



6TH GRADE ACADEMY LUNCH MENU

FALL 2023 SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	La Pizzeria	Bosco Sticks with Marinara Sauce	Cheese or Pepperoni Pizza Slice	Cheese or Pepperoni Pizza Pull-Aparts	Pasta Bar with Meat Sauce, Marinara, or Alfredo and Garlic Toast	Cheese or Pepperoni 5" Pizza Round
	Star Favorites	Chicken Smackers with WG Dinner Roll	Regular or Hot 'n Spicy Chicken Sandwich on WG Bun	Nachos Grande	Hamburger or Cheeseburger on WG Bun	Teriyaki Chicken and Vegetable WG Dumplings
	Common Creations		Orange Chicken Rice Bowl	Chili Cheese Dog on WG Bun	French Toast Sticks with Eggstravaganza	Chicken Drumstick with Biscuit
	Market Fresh	Garden Salad with WG Dinner Rolls Turkey and Cheese Sub	Popcorn Chicken Salad with WG Dinner Rill Yogurt Parfait with Grahams	Asian-Inspired Orange Chicken Salad Yogurt with Cheese Stick and Muffin	Taco Salad with Tostitos Ham and Cheese Sub	Hot 'n Spicy Chicken Salad with WG Dinner Roll Deli Wrap
	Vegetables	Fresh Veggie Tray with Dip Mashed Potatoes	Fresh Veggie Tray with Dip Potato Smiles Broccoli	Fresh Veggie Tray with Dip Baby Carrots Refried Beans	Fresh Veggie Tray with Dip Tater Tots	Fresh Veggie Tray with Dip Asian Vegetable Blend Corn
Week 2	La Pizzeria	Bosco Sticks with Marinara Sauce	Cheese or Pepperoni Pizza Slice	Calzone with Marinara Sauce	Mac 'n Cheese Bar topped with Sloppy Joe or Hot Honey Beef with WG Dinner Roll	Cheese or Pepperoni 5" Pizza Round
	Star Favorites	Regular or Hot 'n Spicy Chicken Tenders with WG Dinner Roll	Regular or Hot 'n Spicy Chicken Sandwich on WG Bun	Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll	Hamburger or Cheeseburger on WG Bun	Sweet Chili Chicken and Vegetable WG Dumplings
	Common Creations	Nachos Grande with Tostitos	General Tso's Chicken Rice Bowl	Hot Dog on WG Bun	WG Waffle with Eggstravaganza	Mini Corn Dogs
	Market Fresh	Garden Salad with WG Dinner Rolls Turkey and Cheese Sub	Popcorn Chicken Salad with WG Dinner Rill Yogurt Parfait with Grahams	General Tso's Chicken Salad Yogurt with Cheese Stick and Muffin	Taco Salad with Tostitos Ham and Cheese Sub	Hot 'n Spicy Chicken Salad with WG Dinner Roll Deli Wrap
	Vegetables	Fresh Veggie Tray with Dip Mashed Potatoes Corn	Fresh Veggie Tray with Dip Potato Smiles Broccoli	Fresh Veggie Tray with Dip Baby Carrots Baked Beans	Fresh Veggie Tray with Dip Seasoned Potatoes Green Beans	Fresh Veggie Tray with Dip Asian Vegetable Blend
<div>WG = whole grain</div> <div>Fruit and Low Fat/ Skim Milk offered daily</div> <div>Additional entrée option of PBJ Uncrustable (5.3 oz) offered each day</div> <div>Students must take a fruit or vegetable to be considered a reimbursable meal</div>						

AUG 2023					SEPT 2023					OCT 2023					NOV 2023					DEC 2023				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
31	1	2	3	4					1	2	3	4	5	6			1	2	3					1
7	8	9	10	11	4	5	6	7	8	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
14	15	16	17	18	11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
21	22	23	24	25	18	19	20	21	22	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
28	29	30	31		25	26	27	28	29	30	31				27	28	29	30		25	26	27	28	29

July 26-28 will start on **Week 1 Lunch**

Menus subject to change.
This institution is an equal opportunity provider.



6TH GRADE ACADEMY BREAKFAST MENU FALL 2023 SEMESTER

Perry Meridian 6th Grade Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1- Week Menu	Jumbo Cereal Bar or UBR Bars	Albie's Breakfast Pocket or Otis Spunkmeyer WG Muffin	Sausage Pancake on a Stick or WG Breakfast Bar (Dunkin' Sticks)	Eggo Mini's (Cook's Choice) or J&J Bars	WG Donut Holes in a Cup or Pillsbury Mini Cinni
WG = whole grain		Fruit, Juice, & Low Fat/Skim Milk offered daily		Students must take a fruit to be considered a reimbursable meal	

Southport 6th Grade Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Jumbo Cereal Bar	Sausage Biscuit Sandwich	WG Waffle	WG Donut Holes in a Cup	WG Breakfast Bar (Dunkin' Sticks)
Week 2	UBR Bars	Eggo Minnis (Cook's Choice)	Otis Spunkmeyer WG Muffin	Tony's Breakfast Pizza Bagel	Pillsbury Mini Cinni
WG = whole grain		Fruit, Juice, & Low Fat/Skim Milk offered daily		Students must take a fruit to be considered a reimbursable meal	

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31	1	2	3	4					1	2	3	4	5	6			1	2	3					1
7	8	9	10	11	4	5	6	7	8	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
14	15	16	17	18	11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
21	22	23	24	25	18	19	20	21	22	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
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