheese or Pepperoni Pizza Slice
Oriental Chicken Bowl	Spicy or Regular Chicken Tenders w/ Roll	Regular or Hot n Spicy Chicken Patty on WG Bun		Tortilla Soup w/ Tostitos
MARKET FRESH	MARKET FRESH	MARKET FRESH	MARKET FRESH	MARKET FRESH
Hot n Spicy Chicken Salad w/ WG Dinner Roll	Taco Salad w/ Tostitos	Yogurt/Cheese Stick/Muffin	Garden Salad w/ Breadsticks	Chef Salad w/ WG Dinner Rolls
PBJ Uncrustable	PBJ Uncrustable	PBJ Uncrustable	PBJ Uncrustable	PBJ Uncrustable

SIDES				
Fresh Veggie Tray w/ Dip	Fresh Veggie Tray w/ Dip	Fresh Veggie Tray w/ Dip	Fresh Veggie Tray w/ Dip	Fresh Veggie Tray w/ Dip
Steamed Broccoli	Refried Beans w/ Cheese	Green Beans	French Fries	Corn
Fresh or Canned Fruit	Fresh or Canned Fruit	Fresh or Canned Fruit	Fresh or Canned Fruit	Fresh or Canned Fruit
Milk	Milk	Milk	Milk	Frozen Fruit Cup

BREAKFAST MENU				
Confetti Pancakes or Cereal	WG Breakfast Bar or Cereal	Cherry or Apple Frudel or Cereal	Breakfast Pizza Bagel or Cereal	Sausage Biscuit Sandwich or Cereal
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk