

Preschool-PTEC Spring 2022 Menu

**Perry Township Schools follows the
USDA Nutrition Standards for
School Meal**

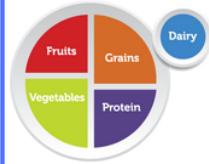
-Unflavored skim/low-fat milk daily
-Must take fruit or vegetable

Students are offered weekly at lunch:

- At least 1.25 c. fruit
- At least 1.25 c. vegetables
- At least 2.5 oz. grain
- At least 7.5 oz. protein

**Meals are FREE for the
2021-2022 school year**

For menus, nutritional analysis, account payments, and balances, visit perryschools.org



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Chicken Smackers Baked Beans Fruit/Fresh Fruit Unflavored Milk	Yogurt/Cheese Stick/ Muffin Cooked Carrots Fruit/Fresh Fruit Unflavored Milk	Egg, Sausage Patty, & Biscuit Green Beans Fruit/Fresh Fruit Unflavored Milk	Hamburger/ Cheeseburger Potato Smiles Fruit/Fresh Fruit Unflavored Milk	Pizza Pull-Aparts Broccoli w/ Cheese Fruit/Fresh Fruit Unflavored Milk
WEEK 2	Bosco Sticks w/ Marinara Mixed Vegetables Fruit/Fresh Fruit Unflavored Milk	Beef Soft Taco Cooked Carrots Fruit/Fresh Fruit Unflavored Milk	Macaroni & Cheese Green Beans Fruit/Fresh Fruit Unflavored Milk	Chicken Patty Sandwich Baked Beans Fruit/Fresh Fruit Unflavored Milk	Pizza Slice Broccoli w/ Cheese Fruit/Fresh Fruit Unflavored Milk
WEEK 3	Popcorn Chicken Baked Beans Fruit/Fresh Fruit Unflavored Milk	Grilled Cheese Sandwich Cooked Carrots Fruit/Fresh Fruit Unflavored Milk	Chicken Tenders w/ Roll Green Beans Fruit/Fresh Fruit Unflavored Milk	Cheese Omelet w/ WG Waffles Seasoned Potatoes Fruit/Fresh Fruit Unflavored Milk	4x6 Pizza Broccoli w/ Cheese Fruit/Fresh Fruit Unflavored Milk

TWO WEEK BREAKFAST MENU

WEEK 1	Blueberry Lemon Bar Fresh Fruit Unflavored Milk	UBR Bar Fresh Fruit Unflavored Milk	Donut Holes Fresh Fruit Unflavored Milk	WG Muffin Fresh Fruit Unflavored Milk	Cereal Fresh Fruit Unflavored Milk
WEEK 2	Yogurt Fresh Fruit Unflavored Milk	Sausage Pancake on a Stick Fresh Fruit Unflavored Milk	Mini Cinni Fresh Fruit Unflavored Milk	WG Muffin Fresh Fruit Unflavored Milk	WG Waffle Fresh Fruit Unflavored Milk

JAN 2022					FEB 2022					MAR 2022					APR 2022					MAY 2022				
M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F
3	4	5	6	7	1	2	3	4		1	2	3	4						1	2	3	4	5	6
10	11	12	13	14	7	8	9	10	11	7	8	9	10	11	4	5	6	7	8	9	10	11	12	13
17	18	19	20	21	14	15	16	17	18	14	15	16	17	18	11	12	13	14	15	16	17	18	19	20
24	25	26	27	28	21	22	23	24	25	21	22	23	24	25	18	19	20	21	22	23	24	25	26	27
31					28					28	29	30	31	25	26	27	28	29	30	31				

••• breakfast — lunch

This institution is an equal opportunity provider.
Menus subject to change.