

# Kindergarten Spring 2022 Menu

**Perry Township Schools follows the  
USDA Nutrition Standards for  
School Meal**

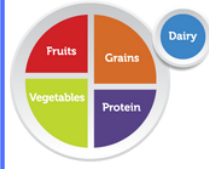
Students are offered weekly at lunch:

- At least 2.5 c. fruit
- At least 3.75 c. vegetables
- 8-12 oz. grain
- 8-10 oz. protein

- Low fat/skim milk offered daily
- Lunches = 550-650calories
- Must take fruit or vegetable

**Meals are FREE for the  
2021-2022 school year**

For menus, nutritional analysis, account payments, and balances, visit [perryschools.org](http://perryschools.org)



WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Smackers w/ WG Dinner Roll PBJ Uncrustable w/ Cheese Stick/Grahams Mashed Potatoes Fruit/Fresh Fruit Milk	Beef Nachos w/ Tortilla Chips PBJ Uncrustable w/ Cheese Stick/Grahams Corn or Refried Beans w/ Cheese Fruit/Fresh Fruit Milk	Mac n Cheese w/ WG Dinner Roll PBJ Uncrustable w/ Cheese Stick/Grahams Baby Carrots w/ Dip Fruit/Fresh Fruit Milk	Hamburger/ Cheeseburger PBJ Uncrustable w/ Cheese Stick/Grahams Green Beans Fruit/Fresh Fruit Milk	Pizza Pull-Aparts PBJ Uncrustable w/ Cheese Stick/Grahams Broccoli Fruit/Fresh Fruit/Juice Milk

WEEK 2

Bosco Sticks w/ Marinara PBJ Uncrustable w/ Cheese Stick/Grahams Green Beans Fruit/Fresh Fruit Milk	Hot Dog w/ Bun PBJ Uncrustable w/ Cheese Stick/Grahams Baked Beans Fruit/Fresh Fruit Milk	Sausage Egg and Cheese on Biscuit PBJ Uncrustable w/ Cheese Stick/Grahams Seasoned Potatoes Fruit/Fresh Fruit Milk	Soft Pretzel w/ Cheese PBJ Uncrustable w/ Cheese Stick/Grahams Baby Carrots w/ Dip Fruit/Fresh Fruit Milk	Pizza Slice PBJ Uncrustable w/ Cheese Stick/Grahams Broccoli Fruit/Fresh Fruit/Juice Milk
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WEEK 3

Chicken Tenders w/ WG Dinner Roll PBJ Uncrustable w/ Cheese Stick/Grahams Green Beans Fruit/Fresh Fruit Milk	Mini Corn Dogs PBJ Uncrustable w/ Cheese Stick/Grahams Baked Beans Fruit/Fresh Fruit Milk	Yogurt/Cheese Stick/Muffin PBJ Uncrustable w/ Cheese Stick/Grahams Baby Carrots w/ Dip Fruit/Fresh Fruit Milk	Cheese Omelet w/ Cinnamon Roll PBJ Uncrustable w/ Cheese Stick/Grahams Seasoned Potatoes Fruit/Fresh Fruit Milk	4x6 Pizza PBJ Uncrustable w/ Cheese Stick/Grahams Broccoli Fruit/Fresh Fruit/Juice Milk
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## TWO WEEK BREAKFAST MENU

WEEK 1

Blueberry Lemon Bar Fresh Fruit Juice Milk	Donut Holes Fresh Fruit Juice Milk	Sausage Egg & Cheese Breakfast Pocket Fresh Fruit Juice Milk	WG Muffin Fresh Fruit Juice Milk	Cereal Bar Fresh Fruit Juice Milk
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WEEK 2

WG Pop Tart Fresh Fruit Juice Milk	Sausage Pancake on a Stick Fresh Fruit Juice Milk	Cinnamon Toast Crunch Bread Fresh Fruit Juice Milk	UBR Bar Fresh Fruit Juice Milk	WG Waffle Fresh Fruit Juice Milk
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••• breakfast      — lunch

This institution is an equal opportunity provider.  
Menus subject to change.