

# JWR Spring 2022 Menu

**Perry Township Schools follows the  
USDA Nutrition Standards for  
School Meal**

Students are offered weekly:

-At least 5 c. fruit

At least 5 c. vegetables

8-12 oz. grain

8-10 oz. protein

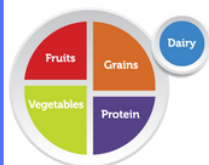
-Low fat/skim milk offered daily

-Lunches = 550-650 calories

-Must take fruit or vegetable

**Meals are FREE for the  
2021-2022 school year**

For menus, nutritional analysis, account payments, and  
balances, visit [perryschools.org](http://perryschools.org)



## MONDAY

Bosco Sticks  
w/ Marinara  
Sauce

PBJ  
Uncrustable

## TUESDAY

Chicken Patty  
Sandwich

PBJ  
Uncrustable

## WEDNESDAY

Popcorn  
Chicken w/  
WG Dinner  
Roll

PBJ  
Uncrustable

## THURSDAY

Regular  
Chicken Wrap

PBJ  
Uncrustable

## FRIDAY

Cheeseburger  
or Hamburger  
on WG Bun

PBJ  
Uncrustable

## SIDES

Fresh Veggie  
Tray w/ Dip  
Green Beans  
Fresh Fruit  
Milk

Fresh Veggie  
Tray w/ Dip  
Tater Tots  
Fresh Fruit  
Milk

Fresh Veggie  
Tray w/ Dip  
Steamed  
Corn  
Fresh Fruit  
Milk

Fresh Veggie  
Tray w/ Dip  
Broccoli  
Fresh Fruit  
Milk

Fresh Veggie  
Tray w/ Dip  
Baked Beans  
Fresh Fruit  
Milk

## BREAKFAST MENU

WG Muffin  
Fresh Fruit  
Juice  
Milk

Blueberry  
Lemon Bar  
Fresh Fruit  
Juice  
Milk

WG Pop Tart  
(2ct)  
Fresh Fruit  
Juice  
Milk

Sweet Roll  
Fresh Fruit  
Juice  
Milk

Donut Holes  
Fresh Fruit  
Juice  
Milk