

SMS Spring 2022 Menu

**Perry Township Schools follows the
USDA Nutrition Standards for
School Meal**

Students are offered weekly at lunch:

At least 2.5 c. fruit

At least 3.75 c. vegetables

8-12 oz. grain

8-10 oz. protein

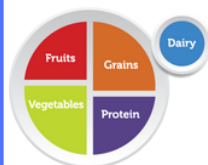
-Low fat/skim milk offered daily

-Lunches = 550-650calories

-Must take fruit or vegetable

**Meals are FREE for the
2021-2022 school year**

For menus, nutritional analysis, account payments, and
balances, visit perryschools.org



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL LINES	ALL LINES	ALL LINES	ALL LINES	ALL LINES
Pork Tenderloin on WG Bun	Nachos Grande	Bosco Sticks w/ Marinara Sauce	Hamburger or Cheeseburger on WG Bun	Cheese or Pepperoni Pizza Slice
Oriental Chicken Bowl	Spicy or Regular Chicken Tenders w/ Roll	Regular or Hot n Spicy Chicken Patty on WG Bun		Boneless Chicken Wings w/ Sauces
MARKET FRESH	MARKET FRESH	MARKET FRESH	MARKET FRESH	MARKET FRESH
Hot n Spicy Chicken Salad w/ WG Dinner Roll	Taco Salad w/ Tostitos	Yogurt/Cheese Stick/Muffin	Garden Salad w/ Breadsticks	Chef Salad w/ WG Dinner Rolls
PBJ Uncrustable	PBJ Uncrustable	PBJ Uncrustable	PBJ Uncrustable	PBJ Uncrustable

SIDES				
Fresh Veggie Tray w/ Dip Steamed Broccoli	Fresh Veggie Tray w/ Dip Refried Beans w/ Cheese	Fresh Veggie Tray w/ Dip Green Beans	Fresh Veggie Tray w/ Dip French Fries	Fresh Veggie Tray w/ Dip Corn
Fresh or Canned Fruit Milk	Fresh or Canned Fruit Milk	Fresh or Canned Fruit Milk	Fresh or Canned Fruit Milk	Fresh or Canned Fruit Frozen Fruit Cup Milk

BREAKFAST MENU				
Donut Holes or Cereal Fresh Fruit Juice Milk	Sausage Egg & Cheese Breakfast Pocket or Cereal Fresh Fruit Juice Milk	WG Waffle or Cereal Fresh Fruit Juice Milk	Pancake Sausage on a Stick or Cereal Fresh Fruit Juice Milk	Sausage Biscuit or Cereal Fresh Fruit Juice Milk