

# MIDDLE SCHOOL LUNCH MENU

## FALL 2023 SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	All Lines Grab 'n Go	Bosco Sticks with Marinara Sauce	Mini Corn Dogs	Mozzarella Sticks with Marinara Sauce	BBQ Rib Sandwich on WG Bun	Cheese or Pepperoni Pizza Slice
		Regular or Hot 'n Spicy Chicken Sandwich on WG Bun	Nachos Grande with Tostitos	Hamburger or Cheeseburger on WG Bun	Orange Chicken Rice Bowl	Soft Shell Tacos
		Hot 'n Spicy Chicken Salad with WG Dinner Roll	Taco Salad with Tostitos	Ham and Cheese Croissant Sandwich	Yogurt with Cheese Stick and Muffin	Yogurt Parfait with Grahams
	Vegetables	Fresh Veggie Tray with Dip Mixed Vegetables Green Beans	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip French Fries (SMS) Baked Beans (PMMS)	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Corn
Week 2	All Lines Grab 'n Go	Cheese or Pepperoni Pizza Pull-Aparts	Chicken Drumstick with Biscuit	Hot Dog on WG Bun	Calzone with Marinara Sauce	Cheese or Pepperoni 5" Pizza Round
		Regular or Hot 'n Spicy Chicken Tenders with WG Dinner Roll	Bean and Cheese Burrito	Hamburger or Cheeseburger on WG Bun	Popcorn Chicken Bowl with WG Dinner Roll	Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll
		Hot 'n Spicy Chicken Salad with WG Dinner Roll	Taco Salad with Tostitos	Turkey and Ham Club on WG Hoagie Roll	Yogurt with Cheese Stick and Muffin	Yogurt Parfait with Grahams
	Vegetables	Fresh Veggie Tray with Dip Mixed Vegetables Green Beans	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip French Fries (SMS) Baked Beans (PMMS)	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Corn
WG = whole grain		Fruit and Low Fat/ Skim Milk offered daily		Additional entrée option of PBJ Uncrustable (5.3 oz) offered each day		Students must take a fruit or vegetable to be considered a reimbursable meal

AUG 2023					SEPT 2023					OCT 2023					NOV 2023					DEC 2023				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
31	1	2	3	4					1	2	3	4	5	6			1	2	3					1
7	8	9	10	11	4	5	6	7	8	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
14	15	16	17	18	11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
21	22	23	24	25	18	19	20	21	22	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
28	29	30	31		25	26	27	28	29	30	31				27	28	29	30		25	26	27	28	29

July 26-28 will start on **Week 1 Lunch**

Menus subject to change.  
This institution is an equal opportunity provider.



# MIDDLE SCHOOL BREAKFAST MENU FALL 2023 SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	UBR Bar WG Pop Tart (2 ct)	Sausage Pancake on a Stick WG Pop Tart (2 ct)	WG Waffle WG Pop Tart (2 ct)	Pillsbury Mini Cinni WG Pop Tart (2 ct)	WG Breakfast Bar (Dunkin' Sticks) WG Pop Tart (2 ct)
<b>Week 2</b>	Pillsbury Frudel (Apple or Cherry) WG Pop Tart (2 ct)	Tony's Breakfast Pizza Bagel WG Pop Tart (2 ct)	WG Sweet Roll WG Pop Tart (2 ct)	WG Donut Holes in a Cup WG Pop Tart (2 ct)	Otis Spunkmeyer WG Muffin (4 oz) WG Pop Tart (2 ct)
WG = whole grain		Fruit, Juice, & Low Fat/Skim Milk offered daily SMS also offers cereal (2 oz) each day		Students must take a fruit to be considered a reimbursable meal	

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M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
31	1	2	3	4					1	2	3	4	5	6			1	2	3					1
7	8	9	10	11	4	5	6	7	8	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
14	15	16	17	18	11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
21	22	23	24	25	18	19	20	21	22	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
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