

S6th Grade Academy Winter 2022 Menu

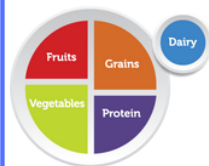
**Perry Township Schools follows the
USDA Nutrition Standards for School
Meal**

-Low fat/skim milk offered daily
-Lunches = 550-650calories
-Must take fruit or vegetable

Students are offered weekly at lunch:
At least 2.5 c. fruit
At least 3.75 c. vegetables
8-12 oz. grain
8-10 oz. protein

**Meals are FREE for the
2021-2022 school year**

*For menus, nutritional analysis, account payments, and balances,
visit perryschools.org*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LA PIZZERIA Bosco Sticks w/ Marinara Sauce	LA PIZZERIA Cheese or Pepperoni Pizza Slice	LA PIZZERIA Spaghetti w/ Garlic Toast	LA PIZZERIA Cheese or Pepperoni Pizza Pull-Aparts	LA PIZZERIA Cheese or Pepperoni 5" Pizza Round
STAR FAVORITES Regular or Hot n Spicy Chicken Sandwich	STAR FAVORITES Hamburger or Cheeseburger on WG BUN	STAR FAVORITES BBQ Rib Sandwich	STAR FAVORITES Mac n Cheese w/ WG Dinner Roll	STAR FAVORITES Chicken Drumstick w/ Biscuit
COMMON CREATIONS Nachos Grande	COMMON CREATIONS Corn Dog	COMMON CREATIONS Chicken Smackers w/ WG Dinner Roll	COMMON CREATIONS Boneless Chicken Wings w/ Choice of Sauce	COMMON CREATIONS Hot Italian Sub
MARKET FRESH Taco Salad w/ Tostitos Turkey & Cheese Sub PBJ Uncrustable	MARKET FRESH Oriental Chicken Salad Yogurt/Cheese Stick/Muffin PBJ Uncrustable	MARKET FRESH Popcorn Chicken Salad w/ WG Dinner Roll PBJ Uncrustable	MARKET FRESH Yogurt Parfait Ham & Cheese Sub PBJ Uncrustable	MARKET FRESH Hot n Spicy Chicken Salad w/ WG Dinner Roll Deli Wrap PBJ Uncrustable

SIDES

Fresh Veggie Tray w/ Dip Green Beans Refried Beans w/ Cheese Fresh or Canned Fruit Milk	Fresh Veggie Tray w/ Dip Broccoli French Fries Fresh or Canned Fruit Milk	Fresh Veggie Tray w/ Dip Mashed Potatoes w/ Gravy Fresh or Canned Fruit Milk	Fresh Veggie Tray w/ Dip Baby Carrots Broccoli w/ Cheese Fresh or Canned Fruit Milk	Fresh Veggie Tray w/ Dip Corn Fresh or Canned Fruit Frozen Fruit Cup Milk
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BREAKFAST MENU

WEEK 1

Blueberry Lemon Bar Fresh Fruit Juice Milk	Sausage Biscuit Sandwich Fresh Fruit Juice Milk	Donut Holes Fresh Fruit Juice Milk	WG Muffin Fresh Fruit Juice Milk	Cherry or Apple Frudel Fresh Fruit Juice Milk
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WEEK 2

WG Pop Tart (2ct) Fresh Fruit Juice Milk	Sausage Pancake on Stick Fresh Fruit Juice Milk	Mini Cinni Fresh Fruit Juice Milk	WG Breakfast Bar Fresh Fruit Juice Milk	WG Waffle Fresh Fruit Juice Milk
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BREAKFAST ROTATION

JAN 2022					FEB 2022					MAR 2022					APR 2022					MAY 2022									
M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F					
3	4	5	6	7	1	2	3	4		1	2	3	4						1	2	3	4	5	6					
10	11	12	13	14	7	8	9	10	11	7	8	9	10	11	4	5	6	7	8	9	10	11	12	13					
17	18	19	20	21	14	15	16	17	18	14	15	16	17	18	11	12	13	14	15	16	17	18	19	20					
24	25	26	27	28	21	22	23	24	25	21	22	23	24	25	18	19	20	21	22	23	24	25	26	27					
31					28					28	29	30	31		25	26	27	28	29	30	31								

*Menus subject
to change.*

*This institution is
an equal
opportunity
provider.*