



# PRE-K LUNCH MENU

## FALL 2023 SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	Chicken Smackers with WG Dinner Roll	Beef Soft Taco	Mac 'n Cheese	Hamburger or Cheeseburger on WG Bun	Pizza Pull-Aparts
	<i>Baked Beans</i>	<i>Cooked Carrots</i>	<i>Green Beans</i>	<i>Potato Smiles</i>	<i>Broccoli with Cheese</i>
<b>Week 2</b>	Chicken Patty on WG Bun	Bosco Sticks with Marinara Sauce	Sausage and Egg with Biscuit	Popcorn Chicken	Pizza Slice
	<i>Potato Smiles</i>	<i>Green Beans</i>	<i>Cooked Carrots</i>	<i>Baked Beans</i>	<i>Broccoli with Cheese</i>
<b>Week 3</b>	Chicken Tenders with WG Dinner Roll	Pillsbury Italian Cheesy Pull-Apart	Yogurt with Cheese Stick and Muffin	Cheese Omelet with WG Waffles	4x6 Pizza
	<i>Baked Beans</i>	<i>Green Beans</i>	<i>Cooked Carrots</i>	<i>Seasoned Potatoes</i>	<i>Broccoli with Cheese</i>
<div> <div>WG = whole grain</div> <div>Fruit and Unflavored Low Fat/Skim Milk offered daily</div> <div>Students must take a fruit or vegetable to be considered a reimbursable meal</div> </div>					

AUG 2023					SEPT 2023					OCT 2023					NOV 2023					DEC 2023				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
31	1	2	3	4					1	2	3	4	5	6			1	2	3					1
7	8	9	10	11	4	5	6	7	8	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
14	15	16	17	18	11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
21	22	23	24	25	18	19	20	21	22	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
28	29	30	31		25	26	27	28	29	30	31				27	28	29	30		25	26	27	28	29

July 26-28 will start on **Week 1 Lunch**

Menus subject to change.  
This institution is an equal opportunity provider.



# PRE-K BREAKFAST MENU

## FALL 2023 SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Zee Zee's Soft Baked Bar	UBR or Nature Valley Breakfast Round	Tony's Breakfast Pizza Bagel	Otis Spunkmeyer WG Muffin (2 oz)	Pillsbury Mini Cinni
Week 2	Danimals Flavored Yogurt	Sausage Pancake on a Stick	Assorted Cereal (1 oz)	Otis Spunkmeyer WG Muffin (2 oz)	WG Snack'n Waffle
WG = whole grain		Fruit, Juice, & Low Fat/Skim Milk offered daily		Students must take a fruit or juice to be considered a reimbursable meal	

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31	1	2	3	4					1	2	3	4	5	6			1	2	3					1
7	8	9	10	11	4	5	6	7	8	9	10	11	12	13	6	7	8	9	10	4	5	6	7	8
14	15	16	17	18	11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15
21	22	23	24	25	18	19	20	21	22	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22
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