



Winchester Village Elementary School

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Mi teithlaknak (Bully) um lonak ding ah tinhmi – Hihi mizeipoh kan rian asi

Dear Siangngakchia le nu le pa hna,

Mi teithlaknak (*Bully*) kong i ceikhannak ah aa tel khomi kan siangngakchia pawl cung ah lunglawmhak chim hmasa ka duh. Nan khaan chung i rak len hi a nuam ngai te. Midang he kan duhning aa kalh tik ah i silikvelhak um lo tein tawrel khawh izuam ding a biapit zia kong biaruahak ah nan dihlak tein nan i tel hna i bia zong ttha tein nan ngai hna. Cun, **sianginn a himnak ding** ah mikip nih nawl ngeihnak (right) kan ngeihmi kong biahnak nan lehmi zong ka lungsi ngai. Kaa lawm!!

Siangngakchia pawl, hi ca hi nan nu le pa he tthu ti uh law tthah tein rel ti te uh ti kan duh hna. Zangfahnak tein, nan chungkhar zong in i ceih tinak caan ngei te uh. **Hiathlainak (Buzgareh) tuahnak nih a langhtermi cu sianginn i mi teithlaknak (Bully) hi um lo ding i kham khawhnak ding ah a biapi cemmi cu mizeipoh nih mi teithlaknak (Bully) timi hi zaidah asi ti le mi tthiphaih hman ruang ah zeii bantuk thil ttha lo dah a chuak kho timi theithiam khawhnak ngeih dii ding hi asi. Hihi mi teithlaknak (Bully) cu zaidah asi timi le zeii thil dah a chuahter khawh timi a tlangpi cu asi.** Zangfah tein, ziaza le tthutdir ning ko he pehtai in zuih dingmi kong tialnak ca (Elementary handbook) timi zong rel te uh.

—MIDANG A FAHTERMI UMTU ZIAZA CU NGAIHTHAM TI A UM LAI LO—

Bully Sullam: Mi pakhat nih midang tei duh le neek duh ah bia le/asiloah tuahsernak in tuah hnam hrammi.

Mi tthiphaihak phun dot 1-nak: A tanglei i tthiam umtu ziaza pawl hi asi kho, adang zong a um rih kbo:

1. **Bia ttha lo hman lo ding.** Hi zawn i aa tel khomi cu zohdawh lo i hoiber hawh le biattha lo chim hawh teha asi.
2. **Kaa in mi tthiphaih hman lo ding:** Tlerkhonh, mi tthiam, mi teithlak, asiloah hahawhnak pek phun poh poh teha. Hi bantuk i ti tik ah "Oh, ka capo sawhmi asi?" ti i chim ruang ah theithiampiak khawh asi ti lai lo.
3. **Takpum in mi tthiphaih hman lo ding.** Lu le kut ke in piak hawh, cilchak, nam, asiloah zeii thil kong poh ah mipuh peng teha.

A Hlei in Thehter Duhmi: Step pakhatnak i mi teithlaknak (*Bully*) kham khawhnak ding ahcun a tuartu

(tthiphaihak a tongtu) minung nih a titu minung kha ti hlah (*stop*) tiah a chimh a hau!. Cu hnu i a tuah rih ahcun, upa pakhat khat sin ah chim (report) ding.

Saya te nih tuah khawhmi: Zei kong poh ah saya te nih a tthiam le zohdawhmi umtu ziaza kong cawnpiak chin peng ding.

- Sianginn khaan chung ah ralin peknek le nu le pa sin ah thehternak tuah (cattial asiloah kaa in)
- Sianginn ah a bleice in tincomi thil sunghter khawh
- A khaan chung /basinak hman in chuahter i zung/office ah tthut/unter. (Minit 5 – 20 chung)
- Ngol duh lo in a tuah tthiam cu khaan chung in chuahter i zung/office ah unter. (Suimilam 1 – 2 chung)
- Umtu ziaza a tthiam-hlei lo in a tuah rih komi cu a nu le pa thehter i a kong ceih tinak ngeih ding.

Mi tthiphaihak phun dot 2-nak:

1. **A dot khatnak thil sual a tuah peng rihmi:** Dot khatnak voi thum tiang a tuah sual cang i umtu ziaza a tthiam hlei lo ruang ah nu le pa zong thehter cangmi siangngakchia cu dot 2-nak (level 2) ahlin an lut colh.
2. **Mi tthiphaihak hoh ttha lo phas a hman takmi:** (Midang or zung riantuammi faktak in serhasat zong hi aa tel kho)
3. **Kut ke le takpum in mi tthiphaihak phun a hman takmi:** Thongh, chunh, i vuak, asiloah siangngakchia dang taksa fahter ding in zeii bantuk phun poh in thil tuah hram hram mi.

Hi thil tuah ruang ah a tuah nih a ton khawhmi (a dang zong a um kho rih):

- Sianginn chung i hrennak: (A tawm bik ni chea in ni zeii maw zat chung)
- Nu le pa / Cachista / Tawreltu has nih a umtu ziaza kong ceikhang ding in tonnak caan ser ding
- Schedule ngeihmi ri khiahpiak i sianginn i cawlcanghnak ngeihmi pawl ah itel khawh ti lo zong aa tel kho (tahchunhak ah: skating party, intramurals, special events/programs, basketball tibantuk teha ah telter lo)
- Perry Township Palik Bawi (Police Officer) be tonter.

- Bus cung i tuah khawh dingmi thil tsoomi slaughter
- Sianginn in chauh (Siangngakchia cacawnnak ah tuahpakmi cuan singh)

Mi thihphahnak phuu dot 3-nak

1. Hriannam (meithla le nam tib.) i ken asloah thilri pakhat khat hriannam phuu ah hman i mi thihphah. Elementary Handbook i hriannam kong ding te i an thilal hi rak rel te uh.
2. Level 2-nak umtu ziaza tha lo ingoh peng rih le nawl buanak tuah than lengmang

Hi thil tuah ruang ah a tuahtu nih a ton khawhni (a dang zong a um kho rih):

- Nikhat chung sianginn in chauh (a dawm bik)
- County Sheriff/ Nawl Ngelmi Palk sin ah report tuah
- Sianginn dang kniternak dingkong asloah caan zaimaw zat chung sianginn in dinbternak ding kong ceih tti ding in nu le pa he itomak ngrih ding.
- Zoh thimh dingmi cauk i an tial ning in, sianginn in caan saupi chung dawm/chauh khawh

Sianginn i mi teithlaknak (Bullying) umter lo ding hoi sai zairoh nih mawhpharhnak kan ngeimi rian asi timi kong hi ken siangngakchia pawl zong kan chimh dih cang hna. Sianginn ah siseh, bus cit lo ah siseh hi bantuk mi teithlaknak (bullying) a tuahni nan hmuh, nan theih, asloah namah nih nan ton ahcun report nan tuah lai ti zong kan chimh dih hna. Nu le pa hna, hi thil hi nam file nih tuah kho ding in tha rak kan pekpiak hna uh.

A ttha bikmi si ding in Cachintu Sayate, Nu le Pa, Tawretu le Hawile-he nan i bawm lai.

A Biapi Ngalmi Thil:

- A caan ahcun mahle khaan hawi asloah midng nih kan cung i an that lo tik ah hi pawl hi an tuah khawh men:

- Capo/dehdei
- Midang nehawh
- Micung ah i bawter
- Tuah duh lom thil tuahter chih
- Mi cacawn lo i hnahnawhnek pek
- Adang...

• Mi pakhat khat nih na cung ah stu le tu te thil an tuah tthan i hna an in hnawh ahcun...

- ~ Mi kedan dil lamhpiak
- ~ Hmunhma cuh/dot
- ~ Cacawng thiam loin umter...
- ~ Tongh/Nawr/Khawn/Chuih
- ~ Capo/Min in Auh

A TANG I THIL TUAH DINGMI NING HIN NA TUAH A HERH.

1. Nangmah tein tuah law buainak daihtertu na si lai (Midang nih theih khawh ding in fakpi in au ding)
 - a. "Ti ti hlah/Please Stop!" thah chim ding. "Ka _____ hlah! Hna na ka hnawh hih" ti in au ding.
 - b. Bia chim dingmi: "I feel _____ When you _____ Because _____ I Need _____"
 - c. Nawnak tuah dingmi: "I Request that you _____ Because _____"
 - d. **ASI KHAWH AHCUN BUAINAK HMUN HI CHUAH/KAL TAK KHAWH I ZUAM**

2. Zeifik Ah Dah Hi Bantuk Thil A Tuahtu Hi Upa Sin Ah Ka Chimh (Report) Lai:
 Mi pakhat khat nih hna an hnawh peng ahcun BUAINAK-DAIHTERTU si khawh naa zuam hmssa lai...mah hnu ah...
UPA PAKHAT KHAT SIN AH BAWMNAK NA HAL KHAWH CANG!!!

Winchester Village Bully Prevention Plan		
<p>Kan fa, _____, he hin Winchester Village Elementary hi a hmbawmmi cacawnnak hmunhma ttha si ding in kan fapa/fanu nih tuah a herhmi thil a tuah ve ding a biapit zia hi kan ceih tti ko. Tuah ding le tuah lo dingmi thil kong hi a theihfiam ko i We feel that he/she understands the expectations and the consequences for choosing to use intimidation to solve his/her problems and/or conflicts.</p>		
<p>Siangngakchia Minthut</p>	<p>Nu le pa Minthut</p>	<p>Minthut Ni</p>