

SHS Spring 2022 Menu

**Perry Township Schools follows the
USDA Nutrition Standards for
School Meal**

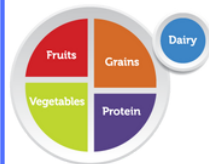
*-Low fat/skim milk offered daily
-Lunches = 550-650calories
-Must take fruit or vegetable*

Students are offered weekly at lunch:

*At least 5 c. fruit
At least 5 c. vegetables
8-12 oz. grain
8-10 oz. protein*

**Meals are FREE for the
2021-2022 school year**

*For menus, nutritional analysis, account payments, and
balances, visit perryschools.org*



MONDAY

LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/
Marinara Sauce

STAR FAVORITES & SIGNATURE SELECTIONS

Chicken Drumstick
w/ Mac n Cheese
and Biscuit

COMMON CREATIONS

Spaghetti w/ Meat
Sauce and Roll

MARKET FRESH

Garden Salad w/
WG Dinner Rolls
Yogurt/Cheese
Stick/Muffin
Deli Club Wrap
Chili w/ Cornbread
+ Crackers
PBJ Uncrustable

TUESDAY

LA PIZZERIA

Smart Mouth Pizza

Soft Pretzel w/
Cheese

STAR FAVORITES & SIGNATURE SELECTIONS

Regular or Spicy
Chicken Sandwich

COMMON CREATIONS

Biscuit w/ Gravy

MARKET FRESH

Pasta Salad
Yogurt Parfait
Turkey & Ham Sub
Chili w/ Cornbread
+ Crackers
PBJ Uncrustable

WEDNESDAY

LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/
Marinara Sauce

STAR FAVORITES & SIGNATURE SELECTIONS

Popcorn Chicken
Bowl w/ WG Dinner
Roll

COMMON CREATIONS

Nachos Grande

MARKET FRESH

Popcorn Chicken
Salad w/
WG Dinner Roll
Yogurt/Cheese
Stick/Muffin
Hot Ham & Cheese
Ham & Bean Soup
w/ WG Dinner Roll
PBJ Uncrustable

THURSDAY

LA PIZZERIA

Smart Mouth Pizza

Pizza Sub
Sandwich

STAR FAVORITES & SIGNATURE SELECTIONS

Spicy or Regular
Chicken Tenders
Wrap

COMMON CREATIONS

Sweet & Sour
Chicken w/ Rice

MARKET FRESH

Firecracker Salad
w/ WG Dinner Roll
Yogurt Parfait
Hot Italian Sub
Loaded Potato Soup
w/ WG Dinner Roll
PBJ Uncrustable

FRIDAY

LA PIZZERIA

Smart Mouth Pizza

Bosco Sticks w/
Marinara Sauce

STAR FAVORITES & SIGNATURE SELECTIONS

Hamburger or
Cheeseburger on
WG Bun

COMMON CREATIONS

Pork Tenderloin
Sandwich

MARKET FRESH

Chef Salad w/
WG Dinner Roll
Yogurt/Cheese
Stick/Muffin
Ham Cheddar
Apple Quesadilla
Loaded Potato
Soup w/ WG
Dinner Roll
PBJ Uncrustable

SIDES

Green Beans
Carrots w/ Dip
Fresh or Canned Fruit
Milk

Tater Tots
Carrots w/ Dip
Fresh or Canned Fruit
Milk

Refried Beans
Corn
Carrots w/ Dip
Fresh or Canned Fruit
Milk

Broccoli
Carrots w/ Dip
Fresh or Canned Fruit
Milk

French Fries
Carrots w/ Dip
Fresh or Canned Fruit
Frozen Fruit Cup
Milk

BREAKFAST MENU

WG Muffin
WG Waffles
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Sausage Biscuit
Sandwich
Sweet Roll
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Sausage Pancake
on a Stick
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Blueberry Lemon Bar
WG Breakfast Bar
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk

Cherry or Apple
Fruel
Donut Holes
WG Pop Tart (2ct)
Cereal Bowl
Fresh Fruit
Juice
Milk