



6TH GRADE ACADEMY LUNCH MENU

2025-2026 1st SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	La Pizzeria	Bosco Sticks with Marinara Sauce ➤	Cheese ➤ or Pepperoni Pizza Slice	Cheese ➤ or Pepperoni Pizza Pull-Aparts	Lasagna Roll-Up with Garlic Toast	Cheese ➤ or Pepperoni 5" Pizza Round
	Star Favorites	Chicken Nuggets with WG Dinner Roll ★	P6th Hamburger or Cheeseburger on WG Bun ★ S6th Orange Chicken Bowl with Ramen Noodles	Nachos Grande with Tostitos ★	Regular or Hot 'n Spicy Chicken Sandwich on WG Bun ★	P6th Chicken Tinga Quesadilla ★ S6th Chicken Drumstick with Biscuit
	Common Creations		P6th Orange Chicken Bowl with Ramen Noodles S6th Hamburger or Cheeseburger on WG Bun ★	Chili Cheese Dog on WG Bun	French Toast Sticks with Eggstravaganza	P6th Chicken Drumstick with Biscuit S6th Chicken Tinga Quesadilla ★
	Market Fresh	Pepperoni or Cheese ➤ Pizza Munchables Turkey and Cheese Sub	Breaded Chicken Salad with WG Dinner Roll Yogurt Parfait with Grahams ➤	Orange Chicken Salad with WG Dinner Roll Yogurt with Cheese Stick and Muffin ➤	Taco Salad with Tostitos ★ Club Wrap	Hot 'n Spicy Chicken Salad with WG Dinner Roll ★
	Veggies	Fresh Veggie Tray with Dip Mashed Potatoes	Fresh Veggie Tray with Dip French Fries Broccoli	Fresh Veggie Tray with Dip Baby Carrots Refried Beans	Fresh Veggie Tray with Dip Seasoned Potatoes	Fresh Veggie Tray with Dip Corn
Week 2	La Pizzeria	Bosco Sticks with Marinara Sauce ➤	Cheese ➤ or Pepperoni Pizza Slice	Chicken Egg Rolls with Sweet and Sour Sauce	Mac 'n Cheese with WG Dinner Roll (P6th) or Garlic Toast (S6th) ➤	Cheese ➤ or Pepperoni 5" Pizza Round
	Star Favorites	Regular or Hot 'n Spicy Chicken Tenders with WG Dinner Roll	P6th Hamburger or Cheeseburger on WG Bun ★ S6th General Tso's Chicken Fried Rice Bowl	Boneless Chicken Wings with Choice of Sauce and WG Dinner Roll ★	Regular or Hot 'n Spicy Chicken Sandwich on WG Bun ★	P6th P BBQ Rib on WG Bun S6th Corn Dog
	Common Creations	Queso Con Carne Dip with Tortilla Chips ★	P6th General Tso's Chicken Fried Rice Bowl S6th Hamburger or Cheeseburger on WG Bun ★		WG Cinnamon Roll with Sausage Patties	P6th Corn Dog S6th P BBQ Rib on WG Bun
	Market Fresh	Pepperoni or Cheese ➤ Pizza Munchables Turkey and Cheese Sub	Breaded Chicken Salad with WG Dinner Roll Yogurt Parfait with Grahams ➤	General Tso's Chicken Salad with WG Dinner Roll Yogurt with Cheese Stick and Muffin ➤	Taco Salad with Tostitos ★ Club Wrap	Spicy Chicken Wrap
	Veggies	Fresh Veggie Tray with Dip Mashed Potatoes Corn & Black Beans	Fresh Veggie Tray with Dip French Fries Broccoli	Fresh Veggie Tray with Dip Baby Carrots P Green Beans	Fresh Veggie Tray with Dip Seasoned Potatoes	Fresh Veggie Tray with Dip Baked Beans

WG = whole grain

➤ = vegetarian (no meat)
★ = vegetarian version/alternative available (see detailed menu)
P = contains pork

Fruit and Low Fat/
Skim Milk offered daily

Additional entrée option of
PBJ Uncrustable (5.3 oz) ➤ offered each day

Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal

AUGUST 2025					SEPTEMBER 2025					OCTOBER 2025					NOVEMBER 2025					DECEMBER 2025				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
28	29	30	31	1	1	2	3	4	5			1	2	3	3	4	5	6	7	1	2	3	4	5
4	5	6	7	8	8	9	10	11	12	6	7	8	9	10	10	11	12	13	14	8	9	10	11	12
11	12	13	14	15	15	16	17	18	19	13	14	15	16	17	17	18	19	20	21	15	16	17	18	19
18	19	20	21	22	22	23	24	25	26	20	21	22	23	24	24	25	26	27	28	22	23	24	25	26
25	26	27	28	29	29	30				27	28	29	30	31						29	30	31		

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Detailed Vegetarian Menu

6TH GRADE ACADEMY LUNCH MENU

2025-2026 1st SEMESTER

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	La Pizzeria	Bosco Sticks with Marinara Sauce	Cheese Pizza Slice	Cheese Pizza Pull-Aparts		Cheese 5" Pizza Round
	Star Favorites	Morningstar Meatless Nuggets with WG Dinner Roll	<u>P6th</u> Morningstar Spicy Black Bean Burger on WG Bun	Nachos Grande (without beef but double cheese) with Tortilla Chips	Rebellyous Foods Vegan Chicken Patty on WG Bun	<u>P6th</u> Cheese Quesadilla
	Common Creations		<u>S6th</u> Morningstar Spicy Black Bean Burger on WG Bun			<u>S6th</u> Cheese Quesadilla
	Market Fresh	Cheese Pizza Munchables	Yogurt Parfait with Grahams	Yogurt with Cheese Stick and Muffin	Taco Salad (without beef but double cheese) with Tostitos	Morningstar Meatless Nuggets Salad with WG Dinner Roll
	Veggies	Fresh Veggie Tray with Dip Mashed Potatoes	Fresh Veggie Tray with Dip French Fries Broccoli	Fresh Veggie Tray with Dip Baby Carrots Refried Beans	Fresh Veggie Tray with Dip Seasoned Potatoes	Fresh Veggie Tray with Dip Corn
Week 2	La Pizzeria	Bosco Sticks with Marinara Sauce	Cheese Pizza Slice		Mac 'n Cheese with WG Dinner Roll (P6th) or Garlic Toast (S6th)	Cheese 5" Pizza Round
	Star Favorites		<u>P6th</u> Morningstar Spicy Black Bean Burger on WG Bun	Morningstar Meatless Nuggets with WG Dinner Roll	Rebellyous Foods Vegan Chicken Patty on WG Bun	
	Common Creations	Queso (no beef) with Tortilla Chips	<u>S6th</u> Morningstar Spicy Black Bean Burger on WG Bun			
	Market Fresh	Cheese Pizza Munchables	Yogurt Parfait with Grahams	Yogurt with Cheese Stick and Muffin	Taco Salad (without beef but double cheese) with Tostitos	
	Veggies	Fresh Veggie Tray with Dip Mashed Potatoes Corn & Black Beans	Fresh Veggie Tray with Dip French Fries Broccoli	Fresh Veggie Tray with Dip Baby Carrots	Fresh Veggie Tray with Dip Seasoned Potatoes	Fresh Veggie Tray with Dip Baked Beans
WG = whole grain		Fruit and Low Fat/ Skim Milk offered daily		Additional entrée option of PBJ Uncrustable (5.3 oz) offered each day		Students must take 3 of the 5 food components (one must be a fruit or vegetable) to be considered a reimbursable meal

AUGUST 2025					SEPTEMBER 2025					OCTOBER 2025					NOVEMBER 2025					DECEMBER 2025				
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6TH GRADE ACADEMY BREAKFAST MENU 2025-2026 1st SEMESTER

Perry Meridian 6th Grade Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1- Week Menu	WG Pop Tarts ➤ (2 ct) or UBR Bars ➤	WG Breakfast Burrito or Otis Spunkmeyer Muffin ➤ (4 oz)	Sausage Pancake on a Stick or WG Breakfast Bar ➤ (Dunkin' Sticks)	Tony's Breakfast Pocket (Turkey Sausage, Egg, & Cheese) or J&J Bars ➤	WG Mini Donuts ➤ or Pillsbury Mini Cinni ➤ (Caramel or Cinnamon)
WG = whole grain ➤ = vegetarian (no meat) ★ = vegetarian version/alternative available (see detailed menu) P = contains pork					
Fruit, Juice, & Low Fat/Skim Milk offered daily					
Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal					

Southport 6th Grade Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	WG Pop Tarts ➤ (2 ct)	Tony's Breakfast Pocket ★ (Turkey Sausage, Egg, & Cheese)	WG Sweet Roll ➤	WG Donut Holes in a Cup ➤	WG Breakfast Bar ➤ (Dunkin' Sticks)
Week 2	UBR Bars ➤	WG Mini Donuts ➤	Sausage Pancake on a Stick ★	J&J Bar ➤	Pillsbury Mini Cinni ➤ (Caramel or Cinnamon)
WG = whole grain ➤ = vegetarian (no meat) ★ = vegetarian version/alternative available (see detailed menu) P = contains pork					
Fruit, Juice, & Low Fat/Skim Milk offered daily					
Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal					

AUGUST 2025					SEPTEMBER 2025					OCTOBER 2025					NOVEMBER 2025					DECEMBER 2025				
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Detailed Vegetarian Menu

6TH GRADE ACADEMY

BREAKFAST MENU

2025-2026 1st SEMESTER

Perry Meridian 6th Grade Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1- Week Menu	WG Pop Tarts (2 ct) or UBR Bars	Otis Spunkmeyer Muffin (4 oz)	WG Breakfast Bar (Dunkin' Sticks)	J&J Bars	WG Mini Donuts or Pillsbury Mini Cinni (Caramel or Cinnamon)
WG = whole grain					
Fruit, Juice, & Low Fat/Skim Milk offered daily					
Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal					

Southport 6th Grade Academy

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	WG Pop Tarts (2 ct)	UBR Bars	WG Sweet Roll	WG Donut Holes in a Cup	WG Breakfast Bar (Dunkin' Sticks)
Week 2	UBR Bars	WG Mini Donuts	WG Pop Tarts (2 ct)	J&J Bar	Pillsbury Mini Cinni (Caramel or Cinnamon)
WG = whole grain					
Fruit, Juice, & Low Fat/Skim Milk offered daily					
Students must take 3 of the 4 food components (one must be a fruit or juice) to be considered a reimbursable meal					

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