

# Paradigm

## 24/7 Nurse Triage

Required for all Workplace  
Injuries and Illnesses

**CALL**  
**844-454-1143**

Our nurses can assist with:

- Providing general guidance including home care remedies after you sustain an injury
- If needed, finding a medical facility near your job site and/or home or connect you with a telemedicine provider
- Coordinating a modified work program with your physician
- Obtaining a return to work document for your supervisor
- Assisting you in finding appropriate medical care
- Ensure appropriate documentation of your injury, including First Report of Injury (FROI)

**In case of emergency,  
Dial 911**

