

# Elementary Spring 2022 Menu

**Perry Township Schools follows the  
USDA Nutrition Standards for  
School Meal**

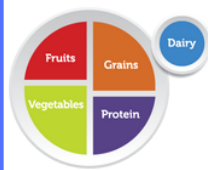
Students are offered weekly at lunch:

At least 2.5 c. fruit  
At least 3.75 c. vegetables  
8-12 oz. grain  
8-10 oz. protein

-Low fat/skim milk offered daily  
-Lunches = 550-650calories  
-Must take fruit or vegetable

**Meals are FREE for the  
2021-2022 school year**

For menus, nutritional analysis, account payments, and  
balances, visit [perryschools.org](http://perryschools.org)



## MONDAY

Chicken Smackers  
w/ Dinner Roll  
Pepperoni Pizza  
Munchable  
PBJ Uncrustable  
Mashed Potatoes  
Fruit/Fresh Fruit  
Milk

## TUESDAY

Beef Nachos w/  
Tortilla Chips  
Yogurt / Cheese Stick /  
Muffin  
PBJ Uncrustable  
Corn or Refried Beans  
w/ Cheese  
Fruit/Fresh Fruit  
Milk

## WEDNESDAY

Sausage Egg and Cheese  
on Biscuit  
Taco Salad w/  
Tortilla Chips  
PBJ Uncrustable  
Baby Carrots w/ Dip  
Fruit/Fresh Fruit  
Milk

## THURSDAY

Hamburger/  
Cheeseburger  
Hot n Spicy Chicken  
Salad w/ Dinner Roll  
PBJ Uncrustable  
Potato Smiles  
Fruit/Fresh Fruit  
Milk

## FRIDAY

Pizza Pull-Aparts  
Soft Pretzel w/ Cheese  
PBJ Uncrustable  
Broccoli  
Fruit/Fresh Fruit/Juice  
Milk

Bosco Sticks w/  
Marinara  
Pepperoni Pizza  
Munchable  
PBJ Uncrustable  
Corn  
Fruit/Fresh Fruit  
Milk

Pork Tenderloin  
on WG Bun  
Yogurt/ Cheese Stick/  
Muffin  
PBJ Uncrustable  
Baked Beans  
Fruit/Fresh Fruit  
Milk

Spaghetti w/  
Dinner Roll  
Taco Salad w/  
Tortilla Chips  
PBJ Uncrustable  
Green Beans  
Fruit/Fresh Fruit  
Milk

Orange Chicken Rice  
Bowl w/ Dinner Roll  
Hot n Spicy Chicken  
Salad w/ Dinner Roll  
PBJ Uncrustable  
Broccoli  
Fruit/Fresh Fruit  
Milk

Pizza Slice  
Soft Pretzel w/ Cheese  
PBJ Uncrustable  
Baby Carrots  
Fruit/Fresh Fruit/Juice  
Milk

Chicken Tenders w/  
WG Dinner Roll  
Pepperoni Pizza  
Munchable  
PBJ Uncrustable  
Green Beans  
Fruit/Fresh Fruit  
Milk

Grilled Cheese Sandwich  
Yogurt / Cheese Stick /  
Muffin  
PBJ Uncrustable  
Baby Carrots w/ Dip  
Fruit/Fresh Fruit  
Milk

Hot Dog on WG Bun  
Taco Salad w/  
Tortilla Chips  
PBJ Uncrustable  
Baked Beans  
Fruit/Fresh Fruit  
Milk

Cheese Omelet  
w/ Cinnamon Roll  
Hot n Spicy Chicken  
Salad w/ Dinner Roll  
PBJ Uncrustable  
Seasoned Potatoes  
Fruit/Fresh Fruit  
Milk

4x6 Pizza  
Soft Pretzel w/ Cheese  
PBJ Uncrustable  
Broccoli  
Fruit/Fresh Fruit/Juice  
Milk

## TWO WEEK BREAKFAST MENU

Blueberry Lemon Bar  
Fresh Fruit  
Juice  
Milk

UBR Bar  
Fresh Fruit  
Juice  
Milk

Donut Holes  
Fresh Fruit  
Juice  
Milk

WG Muffin  
Fresh Fruit  
Juice  
Milk

Sausage Egg & Cheese  
Breakfast Pocket  
Fresh Fruit  
Juice  
Milk

WG Pop Tart  
Fresh Fruit  
Juice  
Milk

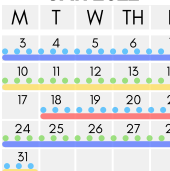
Sausage Pancake  
on a Stick  
Fresh Fruit  
Juice  
Milk

WG Muffin  
Fresh Fruit  
Juice  
Milk

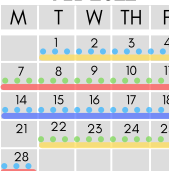
Cinnamon Toast  
Crunch Bread  
Fresh Fruit  
Juice  
Milk

WG Waffle  
Fresh Fruit  
Juice  
Milk

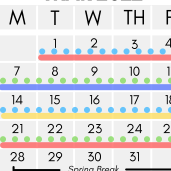
### JAN 2022



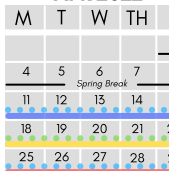
### FEB 2022



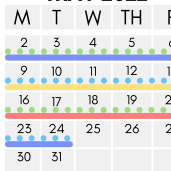
### MAR 2022



### APR 2022



### MAY 2022



••• breakfast      — lunch

This institution is an equal opportunity provider.  
Menus subject to change.