

# P6th Grade Academy 2023 Quarter 4 Menu

**Perry Township Schools follows the  
USDA Nutrition Standards for School  
Meals**

Students are offered weekly at lunch:

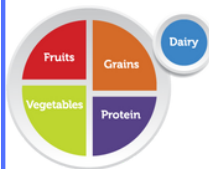
At least 2.5 c. fruit  
At least 3.75 c. vegetables  
8-12 oz. grain  
8-10 oz. protein

-Low fat/skim milk offered daily  
-Lunches = 550-650 calories  
-Must take fruit or vegetable at lunch

Students are offered a balance of **dark green, red/orange, starchy, beans/legumes and other vegetables** each week.

WG= Whole Grain

**For menus, nutritional analysis, account payments, and balances, visit [perryschools.org](http://perryschools.org)**



## MONDAY

### LA PIZZERIA

Bosco Sticks with  
Marinara Sauce

### STAR FAVORITES

Regular or Hot 'n Spicy  
Chicken Sandwich on  
WG Bun

### COMMON CREATIONS

Nachos Grande with  
Tortilla Chips

### MARKET FRESH

Garden Salad with  
WG Dinner Rolls  
Turkey & Cheese  
Sub  
PBJ Uncrustable

## TUESDAY

### LA PIZZERIA

Cheese or  
Pepperoni Pizza  
Slice

### STAR FAVORITES

Hamburger or  
Cheeseburger on  
WG Bun

### COMMON CREATIONS

Spicy Chicken  
Tender Wrap

### MARKET FRESH

Yogurt with Cheese  
Stick & Muffin  
PBJ Uncrustable

## WEDNESDAY

### STAR FAVORITES

Jumbo Corn Dog

### COMMON CREATIONS

Chicken Smackers  
with WG Dinner Roll

### MARKET FRESH

Popcorn Chicken  
Salad with  
WG Dinner Roll  
PBJ Uncrustable

## THURSDAY

### LA PIZZERIA

Pasta Bar with Meat  
Sauce or Alfredo  
and Garlic Toast

### STAR FAVORITES

BBQ Rib Sandwich

### COMMON

**CREATIONS**  
Boneless Chicken  
Wings with  
Choice of Sauce  
with Dinner Roll

### MARKET FRESH

Yogurt Parfait  
Ham & Cheese Sub  
PBJ Uncrustable

## FRIDAY

### LA PIZZERIA

Cheese or  
Pepperoni  
5" Pizza Round

### STAR FAVORITES

Teriyaki Chicken and  
Vegetable WG  
Dumplings

### COMMON CREATIONS

French Toast Sticks  
with  
Eggstravaganza

### MARKET FRESH

Hot 'n Spicy  
Chicken Salad with  
WG Dinner Roll  
Deli Wrap  
PBJ Uncrustable

## SIDES

Fresh Veggie Tray  
with Dip  
Corn  
Refried Beans  
with Cheese  
Fresh or Canned  
Fruit  
Milk

Fresh Veggie Tray  
with Dip  
Baked Beans  
Tater Tots  
Fresh or Canned  
Fruit  
Milk

Fresh Veggie Tray  
with Dip  
Mashed Potatoes  
with Gravy  
Green Beans  
Fresh or Canned  
Fruit  
Milk

Fresh Veggie Tray  
with Dip  
Baby Carrots  
Broccoli with  
Cheese  
Fresh or Canned  
Fruit  
Milk

Fresh Veggie Tray  
with Dip  
Asian Vegetable  
Blend  
Corn  
Fresh or Canned  
Fruit  
Frozen Fruit Cup  
Milk

## BREAKFAST MENU

Cinnamon Toast  
Crunch Bread  
or  
WG Pop Tart (2ct)  
Fresh Fruit  
Juice  
Milk

Eggo Mini's  
(Cook's Choice)  
or  
Nature Valley or UBR  
Breakfast Round  
Fresh Fruit  
Juice  
Milk

Albie's Breakfast Pocket  
or  
Otis Spunkmeyer WG  
Muffin  
Fresh Fruit  
Juice  
Milk

Sausage Pancake  
on a Stick  
or  
WG Breakfast Bar  
Fresh Fruit  
Juice  
Milk

WG Breakfast Burritos  
or  
J&J Bars  
Fresh Fruit  
Juice  
Milk

*Menus subject to change.*

*This institution is an equal opportunity provider.*