



JWR LUNCH MENU

2023-2024 2ND SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Entrée	Regular Chicken Sandwich on WG Bun	Mozzarella Sticks with Marinara Sauce	Nachos Grande with Tostitos	BBQ Rib on WG Bun	Cheese or Pepperoni Pizza Slice
	Vegetables	Fresh Veggie Tray with Dip Green Beans	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip Refried Beans with Cheese	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Corn
Week 2	Entrée	Regular Chicken Tenders with WG Dinner Roll	Hamburger or Cheeseburger on WG Bun	Chicken Drumstick with WG Waffle	Popcorn Chicken Bowl with WG Dinner Roll	Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll
	Vegetables	Fresh Veggie Tray with Dip Green Beans	Fresh Veggie Tray with Dip Baked Beans	Fresh Veggie Tray with Dip	Fresh Veggie Tray with Dip Broccoli	Fresh Veggie Tray with Dip Corn
WG = whole grain		Fruit and Low Fat/ Skim Milk offered daily		Additional entrée option of PBJ Uncrustable (5.3 oz) offered each day		Students must take a fruit or vegetable to be considered a reimbursable meal

JAN 2024					FEB 2024					MAR 2024					APR 2024					MAY 2024					
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	
1	2	3	4	5				1	2					1	1	2	3	4	5				1	2	3
8	9	10	11	12	5	6	7	8	9	4	5	6	7	8	8	9	10	11	12	6	7	8	9	10	
15	16	17	18	19	12	13	14	15	16	11	12	13	14	15	15	16	17	18	19	13	14	15	16	17	
22	23	24	25	26	19	20	21	22	23	18	19	20	21	22	22	23	24	25	26	20	21	22	23	24	
29	30	31	26	27	28	29						29	30						27	28	29	30	31		

Menus subject to change.
This institution is an equal opportunity provider.



JWR BREAKFAST MENU

2023-2024 2ND SEMESTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Menu	UBR Bar	WG Pop Tart (2 ct)	WG Sweet Roll	Otis Spunkmeyer WG Muffin (4 oz)	WG Breakfast Bar (Dunkin' Sticks)
	WG = whole grain	Fruit, Juice, & Low Fat/Skim Milk offered daily		Students must take a fruit to be considered a reimbursable meal	

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